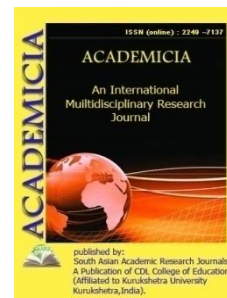




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FACTORS AND MEANS OF INDIVIDUAL SPIRITUAL DEVELOPMENT

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ABSTRACT

The article discusses the specifics of raising the morale of the individual, the role of parents and family in educating young people as a harmoniously developed generation. It also highlights the importance of the widespread use of literature and art, which are the basis of oriental education, in instilling in young people a sense of respect and love for our national identity. It is worth sacrificing your head in front of your father and donating your whole body to your mother! If you want your two worlds to prosper, get the consent of these two people! The night is the light of the day - one is the moon and the other is the sun. The family is the basic unit of society. The upbringing instilled in the family, the notion of the Motherland, the people, the independence, the freedom, the imagination, will be imprinted on the child's heart for a lifetime.

KEYWORDS: Spirituality, Oriental Upbringing, Duty And Obligation, Undeserved Service, Soviet Era, European-Russian Model, Ancestral Teachings, Perfection, Hazrat Bahauddin Naqshband, Spiritual, Emotional, Honesty, Classical Literature, Art, Writer, Poet.

INTRODUCTION

There are many factors and tools for developing a person's spirituality. One of the great values of the Uzbek people, which has lasted from ancient times to the present day, never loses its significance - a high level of respect for parents. There is no one in the world who is kinder, dearer and more honorable to a child than a parent. Parents are the backbone of their children, their inexhaustible wealth.

Parents do not spare their children. That is the greatness that nature has given them. According to Uzbek morals, it is a sin not to greet the elderly and their parents. It is the duty of children to honor their parents, to be faithful to their immeasurable, grateful service, and to receive their blessings. This is one of the most important requirements of our national values.

As our great ancestor Alisher Navoi said, respecting parents is an obligation for children. Do the same for both of them, and the more you serve, the less you serve. It is worth sacrificing your head in front of your father and donating your whole body to your mother! If you want your two worlds to prosper, get the consent of these two people! The night is the light of the day - one is the moon and the other is the sun. Don't write anything other than what they say, and don't step outside the line they draw. Do all the work in a polite manner, and do the same with the word "dol" in the word "adab".

Admittedly, during the Soviet era, our national values of respect for the elderly and parents began to fade. Some of our young people seem to be losing their high moral values, such as respecting their elders and listening to their advice. People of other nationalities may not pay much attention to it, but we Uzbeks can't help but feel it.

It is intolerable for parents to take care of their children while they are living in nursing homes. From time to time, we hear that there are cases of assault on parents and even more serious crimes! This is not a simple shortcoming, but a low tolerance, a violation of our national values, a loss of humanity. It is natural that the question arises as to the root, the root cause of such atrocities, which tarnish our national values and the honor of the Uzbek people.

During the Soviet era, instead of propagating the teachings and teachings of our ancestors, our wonderful traditions were condemned, ridiculed, and considered heresy and superstition. Our national heritage has not been studied or promoted. Instead, we have glorified and promoted the European and Russian models of education, depriving our youth of our national values. As a result, we began to lose the life-tested riches of education, such as the influence of religion and morality, family, neighbors, neighborhoods.

Thanks to our independence, this has been stopped, and significant work is being done to eliminate such negative phenomena. Our values, such as respect for adults, kindness to children, respect for parents, kindness to children, which glorify a person as a human being, make him morally, spiritually beautiful and harmonious, are in the hearts of people, especially young people. It is a joy to begin to receive. The Basic Law of the Independent Republic of Uzbekistan - the Constitution defines the human duties and responsibilities of children to society, family and parents based on the basic ideas and rules of our national values. Article 66 states that adult, able-bodied children are obliged to take care of their parents.

Respect for one's parents is a child's duty and responsibility to society. It is our duty, our duty, our duty as children, that we all abide by the following Eastern requirements of respect for parents. Feeding parents, dressing them neatly, showing them to the doctor when they are sick, giving them the necessary medicine, constantly asking about their condition and health, not to say "uh" in front of parents should not be twisted. Then the parents will agree with their child. With the consent of the parents, the child will be blessed, his work will be successful, and he will achieve his goals.

