

THE WONDERFUL POWER OF ART AND ITS CHARACTERISTICS OF THE PSYCHOLOGICAL IMPACT ON HUMANS

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DOI: 10.5958/2249-7137.2022.00527.4

ABSTRACT

The ability of music to affect the human psyche, its health, and emotional state, the positive impact of deep musical experiences in the process of listening and playing music - an important basis for scientific research in both medicine and music. The views of scholars on the influence of music and narrations, musical education, and ethics are expressed as issues that need to be studied and applied in depth.

KEYWORDS: *Music, Emotional State, Deep Musical Experiences, Sounds, Images, Music-Aesthetic Education, Thinking, Imagination, Art, Psychological Impact, Music Education.*

"Music expresses human feelings, dreams, desires in a unique artistic language and actively influences human emotions. Music is both a science and an art."

(F.Stendal)

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