

## THE ISSUES OF LINGUATHERAPY IN QURAN

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**DOI: 10.5958/2249-7137.2022.00513.4**

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### ABSTRACT

*This article deals with a study the data of ayahs of the Quran can cure the disease either physically or spiritually. Normally, physical illnesses treated by doctors who are professional in their field. However, the spiritual diseases such as trouble and magic genie need people who are experts in the field of Islamic medicine. Meanwhile, both types of diseases can be cured by using Quran verses. The article also dedicated to the research methods by analyzing cells vibration of human body.*

**KEYWORDS:** Diseases, Quran ayahs (verses), Evidence, Cure, religion.

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### INTRODUCTION

From ancient years, people realized the need of superstition in natural events. Therefore, they began to worship the mysterious invisible power. That eventually brought to religious views and religions' evolution. These are the points of some materialists. In XIX centuries the theoreticians Eduard Bernett Taylor (1823-1917) and Herbert Spenser (1820-1903) pointed out the conception of "animism"[6], on the other hand archeologist John Lubbock (1834- 1913) suggested "fetishism". Meanwhile, Max Muller (1823-1900) suggested that, religions comes from "hedonism"[8], and folklorist Wilhelm Manhart (1831-1880) proposed that, religions began with "naturalism"[7]. [11]

According to the ideological point of view, religion is the main clay of the imagination of God sayings. The scientists of medieval Central Asia erected some ideological hypothesis about evolution of life in the Earth. According to the philosophy of the Abu Nasr Al Farabi the space consisted of one reality. Reality of agelong. This reality called Allah, other realities are permissible, and those realities comes systematically toward the substance. [4] (Features of issues). Avicenna also mentioned Former as absolute. He rejected absolute by the noopathic meaning of emanation, however he explained that beginning from the initial aloneness to plural creatures.[2]

The main source ideological hypothesis of appearance of the World life had been given on the holy Quran. In this case, we decided to present the ayah from Holy

وَالْأَرْضَ ضَالِّمًا وَإِخْلَافًا لِّذِيَابِ أَلَيْسَ

وَهُوَ بَلِّمِنَّا هُمِخْلَقْنَا عَلْبِقَادِرٍ

﴿٨١﴾ الْعَلِيمُ الْخَلَّاقُ

Quran.

Isn't the even One who created the heavens and the earth able to create something similar yet? Yes, **(One)** is (the only reality) Creator and Knows Very Well. (81)[9]

شَيْئًا أَرَادَ إِذْ قَالَ أَنْ أَمْرٌ هُنَّمَا

فَيَكُونُ ﴿٨٢﴾ كُنَّا لَهُ يُقُولُ

When **(One)** desires something, **(One's)** command is just the word: "Be!". And it immediately comes true. (82)[9]

Quran motivated the main source of knowledge's for all the earth-bound science that were developed by the scientists of Central Asia. Medicine also developed by Avicenna and based on the approximation of holy ayahs, given in Quran.

Sometimes modern medicine is too weak to treat physical and spiritual illnesses, because of the renovating viruses. It is admirable that some healer who uses Quran verses can cure incurable diseases. Muslims can explain this incident with one expression- Illness will be given by Allah for examine people and (Lord) is the one who can give the cure. Thus, every aspect including curing diseases through Quran verses also has scientific explanation. Our investigation based on psycholinguistic aspects linguaphenomenon. We would try to express all data through the influence of sayings (verses/ayahs) to the mind of humanity. So why do we need "words" or "expression" from Quran in order to have a cure?

In this research, we are going to find answers to this important and incomprehensible question. All disease, hypertension, blood disease, diabetes, gastritis, heard disease can be cured by modern medicine by the way of therapy and surgery but they are nonsense without self-suggestion to extraneous power (healer-creator Lord).

يَا أَيُّهَا النَّاسُ قَدْ جَاءَكُمْ مَوْعِظَةٌ مِّن رَّبِّكُمْ

وَشِفَاء لِّمَا فِي الصُّدُورِ

O mankind! There has come to you a good advice from your Lord (i.e. the Qur'an), and a healing for that which is in your hearts.<sup>[39]</sup>

وَنَزَّلْنَا مِنَ الْقُرْآنِ مَا هُوَ شِفَاء وَرَحْمَةٌ

لِلْمُؤْمِنِينَ

And we send down from the Qur'an that which is a healing and a mercy to those who believe ... [9]

The Muslim who read these verses of Holy Quran can establish subconscious that helps him/her to stimulate spiritual changes.

