

**ON THE REQUIRED FIELD OF SCIENCE AND ITS SIGNIFICANCE
WITHOUT EXCEPTIONS**

Quvondiqova Shahlo*

*Student,

Samarkand State University,

Samarkand, UZBEKISTAN

Email id: sh_quvondiqova@gmail.com

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ABSTRACT

Looking back at history, humanity went through an ancient stage of development, learned to walk upright, discovered fire now they began to live in houses. They joined families into seed tribal communities and so on. From the centuries BC it is known that only the strong were the winners in the struggle for survival, while the rest died. Even in today's advanced age, this principle continues, only it manifests itself at different levels.

KEYWORDS: *History, Humanity, Ancient Stage, Society, Development, Education, Psychology, Pedagogy, Person, Science.*

INTRODUCTION

The human society also today wishes to be a strong person from the members of this society. And the weak will turn today's society, the country, into a backward point of the continent's Earth's surface.

"Tomorrow of the planet, well-being is associated with what kind of person our children will mature. Our main task is to create the necessary conditions for young people to show their potential." These words of the president of the Republic of Uzbekistan Shavkat Mirziyoyev also once again confirm the above points.

Even the main task of today's society in a state of complete understanding of this fact is to educate strong struggling youth a harmonious generation. It is impossible to exaggerate if we say that this is not only a task within Uzbekistan, but also the most important issue before the whole world, and it does not have its relevance, but the level of importance from year to year increases

From the path of historical development of any state, it is known that the rapid development of the country, the achievement of certain achievements, the prosperity of the people depend on the education and upbringing of children of the state. It is true if we say that the solutions to the above issues are given to us by the fields of psychology and pedagogy science.

"...among those who reflect on the individual, one can include the disciplines of psychology and pedagogy. Accordingly, pedagogy studies the maturation of a person in the process of educational education, psychology studies the mental processes that take place in a person." This sentence from the textbook of general psychology shows how immeasurable the role of this field of Science and employees in this field in the education of the younger generation is.

It is not for nothing that the psyche controls a person, saying "know his character if you want to control someone." Bring before your eyes the mental states in which the person experiences the effects that are given during the day. These mental pressures, acting in different volumes, must go out in the event that they are not released, one day will cause an explosion. And as a result of the explosions, we hurt our family members we hurt our children we make our friends sad our loved ones. Everything in this world is connected with each other. In such situations, a person with sufficient psychological knowledge will be able to properly overcome an explosion without negative consequences. He does not beat his child, does not take his pain from him and does not destroy his future.

We should not be indifferent not only to our children, but also to those who influence them if we want to grow a harmonious generation. Psychological knowledge gives us a lot.

Today, looking at world experiences, we can see that psychology is being widely applied, penetrating every field.

When did psychology appear that raises questions in the same order? What kind of science is he? How necessary is it to study it? Let's talk about these questions below.

The idea that in addition to the physical body, there is something else in a person that differs from it, as in the most ancient times, through the phenomenon of human dreaming, the unique abilities of certain people (for example, success in hunting) sought to explain the cause of death and other phenomena. But the initial views were of a mythological nature. It was not through their thinking that they blindly took possession of the means of trust. Views on the soul were often associated with the breath, while the soul was imagined as a flying creature.

Aristotle was the first in the history of personality thinking to prove that the soul and the living body are integral parts. Aristotle's work "about John" testifies to the fact that already at that time psychology began to come to the field as a special science. Thanks to this, psychology came as a science of the soul, and nowadays the science of psychology has completely changed its content.

At the end of the 19th century, or rather, in 1879, the German scientist Wilhelm Wundt founded the world's first experimental psychological laboratory at Leibniz University, in which hundreds of experiments and experiments conducted proved that psychology also has the right to prove itself as a separate science.

Psychology is the science of the psychic reflection of reality, mental processes, States, phenomena, characteristics in the process of human activity and animal behavior. The subject of research in psychology includes such psychological processes, categories as perception and perception images, thinking and emotion, activity and behavior. The main tasks of psychology are to open the laws of the psyche, the formation of human mental states in a unit of phylogenetic and ontogenetic progress. In finding solutions to these tasks, psychology, on the one hand, comes into contact with the fields of biological science, including physiology, and on the other hand, chips with sociology, pedagogy, history of culture, logic and Social Sciences. Psychology first of all studies consciousness and self-awareness, which is a human-specific form of the psyche.

Let's go back a little to school periods, (unfortunately, even now there are not so few teachers-educators) you forgot a notebook or pen at home, what would be your sentence to hear? Of course, "didn't you forget yourself at home?" or if not, "you didn't remember how to dress?!" from

the rude-we hear a rude statement. Imagine what the child feels at this moment? First, he feels insecure (from the side of others). His attitude to reading from rude treatment becomes cold. Hop, when we look at the house as a task what is left in the house, it is checked at the beginning of the lesson is it? Seeing such pressure from the beginning of the lesson, the child will remember the information that will be given during the lesson because of this stress, how much will you accept? Has it ever been thought that because such simple details are not given importance, a person causes “traumas” that can be preserved for the rest of his life?

Another example, the student came to the lesson not in boots in the cold, but in “shoes”. That's exactly what psychology is needed, what does the teacher say? “What is this situation? How many such shoes did you come in this cold? Your mother doesn't look?”. Stop! Think about it! Why can he come like this? Maybe she cried the day before saying Bring Her Mother new shoes, maybe how squeezed is the reason why her mother did not have the budget to bring the shoes. Or if not, the reason that the mother really went to work on time is that her child went out to school on his own. Her mother wore this shoe because she liked her boots despite the fact that day went out as cold...

So again there is room for the question of why psychology is needed?!

A child who grew up seeing such pressures, insults in a teacher or mother, when he grew up, decided to become a teacher with these traumas. What do you think, who guarantees that he will not treat his readers as rudely as above? He became far from the concepts of “being trusted”, “being understood”, “being respected for his feelings”; something that is far from the truth that he treats his students, and even his children, as if by example, who would have to give upbringing and knowledge. To do this, he must work on these traumas, take Sessions from a psychologist and work on himself a lot-a lot!

It is possible to cite thousands of such examples in our lives that were simply an example.

The importance of psychology is such that it will be appropriate for us to apply it in every shelf of our life, to study it even more. Imagine in which area you do not work no matter where you live you are completely isolated from psychology in your life. Psychology is not involved in any process related to you. Could you imagine? I could not imagine. It would be a huge tragedy of course.

And now we will put our imagination to work again, this time it will be different. Psychology is maximally involved in all processes in our life. We have a loving family, a favorite job, a boss who constantly motivates us, a team of cows.

The neighbors also did not quarrel, our children are now understanding us, etc. This list can be continued for a long time.

Psychology is as necessary to us as water and air, which is why I think it is worthwhile for us to pay serious attention to this area, improve the psychological knowledge of the population, make good use of all world experiences and contribute to this science too.

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