

IMPROVING THE QUALITY OF TYPE 2 DIABETES CONTROL BASED ON PEN PROTOCOLS AMONG THE POPULATION

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ABSTRACT

Cardiovascular diseases, oncological diseases, chronic respiratory diseases of the lungs, diabetes mellitus, and other non-communicable diseases are the main causes of morbidity and mortality worldwide [10]. They are also included in the list of leading causes of disability. According to WHO, there are about 57 million people in the world every year. people die, of which 36 million. (63%) of deaths are related to cardiovascular diseases. Approximately 14 million. a person does not live up to 70 years, that is, he dies prematurely. At the same time, according to WHO forecasts, if effective measures are not taken, the mortality rate from infectious diseases worldwide will grow without deviations and will reach almost 75% in 2030 [9]. The socioeconomic consequences of cardiovascular disease affect the quality of life of the patient, his family, as well as the economy, the health care system, and society as a whole. 60% of cases of their development are associated with leading risk factors, such as tobacco smoking, alcohol abuse, insufficient consumption of fruits and vegetables, and a sedentary lifestyle [2,4].

KEYWORDS: *Consequences, Cardiovascular, Respiratory, Morbidity*

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