

VALUES AND EASTERN METHODS OF THEIR PROPAGATION

Abduvali Norboyev*

*Teacher,

Tashkent State Pedagogical University named after Nizami,

UZBEKISTAN

Email id: abduvaliN68@mail.ru

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ABSTRACT

This article is about the environment and its influence on the formation of national, regional and other values of any society. It also shows the scientific substantiation of the promotion of these values and the methods of their simple explanation by Eastern scholars.

KEYWORDS: *Value, Nature, Universe, Planet, Influence, "Planetary Values", Colorful Gardens, Earthquakes. Architecture, Infectious Diseases.*

INTRODUCTION

Man, like all beings in existence, is a product of nature, its fruit. In other words, a part of it. It is a conscious, intelligent being in him, capable of assimilating and changing it. He appeared at a time when he belonged to infinity in the space in which he lived. He is also the one who strives to live forever while mastering what is available. Man is the most intelligent and conscious of all beings on Earth. That is why he seeks to use everything in nature for his own benefit. As a result, all these actions of a person have radically changed his life, his character, values, lifestyle. No matter what the life of the people, it seems that natural processes play a key role in the formation of national values in them. However, this was due to many other factors in the formation of national values.

These are: the celestial bodies that surround us and our planet and their movements. It is they and the changes that have taken place in them that have had a direct impact on our planet. And they have gradually become regional, universal, universal and, in our view, planetary values. These are the product of objective laws, their result.

In this regard, the formation of natural values occurs in nature (natural whims, severe winters, strong winds or storms, excessive rainfall or drought, geological processes: landslides, earthquakes, landslides, in particular, the spread of infectious diseases and b.) While events have a direct impact, we can say that planetary and planetary factors are the main reasons for their occurrence. We will try to prove this point as follows. To do this, it is necessary to say what is meant by understanding the essence of the phrase "planetary values" that we are introducing. This is especially true of celestial bodies, especially the Sun and the planets in its galaxy, which directly influenced the formation of life on Earth. So how precious is the Sun to us? How much does it affect our daily life, our social life, our spiritual outlook? Let us ask this question in the second form, What would happen on Earth without the Sun? While it's awful to think about it, a little imagination is more effective for us to understand the essence of our subject. Everyone answers this question differently. But in all of these answers it is concluded that the existing life

ends. So it's not hard to see how important the Sun is to us in our lives. This importance can be seen in the history of all peoples who know that their past is ancient. Although this is related to the deification of celestial bodies, however, various opinions about their impact on the Earth, their role in change, have strongly influenced the social, political and spiritual life of nations.

These can be seen in the deification of celestial bodies, the initiation of wars in one form or another, and the prediction of victory depending on the location of the planets, and so on. However, it should also be noted that the first scientific ideas that celestial bodies affect the Earth's surface and cause strong movements on it also emerged centuries ago. This gave rise to certain concepts and scientific hypotheses about the structure of the Earth and its impact on the lives of the people living on it. For example, seismologists believe that the location of the full Moon and Sun at a certain point is one of the reasons for the activation of earthquakes at the Earth's surface.

Some sources state that the first observations in this regard are related to the activities of Abu Ali ibn Sina. It is pointed out that the first scientific hypotheses about the repetition of such a position of celestial bodies over a period of time and the increase in gravitational influence during this period also belong to this scientist. This can be seen in the example of a series of earthquakes that have occurred over the past 30 years. This theory of the scholar found its scientific confirmation later, in the last century.

The International Conference on Current Problems of Modern Seismology, dedicated to the 50th anniversary of the Tashkent earthquake in April 1966, states that a number of strong earthquakes occurred as a result of the Moon's approach to the Earth. Or changes in groundwater can be caused by plate movement and they can be considered predators of earthquakes. This scientific hypothesis is also related to the work of the Central Asian scholar Aburayhan Beruni. In his book India, the scholar writes that the rising of the water at the rising of the moon caused certain habits to be formed in the Indians. In this work, the scientist also shows how much the occurrence of natural disasters affects the way of life of mankind.

Russian writer B. Pilnyak, who visited Japan in 1920, wrote: "Japanese life is completely connected with earthquakes. These earthquakes freed the Japanese people from the feeling of being attached to objects: the psychology of the people took them out of their way of life. Japan's material culture has become an organized nerve of the Japanese people. "In this regard, seismologist K. Abdullabekov writes: "Perhaps the threat of permanent extinction has formed the Japanese national character. The Japanese are humble, resilient and determined. They are capable of overcoming disasters that many nations cannot even imagine. The people of Japan have made unprecedented strides under natural conditions that are constantly threatened by earthquakes, tsunamis and typhoons. "

Natural phenomena, including earthquakes, have long had a great impact on the way of life of the peoples of Central Asia, as well as the people of Uzbekistan. It is precisely the efforts to protect themselves from this natural disaster that have forced them to make changes in their living conditions, which have also led to the formation of specific traditions. The desire to know the mysteries of nature has led to the deification of them in all nations, the emergence of various myths and stories.

It can be said that human life is in harmony with the events and happenings that take place in nature. For this reason, protection from them or welcoming them with joy when they occur has gradually formed a system of peculiar habits. These, in turn, have led to the formation of specific values over time. For example, the peoples of Central Asia, including Uzbekistan, have developed many values related to earthquakes. It should be noted that the Central Asian region is located in the Mediterranean-Asian seismic belt, so there have been strong earthquakes since ancient times.

