

A STUDY OF NATIONAL CLOTHES AND GAMES AS AN INDIVIDUAL PART OF CULTURAL HERITAGE

Temur Ibaydullaev*

*Associate Professor,
Jizzakh Polytechnic Institute, UZBEKISTAN
Email id: ibaydullaev@gmail.com

DOI: 10.5958/2249-7137.2022.00621.8

ABSTRACT

It is believed that the national clothes and games, which are one of the inalienable, ancient values of the culture of peoples, serve as one of the important factors reflecting the past and future of society. The national games, with their form, meaning, and content, embody the national features of our people, the rich life experience that has stood the test of centuries. From the first days of our independence, the restoration and development of our national culture were considered one of the most pressing issues. The main task today is to study and analyze our national costumes and folk games, which are our cultural heritage, and to promote them in kindergartens and schools through sports, secondary special and higher education systems, and in the community.

KEYWORDS: *National, Clothes, Culture, People, National Games*

REFERENCES:

1. Meeting of the President of the Republic of Uzbekistan Shavkat Mirziyoyev with the military of Samarkand region // Vatanparvar newspaper, March 23, 2018.
 2. Karimov IA High spirituality is an invincible force. - T. : Manaviyat, 2008. - P.29-30.
 3. Abdurasulov, R., & Ibaydullayeva, U. (2020). Methods of overcoming internal conflicts between teenagers. *Archive of Scientific Publications JSPI*, 1-7.
 4. Ibaydullaev, T. (2021). Harmony of Uzbek national clothing culture and modernity. *Scientific and educational journal "Mentor"*, (1), 92-95.
 5. Ibaydullaev, T. G. (2020). Philosophical and cultural foundations of the classification and genesis of clothes. *Theoretical & Applied Science*, (4), 754-757.
 6. Ibaydullayev, T. G. (2019). Ethnic cloths as a main factor of national cultural development. In *Eurasia Science* (pp. 119-120).
 7. Ibaydullaev, T. (2021). Classification of the Uzbek traditional costume (in the context of the analysis of women's costumes). *Inter Conf.*
 8. Ibaydullaev, T. G. (2020). Uzbek national clothes in the period of globalization: problems and solutions. In *Culture in the Eurasian Space: Traditions and Innovations* (pp. 56-62).
-

9. Ibaidullaev, T. G. (2021). Philosophical and cultural foundations of the ancient Kazakh and Kyrgyz costume. Ontological and socio-cultural foundations of an alternative globalization project. Yekaterinburg, 2021, 118-121.
10. Ibaidullaeva, W. R. (2021). Modern education (Uzbekistan), (10 (107)), 18-25.
11. Ibaydullaeva, U., & Abdurasulov, R. (2021). Influence of the level of conflict on the character traits of adolescents. Society and Innovation, 2 (10 / S), 499-505.
12. Koshgari M. Devonu dictionary-t-turk (Devon of Turkish words). –T .: G. Gulom NMIU, 2017. - P.488.