

## BASIC RISK FACTORS FOR OBESITY IN YOUNG ADULTS ANNOTATION

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### ABSTRACT

*Obesity is a common and serious disease*

- *The US obesity prevalence was 41.9% in 2017 – March 2020.*
- *From 1999 –2000 through 2017 –March 2020, US obesity prevalence increased from 30.5% to 41.9%. During the same time, the prevalence of severe obesity increased from 4.7% to 9.2%.*
- *Obesity-related conditions include heart disease, stroke, type 2 diabetes and certain types of cancer. These are among the leading causes of preventable, premature death.*
- *The estimated annual medical cost of obesity external icon in the United States was nearly \$173 billion in 2019 dollars. Medical costs for adults who had obesity were \$1,861 higher than medical costs for people with healthy weight.*

**KEYWORDS:** *Obesity, Young Age, Basic Risk Factors.*

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