

PREVENTION OF DIVORCE BY PREPARING YOUNG PEOPLE FOR FAMILY LIFE

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ABSTRACT

This article describes the psychological characteristics of young people, the problem of preventing divorce through their preparation for family life. "To further strengthen the foundations of the family, which are indispensable to us. Peace and tranquility of the apartment. create a climate of morality and mutual respect. Due to the fact that he built a family in his youth years or at the end of it, he also wanted to have a high level of spiritual-moral and socio-psychological preparation, a culture of living in a family-matrimonial relationship, communication with family members.

KEYWORDS: *Family, Youth, Marriage Readiness, Family Consistency, Divorce.*

INTRODUCTION

Today we are increasingly aware that the root of any shortcomings and shortcomings in society is the foundation of a strong, stable and prosperous state, as in most cases, the lack of a socio-spiritual environment in the families justifies itself, and above all, the establishment of strong families. It is not surprising that the president of our country, Shavkat Mirziyoyev, has set up urgent tasks for relevant state bodies and public organizations on the development of the Family Institute, the solution of gaps and problems that have remained unnoticed for years in this area, proceeding from our national and spiritual values.

The fact that early marriages, which cause a lot of social pain, are observed in our society, the number of divorces increases by 10-11 percent every year, women's crime, uncontrolled and abusive behaviour of minors, unfortunately, is the same. To put an end to such unpleasant scenes and prevent them, of course, the introduction of vital, effective measures into the system of working with families has become a modern requirement. President Of The Republic Of Uzbekistan In accordance with the decree of Mirziyoyev "on measures to radically improve the activity in the field of supporting women and strengthening the Family Institute" on February 2, 2018, the same goals were expressed. [1]

The consistency of the family, the continuity of family traditions are ensured by the harmony of national and universal values. Each of the family members has a certain spiritual world as a person, as a result of close relations, communication between them, a specific family spirituality arises in the family. "To further strengthen the foundations of the family, which are indispensable to us. Peace and tranquility of the apartment. create a climate of morality and

mutual respect. it is necessary to fill spiritual and educational work with thematic content . The spiritual qualities of the parents in the family determine the degree of high humanity and morality of the Sharka of the couple's relationship. The spiritual world of the family should include such spiritual values as mutual respect, dignity, cooperation, reconciliation, kindness, nobility. The respect and observance of such values in the family creates such a spiritual atmosphere and climate in the family that in these young people the national feeling plays an extremely important role in the formation of the national character. The continuation of such an environment in the family will undoubtedly have a positive impact on the preparation of young people for the family.

The youth period is 18-25 years old - this is the process of achieving civil and psychological maturity. In this period, young people occupy a whole system of social rights and duties inherent in maturity. In youth, on the basis of the development of self-awareness, a personal way of life and views about the family on the chosen profession and its appropriation are formed. Although the age of GERD is the most basic period in the chapter on preparation for family life, today the preparation of young people for family life ceases with the end of the adolescent and Gerd period. As the fur becomes larger, it will not be important to teach them a lesson in this regard.

Due to the fact that he built a family in his youth years or at the end of it, he also wanted to have a high level of spiritual-moral and socio-psychological preparation, a culture of living in a family-matrimonial relationship, communication with family members. According to observations, most students-young people are not sufficiently prepared to enter into family relationships, to live an independent life. As a result, it is observed that the young man-girl, who went to study abroad from her family, initially appeared at a young age, complicated situations, fervor in front of independent life. [2]

In the initial Pallas of youth, the mood is elevated, the sense of pleasure is elevated, if the soul gives, the attempts of everyday life, certain laws in the process of reading, difficultchiliklar influences, which can sometimes cause depression in the psyche. This can lead to the fact that under the influence of internal and external factors, feelings such as insecurity, frustration in the student psyche appear, and sometimes be given to the influence of foreign ideas, go the wrong way.

Young people make mistakes in many matters due to lack of adequate management of their behavior and behavior and lack of vital experience. They make mistakes in the analysis, control, evaluation, criticism of their activities. As a result, conflicts arise in their activities and relationships. Later, on the basis of their creative thinking, feelings, moral qualities, self-assessment, the personality also begins to form.

The introduction into marriage requires a certain degree of preparation from the future bride-groom. Because the bride-to-be must be ready for family life not only from the physical, but also from the social and spiritual side before the marriage. In this case, if the physical maturity of young people is the age of physiologic maturity, mental maturity is the level of mental development, emotional development, parental and also the ability to fulfill the responsibility of the couple. The family will also depend on the level of mental development of stable young people. The mental development of young men and girls, the ability to contemplate and intellektual, the essence of entering into marriage and the sense of responsibility in front of their family in the future.

