

## THE CHEMICAL COMPOSITION OF FIGS AND ITS IMPORTANCE IN TRADITIONAL MEDICINE

Dumanov Bakhromjon\*; Jurayev Dostonbek\*\*; Kushakov Doniyorbek\*\*\*

\*Associate Professor,  
Andijan State University,  
Andijan, Republic of UZBEKISTAN  
Email id: dumanov@gmail.com

\*\*Master degree,  
Andijan State University,  
Andijan, Republic of UZBEKISTAN  
Email id: jurayev@gmail.com

\*\*\*Master degree,  
Andijan State University,  
Andijan, Republic of UZBEKISTAN  
Email id: bahromdumanov@mail.ru

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### ABSTRACT

*This article provides information about the natural compounds and chemical elements that make up the fig. There are also methods of treating figs in folk medicine and modern medicine. The healing properties of the fig fruit have been known and popular since ancient times. In folk medicine, figs are widely used in the treatment of inflammation of the liver, spleen and lungs. It is also widely used in medicine. The benefits of figs for women and their bodies are incomparable. If you have painful menstruation during the period, eat 3 figs a day - menstruation will soon return to normal.*

**KEYWORDS:** *Figs, Carbohydrate, Vitamin, Fig Leaves, Iron, Selenium.*

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