

## PSYCHOLOGICAL ASPECTS OF PROFESSIONAL ORIENTATION OF STUDENTS

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### ABSTRACT

*This article researches the psychological aspects of the professional skills formation and knowledge in school-age children and the internal psychological characteristics of the teacher, the community and the adolescent who play a vital role in this process. The career choice process requires complex and far-sighted plans and the importance of developing the next generation. In addition to the system of measures for the training of teachers and special vocational training in the professional development of young people in the school is portrayed with specific explanations and experiences. Project systems for the organization of vocational education for students in grades 8-9-10 are analyzed.*

**KEYWORDS:** *Motive, Professional Psychology, Labor Resources, Career Choice Criteria, Job Function, Technological Approach, Personal Development, Professional Perception, Thinking*

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### INTRODUCTION

Career guidance is preparing the younger generation to make career choices. By directing them to the profession, they should be considered as a scientific-practical system that creates a solid foundation for the formation of future professional decisions, career guidance for free and independent choice of profession. In directing each student to the profession take into account the individual characteristics and the need to fully provide labor resources in the interests of society. One of the most pressing issues today is the development of criteria for career choice of students.

In order to choose a profession, the student must have the ability to assess their capabilities, for example knowledge of relevant professions, having opportunities for these professions, plans for the future, awaring of information and news about emerging areas should be. Based on these requirements, according to the Resolution of the Cabinet of Ministers of the Republic of Uzbekistan decree of 466 of August 7, 2020 [1], the organization of professional education of school graduates in the system of continuing education on the basis of their professional interests and abilities, involvement in the next type and stages of education was perceived as an important issue of correct and effective orientation to its preparatory areas. The document states that “vocational guidance in secondary schools is aimed at helping adolescents to choose a profession in accordance with their interests and aptitudes, interests and abilities, as well as to help them

understand their professional identity and life. as a “consulting factor in the selection of the line” has been identified as a top priority.

Followings:

- Integration of the database of students with a high interest in vocational training and freelancing with the electronic database of employment of graduates of general secondary education, the creation of an information system for online monitoring;
- On the basis of the analysis of the professional orientation of students of general secondary education, students who can study in vocational schools after 9th grade in specific working professions career guidance among;
- 10th grade students from low-income families on the basis of lists approved by the Ministry of Neighborhood and Family Support in all governmental and non-governmental organizations that teach vocational and freelancing with the consent of their legal representative 'Issuance of documents (vouchers) covering winter expenses;
- Development and implementation of curricula and programs, internships, teaching aids for graduates in relevant professions;
- Development and introduction of effective forms of vocational guidance for students of general secondary education;
- Prioritization of vocational guidance for students of 10-11 grades of general secondary education on the basis of the (variable) curriculum in the field of elective sciences.

The formation of professional decisions of students means to convince students of the theoretical knowledge acquired in practice with the help of qualified professionals, to motivate them to the career, the qualities of professional culture (professional cognition, professional knowledge, professional is a process of consistent, systematic, continuous and purposeful pedagogical activity aimed at cultivating thinking, professional potential). Because the organization of students' professional orientation is a complex, long-term dialectical and psychological process, and its methodologically correct organization guarantees the success of achieving the intended goal. Effective use of available objective and subjective factors also helps students make the right career choices.

A new approach to the organization of career guidance among students, vitally, include the technological aspect. Students from thousands of professions should be able to take into account the existing professional qualities of students and enrich them, to make certain changes and innovations in the content of activities on the basis of a rational assessment of various situations in the chosen professional decision. Craftsmanship will be an important factor in the effectiveness of orientation.

The technological approach to the organization of vocational guidance is aimed at enhancing the theoretical and practical skills and abilities learned by learners, the organization of active career guidance and the development of professional decisions based on their professional abilities and skills. Psychologists and educators play an important role in this process. Because psychologically, a child's career choice depends on the child's character, his thinking and even his views.

Teachers, educators, specialists, leaders who educate young people also have a psychological impact on students' career choices. They should not be educated but also, they have high human qualities.

No matter what profession or occupation a person is in, he is always in touch, it depends on the level, order, level of attitude, the degree to which he has mastered his culture. Vocational training is both a culture and an interaction in these processes. If a teacher wants to educate his students through a profession or a subject that he teaches, in order to teach him the culture of the profession, firstly, he must love his subject and know it well. Everyone must have mastered the culture of the profession. She or he loves her profession or science and tries to be cultured like his or her teacher. If a teacher does not like a science or their profession, if he is not cultured, if he is ignorant of the culture of the profession, then no matter how much he forces students, this science will have no educational effect on them. It doesn't make them civilized.

### **The role of parents and the community in career guidance in general secondary education**

The unity of school, family, community and industry is a key principle in educating the younger generation in a new morality. The development and formation of professional interests in students, the increase of social attention to the professions of workers in industry, construction, agricultural services, the success of the conscious choice of life path bring together school, family, neighborhood and industry depends on the effective work done.

