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## EDUCATION OF CHILDREN THROUGH NATIONAL MOBILE GAMES IN PRESCHOOL EDUCATIONAL INSTITUTIONS

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### ABSTRACT

*This article talks about five important initiatives of the President of the Republic of Uzbekistan to improve the spirituality and meaningful organization of the free time of young people, as well as their impact on the development of the sphere. In order to strengthen the material and technical base of the preschool education system, to provide qualified teachers, to introduce modern pedagogical technologies in the educational process, to improve the quality of education in preschool education, to increase the coverage of children is extremely important as it focuses on expanding the public and private sector. Establishes the procedure for introducing state standards of preschool education and monitoring compliance with its requirements. The implementation of the state standard consists of the development of the state educational program of preschool education and training, teaching aids, methodical recommendations in the field of preschool education and upbringing of preschool children.*

**KEYWORDS:** *Preschool Educational Institution, Family, Reading Books, Education, Morality, Initiative, National Holidays, Traditions, National Games.*

### INTRODUCTION

Thanks to independence, important changes have taken place in the socio-economic, political and legal spheres. Including in the spiritual and educational sphere, on March 20, 2019, it was nominated by the President of the Republic of Uzbekistan Sh.M. Mirziyoev 5 important

initiatives to improve the spirituality and meaningful organization of the free time of young people.

The first initiative serves to increase interest in music, painting, literature, theater and other types of art, to identify the talent of young people.

And the second initiative is aimed at creating the necessary conditions for physical conditioning, demonstrating the ability of young people in the field of sports.

The third initiative is aimed at organizing the effective use of computer technologies and the Internet among the population and youth.

The fourth initiative is aimed at increasing spirituality, organizing systematic work to promote reading among young people.

The fifth initiative includes issues of providing women with work.

### **LITERATURE REVIEW**

In a preschool educational institution, children acquire knowledge, skills and abilities based on the "State Requirements", the "First Step" curriculum through five important initiatives. In the formation of the younger generation as a comprehensively developed person, a preschool educational institution is the foundation of primary education. In this regard, a preschool educational institution, in turn, should plan its work in cooperation with parents, neighborhoods, and schools. It is advisable to organize the following forms of cooperation of a preschool educational institution with parents to ensure the comprehensive development of the child:

- taking into account the opinions of parents about the preschool educational institution;
- providing knowledge to parents on issues of initial development;
- Involvement of parents for active participation in the educational process;
- supporting the initiatives of parents to participate in the life of the institution;
- Communicative approach in teaching preschool children;
- Cooperation of preschool educational institutions with families, neighborhood and schools;
- raising the values of national cultural traditions and taking into account the originality of the culture of other nations.

### **RESEARCH METHODOLOGY**

Supporting the development of a child in a preschool educational institution is considered a community work, and the responsibility for carrying out this work rests with the head of the institution. The work consists in the formation of a respectful attitude to the feeling of love for the Motherland, family, national, historical, cultural values of their people, respect for the environment, the development of physical abilities in the formation of the child's personality, ensuring the improvement of physical experience, the introduction of modern educational programs and technologies in educational educational process.

### **Celebrating National Holidays in A Preschool Educational Institution.**

There are many holidays formed in the historical process of the development of every nation, every people and every country. The peoples of Central Asia, including the Uzbek people, have their own holidays, passed down from generation to generation for centuries. These are holidays associated with the seasons and natural phenomena (Navruz, holidays of mercy, flowers and birds), labor holidays (harvest festival, melons, grapes and others), cultural holidays (art festival, educational holidays), family holidays (celebration on the occasion weddings or circumcisions, on the occasion of the fact that the baby is first laid in the cradle), religious holidays (uraza, Muslim holidays) and others.

National holidays are the pride of every nation. Mahmoud Kashkari describes them as days of joy and fun. Such holidays bring happiness.

A holiday is a continuation of life, an important part of it, celebrates the biggest event, dates and creates the necessary opportunities for their celebration. It contributes to a deep awareness of the path traversed by humanity, pride in victory, and placing great hopes in the future. Breaking the monotony of life, it grants a certain rhythm. In this regard, the holidays have been considered a kind of time meter since ancient times. They create conditions for saving time. Holidays are a mirror reflecting the best aspects of life.

