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THE PSYCHOLOGICAL AND EMOTIONAL IMPACTS OF DIVORCE ON THE DEVELOPMENT OF INDIVIDUALS

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ABSTRACT

This article analyzes many of the common psychological and emotional effects divorce has on men, women and children and their psychological attitudes to the society and their environment. The societal expectation is that divorced life is less satisfying than married life. Divorce is dealt with an increase in depression--people experience loss of partner, hopes and dreams, and lifestyle. They may become depressed, develop headaches or stomach aches, and have changes in their eating and sleeping patterns. Moreover, there are specific feelings, attitudes, and dynamics associated with whether one is in the role of the initiator or the receiver of the decision to breakup.

KEYWORDS: Divorce, Marriage, Emotions, Second Marriage, Lifelong Experiences, Communication, Children Behavior, Remarry, Social Connection

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