

**THE DEVELOPMENT OF A CULTURE OF HEALTHY LIFESTYLE IN
STUDENT GIRLS THROUGH PHYSICAL EDUCATION AND SPORTS AS
A PEDAGOGICAL PROBLEM**

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ABSTRACT

The content of the article explores the pedagogical conditions for the involvement of female students in physical education and sports, the inclusion and development of the concept of healthy lifestyle culture, the possibilities and effectiveness of physical education and sports, the technological conditions of targeted pedagogical process.

KEYWORDS: *Healthy Lifestyle Culture, Pedagogical Tool, Mechanism, Motivation, Technological Process.*

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