

## GEOGRAPHICAL ASPECTS OF USE OF RECREATION RESOURCES OF JIZZAK REGION

**Komilova Nilufar Karshibayevna\***; **Akhmadkulov Saidjon Raufugli\*\***

\*Professor,

Doctor of Geographical sciences (Dsc),

Department of Economic and Social Geography,

National University of Uzbekistan named after Mirzo Ulugbek,

UZBEKISTAN

Email id: nkomilova75@mail.ru

\*\*2nd Year Master's Student,

Department of Ecology and Geography of Gulistan State University,

UZBEKISTAN

Email id: saidjonahmadqulov5@gmail.com

**DOI: 10.5958/2249-7137.2022.00795.9**

---

### ABSTRACT

*In this article, the recreation resources of Jizzakh region are analyzed in the cross-section of districts. Recreational geography and its tasks are discussed. Detailed information is provided about health and recreation centers, shrines and temples, state reserves, national nature park. The article focuses on the analysis of research, scientific literature, articles and statistical data conducted in the field.*

**KEYWORDS:** *Recreation, Leisure, Medical Geography, Tourism Geography, Resort Science, Tourism, Tourist, Tourism Industry, Tourist Region, Hotel, Tourist Space, Cultural Heritage Objects.*

---

### LIST OF REFERENCES

1. Mirzaev M.A., Aliev M.T. Fundamentals of tourism. - T.: Uzbekistan, 2011. 45-47 b.
  2. Decree of the President of the Republic of Uzbekistan No. 60 PF dated January 28, 2022. // <https://lex.uz/docs/5841063>
  3. Mironenko N.S., Tvedokhlebov I.T. "Recreational geography" - M. MSU 1981.
  4. Makhkamov E.G. Geographical basis of using the nature of the Fergana region for recreational and tourist purposes. Abstract of the dissertation of the Doctor of Philosophy in Geography (PhD), Samarkand, 2022
  5. Ibadullaev N.E. Tourist resources of Uzbekistan. A course of lectures. - Samarkand, SamISI, 2008.
  6. Usmanov M.R. Geography of tourism: textbook. - - Samarkand, "SamSU", 2020. p. 45
-

7. Komilova N.K., Matchanova A.E., Safarova N.I., Usmanov M.R., Makhmudov M.M. Some Socio-Economic Aspects of Gastronomic Tourism Study. Studies of Applied Economics. Monographic Section. Volume 39-6, July 2021 // ISSN: 1133-3197.
8. Komilova N.K., Usmanov M.R., Safarova N.I., Matchanova A.E., Murtazaeva G.I. Tourist destination as an object of research of social and economic geography // Psychology and education (2021) 58(1): 2058-2067. ISSN: 00333077.
9. Data from the Statistics Department of the Jizzakh region.