

## FORMATION AND CHARACTERISTICS OF LIFESTYLE

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### ABSTRACT

*The article examines the peculiarities of a person's lifestyle, factors influencing the process of its formation. According to the author, by the end of the last century - the beginning of the new century, the number of social factors that can radically change a person's lifestyle increased. Socio-economic, political and legal, spiritual and ideological processes and trends occurring in modern society lead to the transformation of a person's lifestyle.*

**KEYWORDS:** *Lifestyle, Lifestyle Features, Factors Influenc, Degradation, Deformation, Standard Of Living.*

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