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# LIFELONG LEARNING – LLL – HELPS TO REALIZE PERSONAL AND PROFESSIONAL POTENTIAL

## Khusainova Firuza Toxirovna\*

Senior Teacher, Department General sciences and culture of the Tashkent State University of Law, UZBEKISTAN Email id: fayruzakhusainova@gmail.com

## ABSTRACT

This article is devoted to lifelong learning as a new form of education, which is now becoming more and more popular, the relevance of Lifelong Learning - LLL for the realization of personal and professional potential is substantiated.

**KEYWORDS:** Lifelong Learning, Formal, Informal and Informal Methods, Concept.

Train yourself for lifelong learning, The most valuable asset you will ever have is your intelligence and what you put into it.

Brian Tracy

## INTRODUCTION

Knowledge, skills, tools and practices have an extremely limited shelf life. The age of the students is growing, their professional and life experience is becoming more and more unique. In order to remain a sought-after specialist in the labor market, improve and expand your career prospects, remain active and be ready at any age to change or change professional activity, you need to reflect on the near future, regularly update and deepen your knowledge.

Renewal of knowledge should become a lifelong learning need.

Lifelong learning is the concept of continuous search and accumulation of new knowledge based on the personal or professional interests of a person, regardless of his age and field of activity, as well as Lifelong Learning - LLL - "All educational activities carried out throughout life, with the aim of improving knowledge, skills and competencies within a personal, civic, social and / or employment-related perspective".

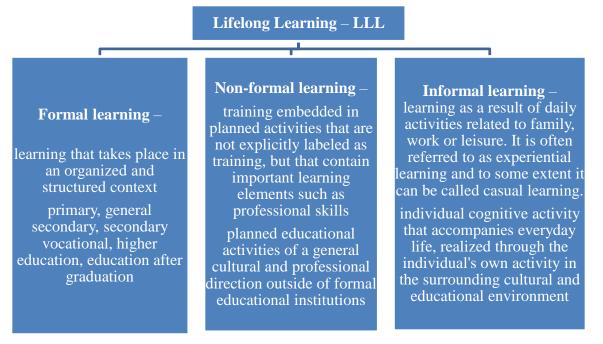


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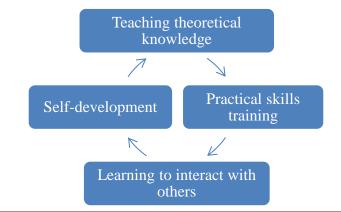
In action, this concept stimulates a person to personal growth, as well as to increase competitiveness in the labor market. It is based on an orientation towards personal development and the creation of favorable conditions for this development, the replacement of outdated ideas and approaches with new methods and progressive views, the use of all the achievements of technological development.

Due to the absence of any age, social and organizational restrictions, this global approach to education implies the continuous mastery of new knowledge, skills and abilities in the chosen direction and, as a result, a personal education system. There is no completed education, it lasts a lifetime, thereby allowing you to respond in time to all the innovations and changes in the modern information society.

Lifelong learning encompasses learning throughout the life cycle from early childhood to old age.



The concept of lifelong learning implies voluntary learning, therefore personal characteristics and the desire to learn are of great importance and allows us to distinguish four areas of learning:



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The purpose of the training is to provide a person with the opportunity to liberate the intellect, form an independent judgment, develop initiative, reveal potential and abilities.

A person who wants to stand out from the crowd should present himself as best as possible, show that he has the skills to do the job, and lifelong learning helps him in this.

To summarize all of the above, Lifelong Learning means consistency of lifelong learning in formal educational settings and beyond. The benefits of LLL are clear. It is an opportunity to adapt to changes in society. The person involved in the LLL process will keep pace with society, will be aware of changes in technology, news and political trends, finance, etc.Another advantage is career growth. New jobs and positions are being created all the time. Therefore, vacancies will be filled by employees who are the most competent and educated in their areas of work. Another advantage of LLL is life enrichment. People for whom lifelong education becomes second nature can count on an active and meaningful life. A person involved in the LLL process uses every opportunity to explore topics of interest to him.

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