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SOME COMMENTS ON THE POPULARITY OF FOOTBALL AMONG THE POPULATION IN THE UZBEK SOCIETY

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ABSTRACT

It is important to create a healthy lifestyle in our society, regular physical culture and mass sports of the population, especially the younger generation. Also, some comments on the systematic organization of the selection of talented athletes among young people and the further development of physical culture and mass sports were analyzed.

KEYWORDS: Health, Sports, Culture, People, Healthy Lifestyle, Mentality, Thinking, Fan, Football, Team.

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