

TRAINING FUTURE PHYSICAL EDUCATION TEACHERS FOR COACHING ACTIVITIES

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ABSTRACT

The article discusses the preparation of physical education teachers for coaching activities and how to arouse students' interest in physical education through sports and movement games. It is very important that the future physical education teacher shows and identifies the importance of each topic, establishes communication between students, and teaches knowledge and topics on a regular basis. In recent years, many and many decisions have been made to prepare people for physical fitness and a healthy lifestyle, and many more are being put into practice.

KEYWORDS: *Physical Education, Sports And Movement Games, Healthy Living, Students, Youth, Direction.*

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