

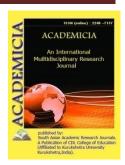
ISSN: 2249-7137 Vol. 11, Issue 10, October 2021 Impact Factor: SJIF 2021 = 7.492



# **ACADEMICIA**

An International Multidisciplinary Research Journal

(Double Blind Refereed & Peer Reviewed Journal)



DOI: 10.5958/2249-7137.2021.02146.7

# THE USE OF MODERN EDUCATIONAL TECHNOLOGIES IN THE ORGANIZATION OF PHYSICAL EDUCATION IS A GUARANTEE TO INCREASE THE EFFECTIVENESS OF EDUCATION

## Khatamov Zafarjon Nazirjonovich\*

\*Associate Professor, Kokand State Pedagogical Institute, etc, UZBEKISTAN

#### **ABSTRACT**

During the writing of this article, I looked at a lot of physical activity, as well as the organization of physical education classes, the attitude to this science, their study, to get acquainted with its peculiarities. In this article, I have tried to shed light on what we need to focus on in order to develop physical education teachers through professional competencies. They are short and limited in size, rich in content, and written in prose.

**KEYWORDS:** In Physical Education, Sports, Muscle, Training, Success, Sports Facilities, Tourism, Games. Subject Matter, Physical, Standards, Accomplished, Educator, Experienced, Inclusive Teaching, Develop Skills.

### **REFERENCES:**

- 1. "On Additional Measures to Improve the Quality of Education in Higher Education Institutions and Ensure Their Active Participation in the Comprehensive Reforms in the Country" of the President of the Republic of Uzbekistan dated June 5, 2018 Resolution No. PQ-3775.
- **2.** Resolution of the President of the Republic of Uzbekistan dated April 20, 2017 "On measures to further develop higher education."
- **3.** National training program. 463- I my son, 29.08.1997 y.
- **4.** Abdullaev A., XonkeldievSh.X. Theory and methods of physical education. Textbook. T-2005.168 p. Publishing and printing department of UzSWLU, 2005



ISSN: 2249-7137 Vol. 11, Issue 10, October 2021 Impact Factor: SJIF 2021 = 7.492

**5.** Muslimov N.A., Usmonboeva M.X., Sayfurov D.M., To'raev A.B. Innovative educational technologies. Tashkent: 2015. - 208 pages.

- **6.** Tojiev M., Khurramov A. Modern teaching methods used in the organization of the educational process on the basis of pedagogical technology. Methodical recommendation. T.: "Science and Technology", 2014,
- **7.** Xatamov Z.N. Sports and Action Games (Sports History) textbook. Kokand 2021. Fergana Publishing House
- **8.** Xatamov Z.N. Sports and moving games (handball). Kokand 2021. Fergana Publishing House
- **9.** Xatamov Z.N. Textbook "Sports competitions and refereeing." Kokand 2021. Fergana Publishing House.