

SPRITUALITY AND SPIRITUAL CARE: AN ESSENTIAL DAILY NEEDS IN INTENSIVE CARE UNIT (ICU)

Nour Dhiaeyah Binti Supuan Zaki*; Prof.Dr.Soh Lim Kam**

*Student,

Email id: nourzaki036@gmail.com

**Lecturer,

Supervisor (SV) of Study,
Head of Nursing Department,
Faculty of Health Sciences,
Email id: sklam@upm.edu.my

DOI: 10.5958/2249-7137.2024.00020.5

ABSTRACT

*Spirituality and spiritual care in Intensive Care Units (ICUs) are essential elements in addressing the fundamental needs of patients under nursing care, particularly in the face of life-threatening illnesses. Research indicates that incorporating spirituality and spiritual care should be a core aspect of Activities of Daily Living (ADLs) within the nursing framework. It is crucial to understand that 'spirituality and spiritual care' should not be treated as an extra task on nurses' already full agendas; they must be recognized as integral responsibilities embedded in the daily routines and practices of nurses. **The objective of this article:** To explore the understanding and provision of spiritual care for critical care patients by ICU nurses. By taking the time to assess individual needs and purposefully engage with themes of meaning, hope, and peace, nurses can reconnect with the deeper essence of their profession. **Conclusion:** reconnecting with their spirituality can also empower nurses, enhancing their resilience in challenging roles. This article explores nursing care strategies for incorporating spiritual care into daily nursing practices and the important roles of intensive care nurses.*

KEYWORDS: *Spiritual care, spirituality, ICU nurse, Intensive Care Unit, spiritual needs.*

REFERENCES:

1. Abusafia, A. H., Mamat, Z., Rasudin, N. S., Bakar, M., & Ismail, R. (2021). Spiritual care competence among malaysian staff nurses. *Nurse Media Journal of Nursing*, 11(1), 1–9. <https://doi.org/10.14710/NMJN.V11I1.34757>
 2. Ahmadi, F., Mohamed Hussin, N. A., & Mohammad, M. T. (2019). Religion, Culture and Meaning-Making Coping: A Study Among Cancer Patients in Malaysia. *Journal of Religion and Health*, 58(6), 1909–1924. <https://doi.org/10.1007/s10943-018-0636-9>
 3. Badanta, B., Rivilla-García, E., Lucchetti, G., & Diego-Cordero, R. d. (2021). The Influence of Spirituality and Religion on Critical Care Nursing: An Integrative Review. *Nursing in Critical Care*, 27(3), 348–366. <https://doi.org/10.1111/nicc.12645>
-

