

FINANCIAL GOALS AND ASPIRATIONS AMONG INDIAN YOUTH: A COMPARATIVE STUDY OF WORKING AND NON-WORKING YOUNG ADULTS

Sakshi Sharma*; Prof Dr Amrita Sahu; Shachi Raghuwanshi*****

*Researcher,
Department of Commerce,
Bhopal School of Social Sciences,
Bhopal, INDIA
ORCID id: 0009-0005-6717-697X
Email Id: sakshisharmaa.2508@gmail.com

**Professor,
Department of Commerce,
Bhopal School of Social Sciences,
Bhopal, INDIA
ORCID id: 0000-0003-4376-912X
Email Id: profamrita81@gmail.com

***Department of Commerce,
Bhopal School of Social Sciences,
Bhopal, INDIA
ORCID id: 0009-0002-9367-7530
Email Id: shachiraghuwanshi.research@gmail.com

DOI: 10.5958/2249-7137.2026.00031.5

ABSTRACT

This study evaluates the evolving financial situation of contemporary youth through the analysis of disparity between economic aspirations and financial preparedness in the context of Indian scenario. This study aims at evaluating the impact of the employment status of the working professional as well as non-working youth on financial aspirations, financial confidence, and financial stress perceived. A descriptive and comparative design was followed in which data from 119 participants was obtained through a structured questionnaire. Financial confidence and financial security in relation to perceived generational financial hardship were evaluated through descriptive statistics, Pearson's correlation, and comparison of means. It was found out that although aspirations of the youth about finances are high, their perception of financial security is low to moderate.

KEYWORDS: Financial Aspirations, Youth Financial Behavior, Financial Literacy, Employment Status, Comparative Analysis, Financial Planning, Economic Challenges, Indian Youth. **JEL Code:** D14, G53, I22, D91, J24

REFERENCES

1. Beutler, I. F., Beutler, L., & Beutler, M. (2012). Money aspirations from adolescence to emerging adulthood: Who wants to be a millionaire? *Journal of Financial Counseling and Planning*, 23(1): 3–17.
2. Bhandari, D., & GC, D. (2026). Financial literacy and youth investment decisions in a developing economy: Evidence from Pokhara, Nepal. *Journal of Economics and Management*, 5: 70–80. <https://doi.org/10.3126/jem.v5i2.92706>
3. Darvishan, S. (2024). Influence of financial literacy on investment behavior: The mediating role of financial satisfaction. *Research Journal of Management Reviews*, 9(1): 38–46. <https://doi.org/10.61186/rjmr.9.1.38>
4. Gardiner, D., & Goedhuys, M. (2020). *Youth aspirations and the future of work: A review of the literature* (ILO Working Paper No. 8). International Labour Organization. <https://researchrepository.ilo.org/esploro/outputs/encyclopediaEntry/Youth-aspirations-and-the-future-of/995218946102676>
5. Gutter, M. S., & Copur, Z. (2011). Financial behaviors and financial well-being of college students: Evidence from a national survey. *Journal of Family and Economic Issues*, 32(4): 699–714. <https://doi.org/10.1007/s10834-011-9255-2>
6. Lusardi, A., Mitchell, O. S., & Curto, V. (2010). Financial literacy among the young. *Journal of Consumer Affairs*, 44(2): 358–380. <https://doi.org/10.1111/j.1745-6606.2010.01173.x>
7. Mandell, L., & Klein, L. S. (2009). The impact of financial literacy education on subsequent financial behavior. *Journal of Financial Counseling and Planning*, 20(1): 15–24.
8. Nickerson, C., Schwarz, N., Diener, E., & Kahneman, D. (2007). Financial aspirations, financial success, and life satisfaction. *Social Indicators Research*, 82(2): 259–279. <https://doi.org/10.1007/s11205-006-9036-8>
9. Shim, S., Barber, B. L., Card, N. A., Xiao, J. J., & Serido, J. (2010). Financial socialization of first-year college students: The roles of parents, work, and education. *Journal of Youth and Adolescence*, 39(12): 1457–1470. <https://doi.org/10.1007/s10964-009-9432-x>
10. Xiao, J. J., Tang, C., & Shim, S. (2009). Acting for happiness: Financial behavior and life satisfaction of college students. *Social Indicators Research*, 92(1): 53–68. <https://doi.org/10.1007/s11205-008-9288-6>
11. Yeo, K. H. K., Lim, W. M., & Yii, K. J. (2024). Financial planning behaviour: A systematic literature review and new theory development. *Journal of Financial Services Marketing*, 29: 979–1001. <https://doi.org/10.1057/s41264-023-00249-1>