1. The holiday was considered a day of freedom. On this day, equality reigned.
2. The holiday was considered a day of peace, wars were suspended.
3. Ideological and spiritual uplift during the holidays calls for hope for tomorrow, a bright future. Navruz is one of the important historical traditions that arose based on the relationship between nature and man.

In written sources, there are a number of legends indicating that Navruz is an ancient tradition. The written heritage of the East provides complete information and substantiated accurate scientific conclusions about Navruz. Educational scholars Abu RaikhanBeruni (973-1048) in their works "Qadimgixalqlardanqolganyodgorliklar", "QonuniMas'udiy", "At-tafim" and Umar Khayyam in the work "Navruz" also mentioned Navruz. The traditions of Navruz have long lasted for six days. Various peoples widely celebrated Navruz, considering it the brightest day in their lives.

## ANALYSIS AND RESULTS

The peoples of Central Asia spent Navruz following their traditions and customs. In Turkmenistan, the whole winter is divided into two parts - a large chilla, forty days (from December 22 to December 30) and a small chilla, twenty-two days (until February 22). February 22 was usually considered the last day of winter, livestock breeders celebrated Navruz with him, and farmers celebrated Navruz on March 17-22. In Turkmenistan, Navruz dishes were prepared, like sumalak, liquid food from wheat, halva, folk games were held, festivities were held, palvans (strongmen) were measured. Every good tradition is lasting in accordance with the times. With the popular support of these traditions, he lives forever. Navruz, as well as other national holidays, call for good deeds, contribute to the formation of good qualities. The people widely celebrated the holiday "Mehrjan" (mercy). Abu RaikhanBeruni in his work "Qadimgixalqlardanqolganyodgorliklar" interprets the word "Mehrjan" in the meaning of "sun"

and "spiritual love". "Mehrjan", on the one hand, created an opportunity to cherish the sun, which bestowed life on the universe and the earth, to express gratitude for the harvest, on the other hand, urged everyone to take care of the winter.

Along with this, he demonstrates qualities in people like love, compassion, caring.

Familiarizing preschool children with the life of adults, in cooperation with the family, absorbing the traditions and customs of the past into the child's psychology are the most urgent tasks. Holding national celebrations at the preschool educational institution, which are among the above holidays, contribute not only to a close acquaintance of children with the events taking place in life, but also create an opportunity for active participation in them.

In preschool educational institutions, holidays, in addition to matinees, can be held in the form of thematic classes, concerts, excursions.

### **NATIONAL GAMES**

It is known that national games in their content are very close to the psychology of a child of a given nationality. This is how they attract children. In addition, the game increases the mobile activity of children. That is, in preschool educational institutions, appropriate conditions must be created, playgrounds, group rooms must be equipped with the necessary equipment for gymnastic classes and provided with toys.

Today, in a preschool educational institution, the interest of children in national games is great. Thanks to national games like "Hide and Seek", "Catch-up", "Twisted Sash", "Aunt Came to Visit", the independent active mobility of children increases. The games "Say the nightingale", "Find the middle hand", "Planting a melon", "Hairdresser" encourage the child to think, not to be different, to imitate the work of adults.

#### **Hide-and seek**

**Purpose of the game:** to develop the child's auditory sense, and also not to get lost in awkward situations.

**Game content:** the child's eyes are tied with a handkerchief. He stands in the middle.

**Children:** "Aunt, what have you lost?"

**A child with a blindfold:** - says "Thimble".

**Children:** - run in different directions, saying: found, I found.

A blindfolded child stretches out his hands to the side where the voices are coming from and tries to catch them. The caught child is out of the game or is blindfolded. The game continues this way.

#### **Game rule:**

1. The game can be played in the hall or in open areas. 10-15 children participate in it.
2. A child with a blindfold should not peep from under the blindfold.
3. A player who has been touched by a hand must stop immediately.
4. Competitors running in all directions should not push and should run slowly.

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**CONCLUSION/RECOMMENDATIONS**

In conclusion, it should be noted that seven neighbors are responsible for one child. In response to this, the distinguished head of state Sh.M. Mirziyayev says: "A person worthy of the word "sacred" is, first of all, Mother. Our people always live, glorifying the image of the mother. "Therefore, it is advisable in a preschool educational institution to educate children in a spirit of devotion to national values and traditions together with the family and at the head of noble elders living in neighborhood, to organize an educational process based on their advice and inherited customs.

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