

IMPACT OF PHYSICAL EDUCATION ON THE MORAL ETHICS IN ADOLESCENTS IN MODERN EDUCATION

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ABSTRACT

The goal of this study is to see how physical activity and sports might be helpful to adolescents' development in social standards. Physical activity and sports are critical in instilling in adolescent people the importance of the social values in their lives should be much preferred. The relevance of connection in educating both the mind and the body was studied in a review of the literature. Furthermore, it promotes social ideals among adolescents, allowing them to form social relationships with their peers. Furthermore, the advantages of education and training might influence the adolescent's academic learning as well as physical exercise. The purpose of this study is to influence adolescents towards participation in physical activities besides modern education.

KEYWORDS: *Sports, Moral Values, Physical Education, Adolescents, and Youth, Modern Education.*

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