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### HIRUDOTHERAPY BY AVICENNA'S METHODS IN TREATMENT OF CHRONIC HEART FAILURE AT ISCHEMIC HEART DISEASE PATIENTS WITH THE INCREASED ARTERIAL BLOOD PRESSURE

Kodirova Shakhlo Salomova\*; Dilbar Bakhriddinovna Rakhmatova\*\*

\*Head of the Department, Folk Medicine and Occupational Diseases, Bukhara State Medical Institute, UZBEKISTAN Email id: shaxigiza@mail.ru

\*\*Associate Professor, Department of Folk Medicine and Occupational Diseases, Bukhara State Medical Institute, UZBEKISTAN Email id: rahmatovadilbar19@gmail.com

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# ABSTRACT

Many forgotten methods of treatment, known since ancient times, are increasingly reviving in the current conditions of the development of medicine and pharmacy, once again proving the validity of their existence. One of them is hirudotherapy (from Latin hirudina - leech) or bdelotherapy. Treatment with leeches has begun since ancient times. Probably, even prehistoric people accidentally noticed a positive effect after a leech bite. Hebrew Persian, Hebrew and Ancient Indian texts that mention the benefits of leeches contain references to the benefits of leeches. Hirudotherapy was considered one of the aspects of this medical technique, since bleeding has been the most popular method of treating many diseases for thousands of years. Self-treatment with leeches in those days was not yet carried out, since healers believed that leeches were needed only to remove excess blood. It was considered more convenient to use them instead of knives, because the procedure was completely painless.

#### **KEYWORDS:** Heart Failure, Cardiosclerosis, Arterial Pressure, Treatment, Hemostasis.

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