## Methods and materials

When we told about medicine of Avicenna, it is important to express the main theory of him: “Three main weapons of physician are *words, herbs and edge*”.<sup>[3]</sup> Avicenna tried to explain the power of *word* mentioning it to the first stage whenever *herbs* and *edges* to the next stages. This theory was paraphrased from Quran “By the name of Gracious and Merciful Allah” –



As we know every Muslim tries to make everything expressing the name of God. By the way it is very important to understand that the phrase (Bismillahir rohmanir rohim) gives some motivation them on doing everything correctly. The name of supreme power settled in the spirit of every Muslim, who believed to these three “words”. What evidence can we offer to those who want to get cure from verses of Holy Quran. Inasmuch as, answering the question, methods literature and data were analyzed with document analysis method used in this research.

Firstly, Islamic medicine developed from Prophetic Medicine (*al-Ṭibb al-Nabawī*). This period includes herbal lore, hygiene and dietary practices and exercise regimes. Surely, Quran was the main source of his medication. Quran is the holy words of God, collected in verses.

There are some words *syifa*’ which prove that the Quran is the source of medicine for all diseases. Evidence of the Quran can cure disease through the Word of God says one of them is: “And We send down from the verses of the Quran something that can be *syifa*’ (cure) and a mercy to those who believe and the Quran did not increase loss than those who do wrong.” (Surah AlIsra: 82).  
[9]

Quran is medication and healing for the physical and spiritual illnesses such as mental illness or disorder spirits and magic. Healers use a certain verses for curing diseases. Mostly they use Surah “Qaaf” (16-45), “Ah-Qaaf” (21-28) and “Sood”(34-61) for diseases associated with bone such as joint pain, bone fractures or spinal pain, Surah “Al-Buruj” (1-22) often read to cure patients with acheson stomach such as gastritis or disease associated with colon or small intestine. Surah “Al-Israa”(40-55) for patients suffering from heart disease, clogged blood vessels and heart cavities, “Al- Anfal” to hospital infection/virus and also serves as antibiotic drugs, “An-Nahl” to give strength or energy to the patient. Strength both physically and in terms of the strength of the internal or spiritual. Surah “Al-Anbiya”, “Al-Qasas”, “Al-Ma'idah”, “An-Naml” disease like diabetes, high blood pressure, stroke and others.

Doctors analyzed the treatment of Quran verses by selecting patients from two separate health centers in Yemen, namely the Al-Amal Psychological Hospital and the Al-Iman Center for Prophetic Medicine. In this case, 121 responded patients during 2 months were cured according to quantitative methodology. The process of treatment started with listening to Quran verses in 20 minutes. After having a rest 30 minutes, they were asked about their cases and how to feel after session. Analyses showed that, cure of medical procedure with the harmony of Quranic treatment helped them in 53 percentage.

## Discussion

Many experiments will be done on analyzing of Quran verses’ cure. When we are alive in the world as a baby, so close your eyes, diseases lurk life every time. Everyone suffered from either

mild or severe disease during his or her life. The common disease experienced by everyone, including fever, headache, cough and colds. Indeed, the disease is a test from Allah for us to return to Him. If one reads the Quran, reading Quran verses sound waves can make a person's heart becomes quiet when hearing it. This is because the positive wave in verses will change the negative aura that exists in a person. In one word micro magnetic impulse formed when sounds Quran. Quran to be as wild and protector of Muslims from bad things like magic and jinns. Thus, if someone reads the Quran, the matter will be avoided. (Rasyid, 2015).

We can also distinguish that, every atom of our cells vibrated at a certain speed. Vibration system of our cells affected by foreign vibration around it. Disease is a negative foreign vibration that damage our cells' vibration system. (al-Kaheel, 2012; Colombos, 2018; Samail, Zaidi, Mohamed, Kamaruzaman, 2018). Quran verses create positive waves that helps to reform broken vibration. Sounds of Quranic verses like a pleasant music that influenced to the spirit of humans.

According to statistical analysis in most Muslim countries, the usage of Quranic therapy heals 80% of patients<sup>23</sup>. This therapy is mostly used in curing spiritual and psychological disease.

## CONCLUSION

To summarize this research, Quran is the healer both mental and physical disease of human. Generally, the contents of Quran al-Karim apparently has treasures of knowledge and guidance that we can use for any purposes such for medical purposes as “ruqya” (treatment from Quran verses).

The “word” has a power that effectively influenced to the spirit and body. Healers of the world use not only herbs or medicine but also linguotherapy issues. In the past decade, the significance of linguotherapy dominated rather than modern therapy. Because lingua impact has many potentials in curing mental and physical disease. Humans mind send signals to all organs that coordinate immune system. Immune system helps to establish the health of humanity.

Quran verses help to protect humans' body from negative outdoor influences, which stimulate normal vibration of cells. The music of “tilawat” harmonized with the natural vibration of cells, that controlled by our brain.

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