

RESISTANT TO THE DEVELOPMENT OF PHYSICAL EDUCATION IN THE LESSONS

Sh. Jalolov* ; M. Ilyasova**

*Lecturer,

Fergana State University, UZBEKISTAN

Email id: jalolovsh@mail.ru

**Master,

Fergana State University, UZBEKISTAN

DOI: 10.5958/2249-7137.2022.00490.6

ABSTRACT

Compulsory education as an integral part of general culture physical culture of discipline. Of physical culture: health, education and training functions with targeted physical training full is made. Physical education in the context of the article will consider the process of formation of bilateral relations resistant.

KEYWORDS: *Durability, Physical Culture*

REFERENCES

1. Sh, D. (2020). Monitoring of physical activity of junior schoolchildren at physical education lessons. *European Journal of Research and Reflection in Educational Sciences*, 8(10), 187-189.
 2. Valievich, D. S. (2020, December). Features Of Motor Activity At Primary School Age. In Конференции.
 3. Jalolov, S. V. (2021). Improvement Of Motor Preparation Of Younger Schoolers In The Annual Cycle Of Learning. In *Priority areas for the development of sports, tourism, education and science* (pp. 246-250).
 4. Valievich, D. S. (2020, December). System Of Organization Of Movement Activities In Primary School Students. In Конференции.
 5. Djalalov, Sh. (2020). Characteristics Of Engineering And Engineering For Students In Physical Training (Education) Lessons. *Fan-Cportga*, (5), 48-50.
 6. Jalolov, Sh. V. (2019). Analysis of somatometric indicators of children of primary school age. *Science today: problems and development prospects [Text]: ma*, 87.
 7. Jalolov, Sh. V. (2019). Age dynamics of speed-strength abilities in children of primary school age. In *Science Today Basic And Applied Research* (pp. 72-73).
 8. Ubaydullaev, R. M. (2021). Monitoring The Physical Fitness Of Girls In Grades 8-9 Of Rural Secondary Schools. *Herald pedagogiki. Nauka i Praktyka*, 1(2).
-

9. Ubaidullaev, R. M. (2020). Comparative monitoring of indicators of physical fitness of girls in rural schools with the standards of health tests "Barchina". In *Science Today: Basic and Applied Research* (pp. 37-40).
10. Usmanov, Z. N., & Ubaidullaev, R. M. Problems Of Physical And Health Work In The School Education System.
11. Usmanov, Z. N., & Ubaidullaev, R. (2020, December). Problems Of Physical And Healthy Work In School Education System. In *Конференции*.
12. Usmonov, Z. N. (2020). Monitoring Of Physical And Health Works In Rural Comprehensive Schools. *European Journal of Research and Reflection in Educational Sciences* Vol, 8(3).
13. Usmanov, Z. A. (2019). Hypodynamic factor and physical condition of schoolchildren. *Science today: facts, trends, forecasts [Text]: mothers*, 77.
14. Usmanov, Z. A. (2019). Study Of Theoretical Training Of Students Of Middle School Age On The Subject "Physical Education". *Science Today: Fundamental And Applied Research*, 90.
15. Hamrakulov, R. (2021). The Importance Of The Organization Of Physical Cultural Activities Based On Advanced Pedagogical Technologies. *Current Research Jounal Of Pedagogics*, 2(05), 114-119.
16. Hamrakulov, R. Pedagogical Bases Of Formation Of Physical Education And Sports Training In Higher Education System.
17. Yuldashev, M. (2021). Innovative Aspects For Healthy Lifestyle Formation And Development Of Sports. *Current Research Journal Of Pedagogics*, 2(05), 102-107.
18. Sidikova, G. S. (2022). Formation Of A Healthy Lifestyle In Children Of The Older Preschool Age. *Talim va Rivozhlanish Tahlili online ilmiy journals*, 2(1), 6-11.
19. Sidikova, G. S., & Ibrahimovich, T. A. (2021). Formation Of Children's Health Culture As A Social And Pedagogical Problem. *Conferencea*, 71-74.
20. Patidinov Kamolidin. (2021). Physical Fitness And Development Of School Students. *Journal Of Pedagogical Inventions And Practices*, 2(2), 89–91. Retrieved From
21. Patidinov Kamolidin. (2021). Physical Preparation And Development Of School Students. *Journal Of Pedagogical Inventions And Practices*, 3, 161–163. Retrieved From
22. Yakubova, G. K. (2021). Monitoring Of Physical Education Classes In Conditions Of Hyperthermia. *Herald Pedagogiki. Nauka I Praktyka*, 1(2).