

INDIA OF MY DREAMS – SWASTH, SAMPANN, RESILIENT WOMEN

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DOI: **10.5958/2249-7137.2023.00026.5**

ABSTRACT

In this 75th year of independence, while we are celebrating, “Azadi Ka Amrit Mahotsv”, and envisaging -A Swasth, Sampann and Resilient Bharat- I strongly believe that we cannot build a strong India on the backs of weak, morbid, illiterate and subservient daughters, sisters, mothers and wives. We all grew up reading or listening to the old saying

- Yatr naryastu pujoyante, ramante tatr devta’.

But, I do not think that women in any age would have ever aspired that they were worshipped. All that they would have wanted is an equal respectable place in society. They would have wished that they should be heard and understood. Even today the concept of ‘Gender Equality’ may seem very happening in rich urban, elite, educated circles, clubs, seminars, conferences, meetings etc. but reality is that in most pockets of BHARAT, this is only a dream that can be seen in your sleep, which disappears as you wake up to harsh realities of the society around you. This paper tries to bring forth various mental and physical issues being faced by women constituting almost half of India’s population. This paper will attempt to identify the individual and social consequences of the neglect that this half has been subject to. This paper reinforces the need to look beyond data compilation jugglery and take corrective steps at ground level that will for sure bring a quantitative and qualitative change in the lives of women around us and make this world a more beautiful place to live.

KEYWORDS: *Women, Equality, Respectable, Society, Education, Health, Returns.*

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