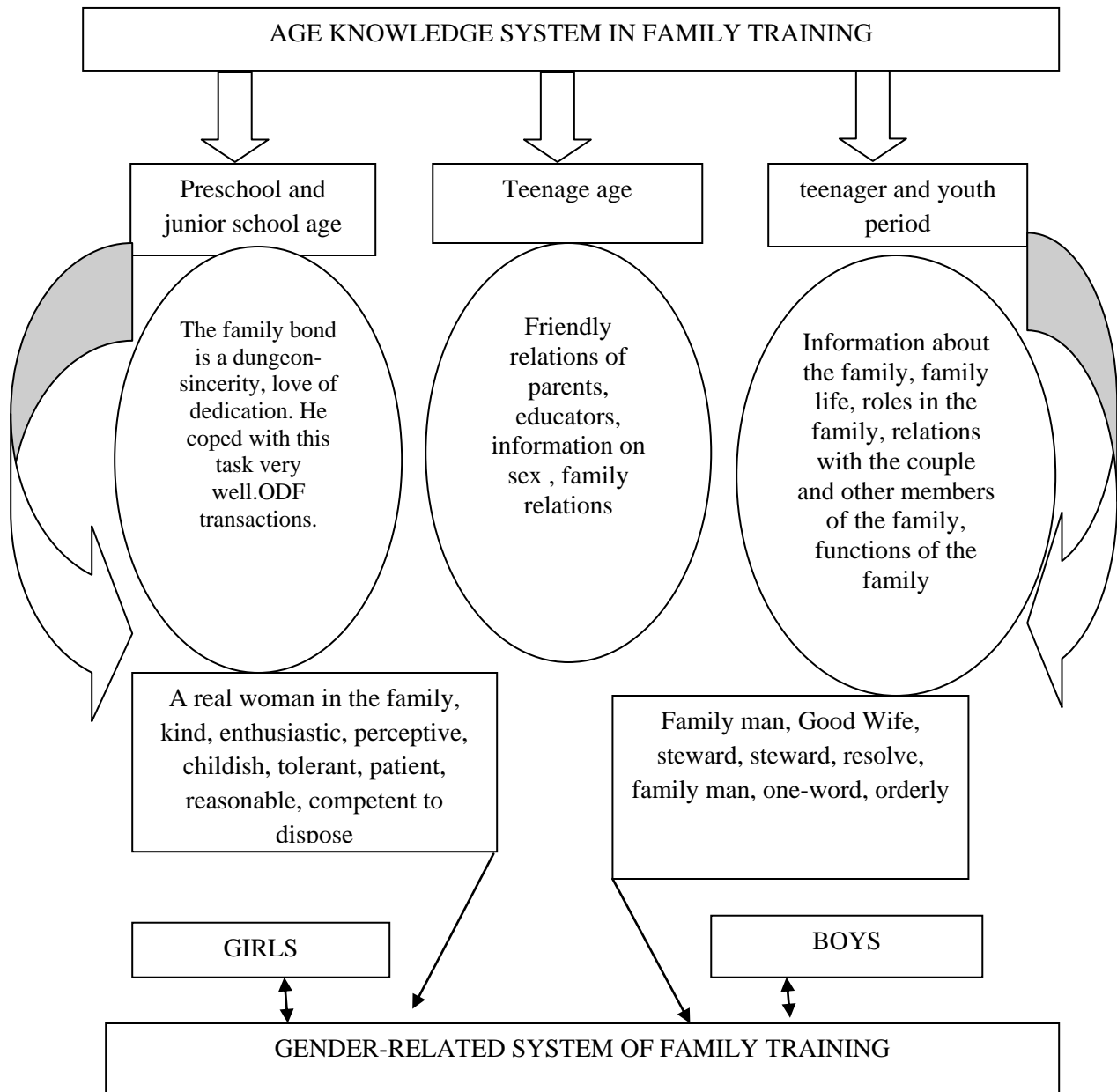
The mind of modern youth is negatively influenced by the family way of life, which today comes through various sources of information. Therefore, the problem of the preparation of the younger generation for family life today has been comprehensively addressed, this has been emphasized by the responsibility of the family as well as schools, neighborhoods, educational institutions, public organizations, every citizen, and the problem of family has been raised to the level of Public Policy.

Physical, spiritual, spiritual, sexual unpreparedness of young people in family life leads to the following negative consequences in family life: - increased divorce rates; - shortening of intermediate time in the adoption of women's children; - deterioration of mental and physical health; - decrease in the chances of marriage; - early marriage or late marriage, etc.

In our people, there is a transplant that the marriage is most read first in arshi a'la, and then read There. According to the age-old concepts of our fathers, marriage is a divine covenant, a family union. The main goal of building a family after marriage is the continuity of the human generation. Failure to be mistaken in entering into a marriage leads to the establishment of a strong family. A harmonious coexistence, honest work, a family based on correspondence play an important role in the upbringing of a person loyal to the work of a decent generation, a morally clean society, our progress, independence. Therefore, the main goal of preparing young people for the family is to ensure family peace, to bring up children in the family and to educate them as perfect people for the future, and to prevent divorce in the family.

And for this, the preparation of young people for family life they need to begin with the first years of their life, and when preparing for family life, it is necessary first of all to form a picture of young people's family life. Studies have shown that the perception of family life in adolescent girls has a negative impact on their readiness for real life due to lack of information in this area.

In the preparation of young people for family life, it is possible to offer a model "innovative preparation of young people for the family" in the formation of the correct imagination of the family before their division.



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