4. Burkhart, L., Bretschneider, A., Gerc, S. C., Desmond, M. E., Vanhanen, M., Meriläinen, M., Ala-Kokko, T., Kyngäs, H., Kaakinen, P., Ho, J. Q., Nguyen, C., Lopes, R., Ezeji-Okoye, S. C., Kuschner, W. G., Ahmed, M., Mohamed, M. G., Mahran, G. S. K., Mohamed, S. S., Zumstein-Shaha, M., ... Vloet, L. (2023). Spiritual Care in the Intensive Care Unit. *Nursing in Critical Care*, 10(4), 279–287. <https://doi.org/10.21608/asnj.2023.202784.1551>
5. Camacho-Montaña, L. R., Pérez-Corrales, J., Pérez-de-Heredia-Torres, M., Martin-Perez, A., Güeita-Rodríguez, J., Velarde-García, J. F., & Palacios-Ceña, D. (2021). Spiritual Care in Advanced Dementia From the Perspective of Health Providers: A Qualitative Systematic Review. *Occupational Therapy International*, 2021, 1–11. <https://doi.org/10.1155/2021/9998480>
6. Care, M. S. (2017). *Spiritual Care and Nursing: A Nurse's Contribution and Practice*. March. http://learn.ndm.edu/pluginfile.php/531621/mod_resource/content/1/nurses_spiritual_care_white_paper_3_22_2017.pdf
7. Cetin, Z., & Ozen, B. (2024). Investigating spiritual care perceptions and religious coping methods among the relatives of terminally ill patients during the COVID-19 pandemic: the case of Turkey. *BMC Palliative Care*, 23(1), 1–11. <https://doi.org/10.1186/s12904-024-01463-x>
8. de Diego-Cordero, R., Suárez-Reina, P., Badanta, B., Lucchetti, G., & Vega-Escañó, J. (2022). The efficacy of religious and spiritual interventions in nursing care to promote mental, physical and spiritual health: A systematic review and meta-analysis. *Applied Nursing Research*, 67(July). <https://doi.org/10.1016/j.apnr.2022.151618>
9. dos Santos, P. M., Sousa Rodrigues, K. de, Pinheiro, L. A., Sousa Santana, B. de, Ipolito, M. Z., da Magro, M. C., Labuschagne, D., Torke, A. M., Grossoehme, D. H., Rimer, K., Rucker, M., Schenk, K., Slaven, J. E., Fitchett, G., Rajamani, A., Barrett, E. M., Weisbrodt, L., Bourne, J., Palejs, P., ... Willis, D. G. (2020). Comparing Clinician Ratings of the Quality of Palliative Care in the Intensive Care Unit. *American Journal of Hospice and Palliative Medicine®*, 31(4), 83–94. <https://doi.org/10.1177/1542305019890120>
10. Eaton, T. L., Scheunemann, L. P., Butcher, B. W., Donovan, H. S., Alexander, S., & Iwashyna, T. J. (2022). The Prevalence of Spiritual and Social Support Needs and Their Association With Postintensive Care Syndrome Symptoms Among Critical Illness Survivors Seen in a Post-ICU Follow-Up Clinic. *Critical Care Explorations*, 4(4), e0676. <https://doi.org/10.1097/cce.0000000000000676>
11. Elsayed, S. M. (2023). *Critical Care Nurses' Spiritual Care Practice and Its Relationship with Their Spiritual Perception and Competency Abstract* : 64–73.
12. Ferrell, B. R., Handzo, G., Picchi, T., Puchalski, C., & Rosa, W. E. (2020). The Urgency of Spiritual Care: COVID-19 and the Critical Need for Whole-Person Palliation. *Journal of Pain and Symptom Management*, 60(3), e7–e11. <https://doi.org/10.1016/j.jpainsymman.2020.06.034>
13. Giebner, B. J. C. (2017). Spiritual care in the intensive care unit. *Netherlands Journal of Critical Care*, 25(2), 60–61.

