

## METHODS OF TEACHING PHYSICAL EDUCATION IN ELEMENTARY SCHOOL

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### ABSTRACT

*The purpose of the article is to examine the role of the teacher of physical culture in the educational process, its importance in shaping the student's personal qualities. The pages will cover such important issues as the cultivation of organizational skills, activity, resourcefulness of the student, as well as the accumulation and transfer of personal experience of the teacher can motivate the student to physical education and sports throughout life, to interest the student in a healthy lifestyle, preserve and strengthen his individual health.*

**KEYWORDS:** *Physical Education, Healthy Lifestyle, Motivation, Teacher, Education Process*

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