Even if a child who is dissatisfied with his parents runs late, his work will not be blessed, and one will not be divided into two. There is a lot of wisdom in getting married, getting parental consent, getting a white blessing. All of the above is a handful of gold, a treasure for us. It means laying the foundation for our future. This world is the world again, you reap what you sow, what you did to your parents, it will come back to you from your children. That's the decent thing to do, and it should end there.

Here are some excerpts from the hadiths about the greatness of honoring one's parents. "If a Muslim child visits his parents in the morning in the hope of reward, Allah will open for him two gates of Paradise. If he visits one of them, he will open for him a door of paradise. If a child offends one of his parents, Allah will not be pleased with him until he approves of him "; "Whoever pleases his parents, he will have a tuba (tree in Paradise) and Allah will increase his life"; "The prayers of three categories of people are undoubtedly acceptable to Allah: the prayer of the oppressed, the prayer of the stranger, and the prayer of the parents"; "Let the child who has not been in heaven, with the consent of both or one of the parents in old age, be humiliated, humiliated, and humiliated again"; "Obedience to parents is obedience to God. To sin before him is to sin before God."

We have already thought about the duty of a child to his parents. Parents also have a great responsibility to their children. The spirituality of children in the future depends in large part on the upbringing of the parents. Every parent should fully realize his fatherly and motherly duty to his child and understand his responsibility to him.

It is important for every parent to know that parenting is done in the following stages.

The first is parenting. It should start before the baby is born. That is, the health of the mother and father, the responsibility for raising the child must be taken into account. It means that a child, a parent who wants to have a child, should take responsibility for the fate of their future children and improve their health.

The second stage is care during pregnancy. This is a very, very important issue. In developed countries, pregnancy is estimated to determine 60% of the fate of the unborn. Measures during this period are taken by most parents.

The third period is from birth to 6-7 years. By this time, the main buds of the child's spirituality are formed. Then begins the period of nurturing and developing these spiritual buds.

Spiritual perfection can probably begin with the content of God in the cradle, with dressing the child and feeding him with an honest bite. As Hazrat Bahauddin Naqshband said, good deeds in a person are an honest bite.

This means that if a parent feeds his child honestly, he will grow up to be spiritually pure and honest. We forgot about it in the Soviet era, we didn't pay attention to it, and the system took education into its own interests and took it into its own hands.

As our wise people say, we must start raising a child before he or she is born, with the help of parents and the whole family.

The family is the first and foremost unit of society. Society is made up of these little particles. The family should be based on purity and chastity, mutual love, loyalty and devotion. This is an important factor for raising children.

The Uzbek family has its own internal rules, moral and spiritual criteria, which are not noticeable from the outside.

The family is the basic unit of society. The upbringing instilled in the family, the notion of the Motherland, the people, the independence, the freedom, the imagination, will be imprinted on the child's heart for a lifetime. Only when the family is strong, peaceful, prosperous and healthy can there be stability in society. As the President said, "We cannot create a popular ideology without understanding the role of the family in society, its educational and moral significance, and its approach to the family from the point of view of the interests of the nation." That is, we cannot succeed in our spiritual endeavors.

The most important thing we need to pay attention to is to inform the younger generation about our national Uzbek literature and works of art, to teach children to read more books. Therefore, it is important to make the widest possible use of the mediating nature of works of literature and art, such as the artistic influence of educating people in a high spiritual and moral spirit. The power of literature and art lies in its popularity and intelligibility, in its ability to have an emotional impact on people's inner and spiritual worlds. It is important to take into account this feature of literature and art in the upbringing of a spiritually mature generation.

In the spiritual upbringing of our youth, our classic poets and writers such as Yusuf Khos Khojib, Ahmad Yugnaki, Ahmad Yassavi, Lutfi, Alisher Navoi, Abdurahmon Jami, Mashrab, Muqumi, Furkat, Abdulla Qodiri, Cholpon, Usmon Nosir, as well as Pirmkul Kadyrov, Odil Our writers such as Yakubov, Sayd Ahmad, Utkir Hoshimov; Our use of the works of such poets as Abdulla Aripov, Erkin Vahidov, Aydin Hojiyeva, Omon Matchon is of great importance in the spiritual enrichment of their hearts and spiritual world. The rich artistic and spiritual heritage they have left us is distinguished by its deep philosophical content and moral direction. All of this, as well as his passion for literature and the arts, is the result of the parents raising their children properly in the family.

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