14. Hawthorne, D. M., & Gordon, S. C. (2020). The Invisibility of Spiritual Nursing Care in Clinical Practice. *Journal of Holistic Nursing*, 38(1), 147–155. <https://doi.org/10.1177/0898010119889704>
15. Kang, K., Chun, J., Yong, K. H., & Kim, H.-Y. (2021). Hospice Palliative Care Nurses' Perceptions of Spiritual Care and Their Spiritual Care Competence: A Mixed-methods Study. *Journal of Clinical Nursing*. <https://doi.org/10.1111/jocn.15638>
16. Klimasinski, M. W. (2021). Spiritual care in the intensive care unit. *Anaesthesiology Intensive Therapy*, 53(4), 350–357. <https://doi.org/10.5114/ait.2021.109920>
17. Laili, N. R., Zulkarnain, H., Yasmara, D., Sriyono, Ho, L., Engelberg, R. A., Curtis, J. R., Nelson, J. E., Luce, J. M., Ray, D. E., Levy, M. M., Tzenalis, A., Choi, P. J., Curlin, F. A., Cox, C. E., Kaplan, E., Willemse, S., Smeets, W., Leeuwen, E. v., ... Prigerson, H. G. (2020). Barriers to Addressing the Spiritual and Religious Needs of Patients and Families in the Intensive Care Unit: A Qualitative Study of Critical Care Physicians. *American Journal of Hospice and Palliative Medicine®*, 42(2), 975–983. <https://doi.org/10.1177/1049909120970903>
18. Nissen, R. D., Viftrup, D. T., & Hvidt, N. C. (2021). The Process of Spiritual Care. *Frontiers in Psychology*, 12(September), 1–11. <https://doi.org/10.3389/fpsyg.2021.674453>
19. Noome, M., Beneken Genaamd Kolmer, D. M., van Leeuwen, E., Dijkstra, B. M., & Vloet, L. C. M. (2017). The role of ICU nurses in the spiritual aspects of end-of-life care in the ICU: an explorative study. *Scandinavian Journal of Caring Sciences*, 31(3), 569–578. <https://doi.org/10.1111/scs.12371>
20. Oluma, A., & Abadiga, M. (2020). Caring behavior and associated factors among nurses working in Jimma University specialized hospital, Oromia, Southwest Ethiopia, 2019. *BMC Nursing*, 19(1), 1–8. <https://doi.org/10.1186/s12912-020-0407-2>
21. Ordons, A. L. R. des, Stelfox, H. T., Grindrod-Millar, K., Sinuff, T., Smiechowski, J., & Sinclair, S. (2020). Challenges and Enablers of Spiritual Care for Family Members of Patients in the Intensive Care Unit. *Journal of Pastoral Care & Counseling Advancing Theory and Professional Practice Through Scholarly and Reflective Publications*, 74(1), 12–21. <https://doi.org/10.1177/1542305019890120>
22. Papathanasiou, I., Tzenetidis, V., Nikolentzos, A., Sarafis, P., & Μαλλιαρού, M. (2019). Investigation of the Association Between Family Members' Satisfaction With Patient Care in the Intensive Care Unit, Spirituality and Resilience. <https://doi.org/10.21203/rs.2.19526/v1>
23. Ramadhan, M. D., Pangestika, D. D., & Fitriana, N. F. (2020). The Correlation Between Spiritual Care Giving and Nurses' Competences at Critical Care Units. *Jurnal Pendidikan Keperawatan Indonesia*, 6(2). <https://doi.org/10.17509/jpki.v6i2.27057>
24. Roze Ordons, A. L., Sinuff, T., Stelfox, H. T., Kondejewski, J., & Sinclair, S. (2018). Spiritual Distress Within Inpatient Settings—A Scoping Review of Patients' and Families' Experiences. *Journal of Pain and Symptom Management*. <https://doi.org/10.1016/j.jpainsymman.2018.03.009>

25. Saeid, Y., Moradian, S. T., Ebadi, A., &Salaree, M. M. (2021). The Family Intensive Care Unit Syndrome: A Qualitative Content Analysis. *Nursing in Critical Care*, 27(3), 401–409. <https://doi.org/10.1111/nicc.12683>
26. Smiechowski, J., Stelfox, H., Sinclair, S., Sinuff, T., Grindrod-Millar, K., &Roze des Ordon, A. (2021). Vicarious spiritual distress in intensive care unit healthcare providers: A qualitative study. *Intensive and Critical Care Nursing*,63(xxxx), 102982. <https://doi.org/10.1016/j.iccn.2020.102982>
27. VrMeer, M. H. (2021). *Spiritual Care: The Overlooked Need in End-of-Life Care*.
28. Willemse, S. J., Smeets, W., Van Leeuwen, E., &Foudraine, N. (2017). Spiritual care in the intensive care unit: An integral part of daily intensive care? *Netherlands Journal of Critical Care*,25(2), 62–65.
29. Willemse, S., Smeets, W., van Leeuwen, E., Nielen-Rosier, T., Janssen, L., &Foudraine, N. (2020). Spiritual care in the intensive care unit: An integrative literature research. *Journal of Critical Care*, 57, 55–78. <https://doi.org/10.1016/j.jcrc.2020.01.026>