

## THE UNIQUENESS OF THE ART OF MUSIC AND ITS ROLE IN HUMAN LIFE

Romanova Sanobar Yerejepobna\*

\* Associate Professor,

Candidate of Pedagogical Sciences,

Department of musical education of Nukus State Institute named after Ajiniyoz,

UZBEKISTAN

DOI: **10.5958/2319-1422.2022.00001.7**

---

### ABSTRACT

*Music often reflects the human mood in itself Against this background, for example, the one who drives the steering wheel is the best music, it is electronic music, and the women of recommend that scientists listen to classical music, after all, exactly such music serves to educate the future musical tastes of the child who will come into the world. They also say that music has a greater impact on the health and organism of creative individuals, often they are either inspired by music, or the music makes them bored on the contrary. Music as a background is often not felt to us. In shopping centers, restaurants, clothing stores, it is really very profitable, because it creates its own atmosphere. Often, depending on the type of music, we can determine the prestige of the institution. In this article, thoughts and comments are made about the peculiarities of the art of music and its importance in human life.*

**KEYWORDS:** *Art Of Music, Human Life, Psychology, Education, Ability To Creativity, Thinking, Development.*

---

### INTRODUCTION

Music as a way of life. In the present life, everyone wants to have their own way of life. This life is reflected in thinking and imagination, and not in the opposite clothes or accessories. Each of us has within us a creator who sincerely wants to create something beautiful, an environment, a life, and these intentions come to exactly because of the music that pleases us. How does this work? Human life is divided into two parts: the surrounding life and the peculiar world in the human soul. Each of us thinks, imagines, and dreams, and music that develops with humanity, our minds and, includes positivity, playfulness, rudeness, or orientation towards the side where we get aggressive situations. For centuries, depending on what kind of music they liked, it was also possible to determine the character of a person. Previously, it was possible to understand musical styles, as well as play Foreign and national compositions, to determine the environment in which a person lives. Now, based on what kind of music a person prefers, it is possible to determine the circle of his conversation, his way of life and interests, clearly delineating people.

Healing properties of music not only remove a person from a depressed state, but also get rid of physical pain. Self-treatment is more important than any medication, and each of us hopes for exactly it in difficult cases. Music that raises the mood encourages a person to live, rejoice and believe in good. He absorbs light into the world, and listening to it is considered a hobby of half of the people living on the planet.

More than half of the world pays for good and quality music, and only a fraction of these people create it themselves and achieve unprecedented popularity. Performers of the World variety organize concerts, and millions of people visit them. Music unites humanity, brings it to integrity. The desired sound evokes a certain feeling in us, sometimes we want to bury in sorrow, and sometimes to achieve unstoppable joy. Many feelings and feelings that we experience every day arise not only with events that collide in life, but also with songs that are broadcast on the radio and television. So, when we enter the fast food restaurants, the music in the fund encourages us to eat faster, and the modern and positive music in the shops creates new images in our heads.

So music has been accompanying mankind for many centuries. His music has also changed as mankind's vision of the world changes. In every era, humanity has come to adapt music to itself. Therefore, everyone understands the music in his own way. For someone, music is the sum of these simple sounds, and for someone a physical situation sample, for someone it serves as an integral part of his life his role in our life is incomparable. There will not be a person who will not listen to it who will not hear the music in my opinion. The reason is that there is no soul when the music has not been able to open its doors. Just as a person is thirsty for water, his soul is also thirsty for music. It is also possible that a person may be felt or not felt. It has the property of calming the nervous system, replenishing some of the spiritual energy that went to man after physical and mental labor. This feature will not only affect not only humanity, but also representatives of the animal world. In ancient times, people used musical sounds to hunt predators and wild animals and teach them to catch. If the music brings the ear to the resurrection, then it makes a person panic, fear. Amir Temur, the master of the Great Commander, also sent musicians to his territory early in the morning when he was walking, carrying trumpets and drums and percussion instruments with him, they sent the ear to the people who came to the apocalypse, from which the fortress insiders were confused, the army that received a spiritual blow naturally could not enter into battle.

Music is constantly moving parallel with our memories, and everyone has songs associated with his childhood. There was such a moment in each of us that when we heard a song from our childhood, we remembered in detail our happy and sad times. Music is a powerful associative factor because once we hear a song, it can be remembered for the whole life, and the next time we hear it, we know approximately how it will continue. We cannot even get such a powerful effect from the photo, when we collide with one photo, the next time we face it, there is a big suspicion that it looks different to us.

## **IN CONCLUSION**

Perfect music shakes the soul so much that you feel this feeling as if you are in such a state that you are enjoying your favorite being, that is, music, literally, gives the brightest happiness that exists in the world. Someone may agree with this, and someone may not, but one thing is certain: music motivates a person to live and move, and the influence of unconditional is very great on us. The first musical samples also came from the basis of man's labor activity. In addition, he was the leader of music in various ceremonies. Even now, no rituals and rituals pass without the sounds of music. For example, wedding ceremonies, rituals and traditions, our different holidays do not pass without the sound of music.

**LIST OF REFERENCES:**

1. Textbook on the subject of the history of World Music: the period of formation and development of Western musical art until the XVIII century/ G. and R. Tursunova-Tashkent 2017
2. History of Uzbek music/ T. E. Solomonova-Tashkent "Teacher" 1891
3. Tightly, S. R. (2021). Integration Of Music Culture Lessons In Schoolchildren. Scientific progress, 1 (5).
4. Khalilova, M. M. (2021). Relevance Of Music Education In Preschool Organization. Scientific progress, 1 (5).