The occurrence of earthquakes required a specific approach in the construction of houses or buildings for other purposes. For example, in the construction of private dwellings, sinch, i.e. wood, was widely used. Sink houses are considered to be resistant to both horizontal and vertical earthquakes. That is why the saying "My peaceful home is my peaceful home" has appeared among the people. Simply put, the construction of houses with wood from ancient times has increased the earthquake resistance of the building. As a result, this has led to the emergence of "double-sided", "single-sided", "mixed-sided" buildings.

On the other hand, in order to meet the demand for wood products, when a son was born in the family, 25 poplars were planted on the banks of the river. These logs, on the other hand, are grown until the child grows up and become a ready-made raw material. This habit gave fathers a sense of duty to their child, that is, a responsibility to provide him with housing.

In addition, it was the planting of poplar trees along the waterfront that prevented land degradation and landslides. Many of our traditions, preserved in some regions of Uzbekistan, constitute ancient national values. In particular, in the southern regions of the country, the "Darveshona" ceremony was held against natural disasters and their dangers. In the spring, that is, in the first days of the Eastern New Year, they were asked not to have any misfortunes and calamities. Many customs, such as "chasing the wind", "calling the wind", "calling the rain" have become the national values of our people. It is known that Uzbekistan is located in a dry arid zone, and its economic development depends on water. Therefore, farming has long required large canals, canals and other culverts. However, digging large canals required a lot of work. This has led to the formation of a collective work in the life of the Uzbek people called "Hashar", that is, another unique national value. However, they were filled with mud and derailed as a result of floods that occurred during early spring and late autumn rains. For this reason, the Uzbek people pay great attention to the cleaning and repair of water pipes in early spring and late autumn. In this work, all segments of the population were involved and took the form of hashar.

It should be noted that the conduct of these hashars in late autumn or early spring prevented many infectious diseases. Our ancestors worked according to the geographical environment and climate of the place. That is, a faster drop in cold after the water sources have been cleaned has killed existing bacteria and infections in the waste. It also caused the carriers of them to perish. On the other hand, it is the clearing and repair work that has ensured the safe passage of floods and mudslides to the population and areas. A lot of work has been done through hashar.

In particular, the idea of preserving the blessings of nature and thereby ensuring the perpetuation of humanity is reflected in the ancient book "Avesto". At a time when environmental problems are threatening today, the idea of not polluting water, air, soil and fire shows the greatness of our spiritual values. Promoting the meaning and content of this book among the population is more important today than ever. Because it reflects not only the purity of man, but also the purity of

nature and the ways to achieve it. It remains one of the most valuable written sources of mankind with its content.

The content of the book leads to the idea that those who knew the role of the Moon and the Sun in human life were in general integrity. Today, Uzbekistan is one of the leading countries in the world with its cultural monuments. These monuments are the cultural values of our people, most of which are recognized by UNESCO. In the construction of these buildings, which have been living in the seismically active zone for centuries, the architects took into account natural phenomena. In particular, they have a unique approach to protecting them from earthquakes, landslides or landslides, floods or mudslides, rain or moisture. These approaches have also led to the formation of national values.

It is known that there are also windy areas or areas along the wind road in the country. Certain traditions have been formed here. It even led to a unique approach to building construction. This is evidenced, for example, by the construction of houses without eyebrows, that is, by joining their walls and roofs and plastering them evenly with straw mud. This served to keep the wind from blowing off the roofs of the houses, as well as to make a whistling sound when the wind got stronger. It is known that earthquakes played an important role in the development of the science and culture of architecture. A unique scientific base has been created. For example, in the construction of large buildings, the creation of a state of deformation in the foundation significantly reduced the strength of the earthquake, the use of ganja in the construction of buildings, as well as lightening the upper part of them, caused earthquakes.

Of course, celestial bodies have been said to affect the Earth's geographical, geological position, climate, and cause many natural phenomena. However, the increasing anthropogenic impact on the Earth further increases the weight of such threats. For this reason, advocacy methods play an important role in educating the population, including young people, to love nature. In our view, the use of methods used by our scientists, who have made a huge contribution to world civilization, plays an important role in this. In particular, Abu Rayhan Beruni in his works can widely use the technology of "colorful gardens", as well as his way from simple to complex, Abu Ali ibn Sina's method of explaining complex processes in all genres of interest.

Abu Rayhan Beruni writes in his book "Monuments of Ancient Peoples" about what he paid special attention to so that the reader could understand and not get bored. He strives to write his works by attributing them to colorful gardens. For this reason, when Beruni's works focus on an event or phenomenon, all its causes are studied in detail. It also discusses the views of the population on similar realities in other nations, the knowledge formed in them. Alloma, his works are written in a simple and plain language that everyone can understand. In this regard, he argues that the separation of scientists from the general population lies in the scholars' explanations in their own complex language.

Abu Ali ibn Sina, a scholar who had a place in world medicine, also paid special attention to simplicity in writing his works. In particular, the reason for writing medical science in a poetic way was the growing interest of the population in music, song, poetry and art. It can be said that this was one of the factors that led to the development of medical culture among the population at that time. In Eastern medicine, the poetic writing of most works prevented the emergence of many infectious diseases.

It can be said that nature and its factors, as well as the celestial bodies that surround our planet, play an important role in human life. This is the most effective way to explain this connection to all segments of the population in simple and straightforward language. On the contrary, the use of various complex terms is not effective enough in the promotion of the intended goals. These terms are most effective only when the listener has a certain understanding or knowledge in the field.

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