

## VOLLEYBALL IS A POPULAR GAME IN MANY COUNTRIES AROUND THE WORLD

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### ABSTRACT

*Volleyball is a popular game in many countries around the world. Volleyball was first played in the United States of America. In 1895, William Morgan, a college physical education teacher from Heliok, Massachusetts, introduced a new entertaining game to the students, the main idea of which was for the players to hit the ball with their hands, making it fly over the net. The game was called "volleyball", which means a flying ball in English.*

*In 1897, the sports rules for this game were developed, which were repeatedly changed and supplemented. A simple game that does not require expensive equipment quickly spread in Japan, China, the Philippines, and later in Europe.*

*In our country, volleyball began to develop after the Great October Revolution. Having received great popularity.*

**KEYWORDS:** *Volleyball, Game, Ball, Net, Training, Health, Physical Development.*

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