

## THE ESSENCE OF THE SYSTEM OF SPIRITUAL VALUES

**Kholmatov Shakhobiddin\***

\*Assistant professor,  
Candidate of Philosophical Sciences,  
Information Technologies named after Muhammad al Khwarizmi,  
Fergana branch of Tashkent University,  
Fergana, UZBEKISTAN  
Email id: kholmatov\_sh@mail.ru

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### ABSTRACT

*Each new step in the developing of society is the emergence of a new era in the spiritual maturity of people. Just as there is no society without spirituality, a society that can rise, so spirituality without society cannot develop. The existing problems in the economic, socio-political spheres of society can be solved through the development of spirituality, relying on it. Value by its very nature has a socio-historical character. In the process of social development, it changes and improves. Therefore, the doctrines of value are also improved and developed. The article philosophically explores the concepts of spirituality and value, as well as the essence of the system of spiritual values.*

**KEYWORDS:** Society, Spirituality, Values, Civil Society, Spiritual Values, Universal Values.

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### INTRODUCTION

Spirituality is different with more focus on the human heart, on the inside, on the mind. In this sense, spirituality is a divine light in the human heart, which is not found in any living being. Spirituality is such a magical mystery that no human can fully unravel it. Therefore, we recommend that the teacher not try to give a perfect definition of the concept of "spirituality" in the lesson, but approach the topic as an introduction and give definitions that reflect some of its aspects. [1]

### MAIN PART

To reveal the essence of any social phenomenon, including national spiritual values, it is necessary to clarify the following:

- 1) definition of the concept (definite);
- 2) description of the concept (characteristics);
- 3) the content of national spiritual values;
- 4) their origin and development (evolution);
- 5) social goals and objectives (functions);
- 6) structure;

7) methods and means of application (technology);

8) classification of forms and images;

9) influence on other spheres of public life.

In this article, we considered it necessary to dwell on some of the above.

1. Definition of the concept of "national spiritual values". To define each concept means to interpret it by including it in a broader concept. For example, if we say "maple is a tree", "pilaf is an Uzbek national dish", we will define a smaller concept by a broader concept. [2]

The concept of value is a very broad concept. Part of this is spiritual values. National spiritual values include social phenomena that are concentrated on the intersection of the concepts of "nationality", "spirituality" and "value". [3]

The concept of "national spiritual values" can be defined as follows: a nation, spiritual values, actions and principles, ideas and norms, necessary and important for the representatives of this nation, dear and respected, serving the interests and goals of the people. people are called national spiritual values [4].

Spiritual dignity does not depend on ideology, and the national ideology is based on our values, our spirituality, and initially the criterion of such spirituality was the sacred duty assigned to people, which means that people must have such qualities as honesty, purity, honesty, piety, contentment, courage, patience, discipline, love for the motherland, fidelity, love [5].

2. Description of the concept of "national spiritual values". Each nation will have its own spiritual treasures, honorable and valuable to it. These are masterpieces that have been passed down from generation to generation for centuries, have not lost their meaning and value today, and have become the pride of this people. For example, the Kyrgyz are rightfully proud of the Manas epic, the Egyptians are rightfully proud of the ancient pyramids, the French are rightfully proud of the Louvre in Paris, and the Uzbeks are rightfully proud of Samarkand-Bukhara. [6]

Specific customs and rituals, cultural attitudes and moral qualities of nations and peoples are also part of spiritual values. They play an important role in preserving the identity of the people, in educating the younger generation, in the socialization of the individual. [7]

National spiritual values reflect the worldview and attitude of the people to life, their inner nature and way of life. They reflect the spiritual world and way of thinking, dreams and ideals, the conscience and honor of the nation. [8]

National values serve as a kind of criterion in the daily life and way of life of the people. Through these values, various events and situations, emerging activities and patterns are evaluated. The life goals of the younger generation, their ideas about the "hero of the century" are also formed on the basis of spiritual values. [9]

National spiritual values are a factor in improving positive moral qualities, overcoming negative vices that hinder the development of the state and nation. [10]

Awareness of national identity begins with the assimilation of spiritual values, the study of the history and cultural heritage of one's people, a clear vision of the present and future. Labor, activity, life goals of each will be aimed at achieving certain values, material and spiritual

benefits. [11]

3. Development of national spiritual values. National spiritual values have a long history.

If we analyze the historical monuments, monuments of culture and traditions and rituals of Uzbekistan, we can see that their origin dates back to ancient times. [12]

Take, for example, Avesto. This great work was created 2700 years ago. There is no doubt that at least two thousand seven hundred years passed before this work, inscribed in golden letters on the skins of twelve thousand heads of cattle, accumulated a deep life experience and wisdom. This work, created as a result of the development of high cultural life, philosophy and science, calligraphy and clientele, has not lost its significance to this day. [13]

4. The structure of national spiritual values. The concept of national spiritual values is a complex concept, which consists of:

- Historical heritage and historical memory;
- Cultural monuments;
- Achievements in the field of science and philosophy;
- Works of art;
- Moral qualities;
- Religious values;
- Customs, traditions and rituals;
- Enlightenment, education, etc.

National values are reflected in all aspects of human life and society.

Family relationships - relationships between parents and children, brothers and sisters, relatives are built on high spiritual values. [14]

The unique and great value created by the Uzbek people and recognized by the world community is called Mahalla. Neighborhood, neighborly relations occupy a special place in the life of the nation, where the spirit of communal life prevails. [15]

The components that make up national spiritual values cannot be considered unshakable and somewhat rigid. They are constantly evolving, changing as a result of interactions and updated in accordance with the spirit of the times and the requirements of the national idea. [16]

5. Assimilation of national spiritual values. There is no doubt that national spiritual values are wealth that has been formed over thousands of years, has stood the test of history and has been passed down from generation to generation. But these riches do not become valuable on their own and easily. They become valuable only when accepted by members of the community, different groups and communities, as a life guide. In order to receive the status of a real value, they must be absorbed by the inner world and way of life of individuals and social groups, become a criterion for organizing and evaluating their activities. [17]

The transformation of spiritual values into the "property" of the general population, especially the younger generation, does not happen by itself. This requires the efforts of progressive

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representatives who are not indifferent to the fate and future of this people. Material and spiritual wealth, if public education is not properly regulated, will fall to the level of dusty books, bright relics, absurd customs. [18]

Different people, different groups and strata of society have different attitudes towards spiritual riches and criteria. Each person and group perceives values based on their own interests, acquires spirituality based on their upbringing and level. [19]

6. Influence on other spheres of public life, including the interdependence of national ideas and spiritual values.

The connection of the national idea with national spiritual values is reflected in: [20]

A) national values serve as a spiritual basis, a source of a national idea;

B) the national idea is a factor in enriching values, raising them to a higher level, planting national values in the minds and hearts of people;

c) the national idea evaluates the existing spiritual values from the point of view of the fundamental interests of the people, develops the positive aspects and denies the negative ones.

## CONCLUSION

The inalienable connection of national spiritual values with the idea of national independence is also reflected in their active interaction. The national idea, in addition to relying on spirituality and receiving life and nourishment from it, also has a positive impact on spiritual life. The national idea also fulfills the tasks of further elevating values, introducing them into the minds and hearts of people, eliminating vices that do not serve independence and the future. The criterion for evaluating countless events, values and blessings in the spiritual life from the point of view of the interests and beliefs of the people is the national idea. [21-27]

In a word to conclusion, we can say, that national spiritual values are an important and multifaceted area of public life and play an important role in the maturity of a person and society. National values are constantly developing and improving. Their assimilation by social groups and individuals is a process that requires education and influence.

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