

A STUDY OF IMPROVEMENT OF PREVENTION OF KIDNEY DISEASE IN CHILDREN OF PRESCHOOL AND SCHOOL AGE

Tajieva Zebo Baxodirovna*; **Qilicheva Tokhtajon Abdullaevna****

*Senior Lecturer,

Department of Pediatric Disease Propedeutics,

Pediatrics and Higher Nursing,

Urgen branch of the Tashkent Medical Academy, Urgench, UZBEKISTAN

Email id: Zebo@gmail.com

**Assistant,

Department of Propaedeutics of Pediatrics,

Pediatrics and Higher Nursing,

Urgench branch of the Tashkent Medical Academy, Urgench, UZBEKISTAN

Email id: qilicheva@gmail.com

DOI: 10.5958/2249-7137.2022.00104.5

ABSTRACT

In the complex treatment of acute and chronic kidney diseases in children, diet therapy plays an important role. High requirements are imposed on therapeutic nutrition, since the kidney is the main organ for the excretion of metabolic products that come with food and are formed as a result of the breakdown of body tissues, as well as the organ responsible for maintaining the constancy of the internal environment. Under certain conditions, it becomes necessary to correct in the diet of nutrients such as animal protein, gluten, oxalates, urates, phosphates, the metabolic products of which are excreted through the kidneys and affect not only the pathogenetic mechanisms of the development of the disease, but also participate in the formation of non-immune processes of progression disease to the stage of renal failure.

KEYWORDS: *Children, Dysmetabolic Nephropathy, Crystalluria, Oxalaturia.*

REFERENCES

1. Averyanova NI, Balueva LG. Oxalate crystalluria in children. International Journal of Applied and Fundamental Research. 2012;2:25-28.
 2. Baranov AA. et al. Sanatorium-resort treatment of renal diseases. 2008.
 3. Starodubov VI. et al. Health Reforms in Uzbekistan. 2004.
 4. Smirnova IS, Ignatova OA. Risk factors for the development of secondary oxaluria in children. Human Ecology. 2009;11:57-62.
 5. Kitaeva Yu. Dissertation 2011 on Epidemiology and prevention of chronic kidney diseases in children and adolescents. Scientific Library of Dissertations and Abstracts. 2011
 6. Ignatova MS. The role of harmful environmental factors in the development of nephropathy in children. Pediatric Nephrology. Moscow: MVC; 2011. pp. 75-81.
-

7. Ignatova MS, Korovina NA. Diagnosis and treatment of nephropathies in children. Manual for physicians. 2007.
8. Shaikhova GI. Biological significance of food ingredients. Healthy nutrition - an indicator of health. Monograph; 2015.
9. Unsal A et al. Standard and non-contact mini-cutaneous nephrolithotomy: a randomized controlled trial. Arabian Journal of Urology, 2013;14(1).
10. Ulugbek Ataulaevich KU. Early diagnosis and prevention of common urological diseases in the conditions of primary health care. diss. Robota; 2018.