The basics of personal development begin in the family that students begin to get acquainted with certain professions in the family, especially the professions of their parents, brothers, sisters, cousins, which is crucial for the development of students' professional interests.

Many parents need advice on career guidance. They can get such help in the form of interviews, consultations and other activities from the school teaching staff, doctors, psychologists, business professionals. It is advisable for the school to organize and hold a parent conference in accordance with its planned activities. These conferences will be open to heads of human resources departments, regional staff, representatives of various professions, and educational institutions, as well as parents. They will talk about the knowledge and skills needed to be successful in the content of their profession, as well as where and how to take up the profession and how to be skilled in it; talk about the challenges young people face and recommendations for family conversations with students.

The great thinker Abu Ali Ibn Sino [2] states that the most important thing for human existence is a useful labor war. He believes that parents should teach their children a certain profession from an early age. Once a child has mastered the profession to a certain extent, he or she should be taught to use the profession, that is, to live an independent life through honest work. The thinker emphasizes that this work has two educational benefits for children:

1. After a child is able to live independently because of his profession and see his first interests, he becomes more attached to his profession, develops love for it and strives to improve it.
2. Once life is assigned to him, he develops a habit of his profession.

The process of getting used to the profession usually goes through three characteristic stages, each of which has very important features for educators. The first step in getting used to the profession is to get acquainted and understand your new role in the environment. It begins with

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the decision to take a specific qualification in the chosen profession and continues during the initial theoretical preparation for industrial education during the acquaintance with the training workshops and the institution.

Before carrying out vocational guidance in secondary and general education, we should consider the concept of "vocational guidance system", clarify the concepts that belong to it and are related to it. Let's look at the concept of "profession" first. A.A Jalolov used four approaches to define this term:

- 1) The environment in which a person performs the functions of a cocktail;
- 2) A community of people working in a specific field;
- 3) Preparation, as an example the ability of a person to perform certain labor functions with the help of all knowledge and skills;
- 4) The process of performing the functions of a professional a time-distributed division of labor.

The next concepts related to the concept of career guidance are "optant" and "optation" [3]. That is, an option is a decision made to choose a career path, in which case the optant is the person who made that decision.

In order to better understand the meaning of the concept of career guidance, it is necessary to pay attention to another concept, namely, the process of choosing a profession that a person is inclined to. The process of realizing which profession is right for you is a continuous and multi-stage process of choosing a specific profession that a person is inclined to choose based on his or her personal career choices.

The main functions of value-semantic and spatial-temporal activities of adolescents in the process of career choice are self-development and ensuring the semantic and temporal prospects of career choice [4].

Such activity is associated with the development of the following personality traits.

-Meaningfulness of life - the future existence of goals in life that give meaning, direction and perspective of time, curiosity and emotional richness of life, satisfaction with self-awareness, a feature associated with the fact that in the future the young man will rely mainly on his own strength (Leontiev DA),

-Self-confidence in decision-making,

-Competence in time - the continuity of the past, present and future, ie the ability to see your life in general (Gozman L Ya, Croz MV)

-The accuracy of the choice is the direction, ie the system of stable dominant motives (Ginzburg MR). Flexibility in realizing one's values, the ability to respond quickly to changing circumstances [5]

-Creative implementation in practice

Thus, the analysis of the problem of psychological readiness of adolescents to make a conscious choice of future educational profile and profession in modern educational psychology leads to the following conclusions. [6]

The conclusion to be drawn that after a person has passed a certain stage of preparation, from the stage of transition to the next stage of high school, his interests, for himself in the future in this or that profession. Everyone will have to choose the right profession based on their employment plans. There are a number of methods that will help him to choose a profession, to get acquainted with the world of jobs and to get an idea of them. [7]

Theoretical and experimental studies have confirmed the significant impact of such a program on the effectiveness of the process of shaping the "readiness" of those young people to consciously choose their future educational profile. [8]

It shows the need to take into account the altering state of modern society and modern adolescents development and to make appropriate changes to improve career guidance programs. Teachers and psychologists need to be constantly vigilant and fully aware of the world of occupations, the modern labor market and the characteristics of adolescents. It should be noted that psychological work on professional counseling and career guidance can be effective only in conjunction with specially organized pedagogical work. [9]

However, the process of formulating personal characteristics that contribute to the readiness to choose an educational profile or profession is long, it begins in early childhood and in many respects depends on the upbringing of the child. If qualities such as self-confidence, awareness of decisions and behaviors, ability to plan and make choices, rather than external circumstances, are not formed in childhood, responsible actions in adolescence cannot be trusted. [10]

The study confirms the hypothesis that there is a link between the process of formation and the conscious career choice and the development of personal characteristics, as well as a positive impact on the formation of a specially developed psychological career guidance program.

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