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**PECULIARITIES OF MORPHOMETRIC CHARACTERISTICS OF
PHYSICAL DEVELOPMENT OF ELDERLY AND OLD AGE PERSONS
(REVIEW)**

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ABSTRACT

Most of the health problems faced by older people are associated with chronic conditions, especially noncommunicable diseases. While most older people will have numerous health problems over time, getting older does not mean addiction. Many of them are preventable or may occur later as a result of a healthy lifestyle. Other health problems can be effectively dealt with if they are identified early enough. And even for people with reduced vitality, a supportive environment can ensure a decent life and continued personal growth. However, the world is still very far from this ideal. Therefore, the problem of population aging requires a comprehensive response from health systems.

KEYWORDS: *Physical Development, Physical Inactivity, Bad Habits, Old And Senile Age.*

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