

**PSYCHOSOCIAL IMPACT ON A HEALTHY LIFESTYLE OF PATIENTS  
WITH VITILIGO AMONG THE POPULATION OF UZBEKISTAN**

**Kholov Bahriiddin Bakhtiyorovich\*: Latipov Ikhtiyor Ikromovich\*\***

\*Republican Specialized Scientific and,  
Practical Medical Center for Dermatology and Cosmetology Bukhara branch,  
Bukhara State Medical Institute, Republic of UZBEKISTAN  
Email id: baxamed\_0848@mail.ru

\*\*Republican Specialized Scientific and,  
Practical Medical Center for Dermatology and Cosmetology Bukhara branch,  
Bukhara State Medical Institute, Republic of UZBEKISTAN  
Email id: ikhtiyorlatipov@gmail.com

**DOI: 10.5958/2249-7137.2022.00731.5**

---

**ABSTRACT**

*Since patients with vitiligo in Uzbekistan have a relatively darker skin colour, the centre of depigmentation are more pronounced on darker skin, and this is an important factor associated with the disease. A survey of 50 patients was conducted to study how the disease affects the patient's social life, psychosocial status and healthy lifestyle.*

**KEYWORDS:** *Uzbek, Marriage, Profession, Psychosocial Impact, Vitiligo, Concern.*

---

**REFERENCES**

1. Latipov, I. I., Axmedovich, M. F., & Hamza o'g'li, O. J. (2021). Clinical and immunogycal aspects of pathogenesis and complex therapy of vitiligo. *Academicia Globe: Inderscience Research*, 2(11), 14-20.
  2. Makhmudov, F. A., & Latipov, I. I. (2019). Atopic dermatitis: immunopathogenesis and immunotherapy strategy. A new day in medicine, (4), 195-200.
  3. Latipov, I. I., Axmedovich, M. F., & Hamza o'g'li, O. J. (2021). Evaluation of the quality of life of vitiligo patients by the effectiveness of combination therapy using the dermatology life quality index (dlqi). *Web of Scientist: International Scientific Research Journal*, 2(10), 55-63.
  4. Махмудов, Ф. А., Латипов, И. И., Озодов, Ж. Х., & Юсупов, Д. А. (2020). Vitiligo extent tensity index (veti) score: a new definition, assessment and treatment evaluation criteria in vitiligo. *Новый день в медицине*, (1), 276-279.
  5. Maxmudov, F. A., & Latipov, I. I. (2019). The immunopathogenesis of atopic dermatitis and strategy of immunotherapy. *Новый день в медицине*, (4), 53-57.
  6. Latipov, I. I. (2020). Efficacy of methotrexate in the treatment of vitiligo. A new day in medicine, (4), 556-559.
  7. Latipov, I. I., Makhmudov, F. A., Ozodov, Zh. Kh., & Bakhshilloeva, R. E. (2020). Assessment of the clinical efficiency of the utilization of platelet rich plasma in the therapy of vitiligo. *Новый день в медицине*, (1), 238-241.
-

8. Latipov, I. I. (2022). To assess the impact of vitiligo patients quality of life using the dermatological quality of life index (dlqi) questionnaire in combination therapy. *European journal of modern medicine and practice*, 2(6), 41-47.
9. Sh, V. A., Saipova, N. S., & Azizov, B. S. (2021). Clinical case of papulonecrotic tuberculosis of the skin. *Innovative Technologica: Methodical Research Journal*, 2(11), 48-55.
10. Kiryakov, D. A., Ganiev, A. A., Azizov, B. S., Nurmatova, I. B., & Latipov, I. I. (2021). Epidemiology of malignant neoplasms among residents of the tashkent region. *Web of Scientist: International Scientific Research Journal*, 2(11), 342-346.
11. Axmedovich, M. F., Ikromovich, L. I., & Hamza o'g'li, O. J. (2021). Statistics of the incidence of cutaneous leishmaniasis in the Bukhara region, depending on age, gender and region. *Middle European Scientific Bulletin*, 17, 373-377.
12. Latipov, I. I., Axmedovich, M. F., & Hamza o'g'li, O. J. (2021). Analysis of registered patients diagnosed with gonorrhea in bukhara region and a method for comparing the effectiveness of the drugs used depending on the clinical course of the disease. *Web of Scientist: International Scientific Research Journal*, 2(11), 354-360.
13. Maxmudov, F. A., Raxmatov, O. B., Latipov, I. I., Rustamov, M. K., & Sharapova, G. S. (2021). Intravenous laser blood irradiation in the complex treatment of patients with cutaneous leishmaniasis. *湖南大学学报(自然科学版)*, 48(9).
14. Rakhmatov, O. B. (2021). Improving the principles of treatment in patients with zoonotic leishmaniasis with the immunomodulator gepon and methylene blue using the alt-vostok device. *湖南大学学报(自然科学版)*, 48(9).
15. Rakhmatov, O. B. (1998). Clinical and allergological characteristics of viral hepatitis B against the background of a combined course of giardiasis (Doctoral dissertation, Abstract of dissertation .... Ph.D.).
16. Raxmatov, O. B., & Xayitova, N. D. (2021). The use of "Sulfacet-R"-Gel in Combination with Zinc Ointment to Determine its Effectiveness Against Acne Disease. *Central asian journal of medical and natural sciences*, 2(6), 227-230.
17. Raxmatov, O. B., & Xayitova, N. D. (2020). Identifyinggenetic tendency of teenagers to acne and to evaluate the efficiency of zinc for the purpose of it's prophylactic. *Новый день в медицине*, (4), 129-132.
18. Rakhmatov, A. B., Hikmatov, R. S., Yakubov, M. D., & Abdurahimov, A. A. (2021). The role of gene polymorphism of the xenobiotic detoxification system in the pathogenesis of cutaneous leishmaniasis. *Dermatovenereology. Cosmetology*, 7(1), 16-23.
19. Rakhmatov, A. B., ogli Rakhimov, I. R., & Davurov, R. S. K. A. M. (2020). Cutaneous Leishmaniasis: Diagnosis And Treatment. *Solid State Technology*, 63(6), 6363-6366.
20. Hikmatov, R. S. A modern method for assessing the functional state of microcirculation in dermatology. OOO "Maxliyo-shifo" & V, 25.