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KEY LIMITATIONS AND IMPROVEMENT FACTORS IN THE INDIAN SPORTS AT THE INTERNATIONAL GAMES AND OLYMPICS

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ABSTRACT

Thousands of competitors from across the globe compete in summer and winter sports contests at the contemporary Olympic Games, which are the premier international athletic events. More than 200 countries compete in the Olympic Games, which are regarded as the world's premier sporting event. Every four years, the Olympic Games alternate between the Summer and Winter editions, with the Winter Games taking place every other year. For us Indians and for our nation, India's Olympic performance sounds terrible. Approximately 1.2 billion people live in India, making it the world's second-largest country by population (or about 1/6 of the global population). It's the world's largest democracy. But why is India so far behind in the quest for Olympic Glory while having a population of over a billion people? Every self-respecting Indian is aware of India's underwhelming performance in the Olympics.

Keywords: *International Games and India, Indian Sportsmen and Performance, India in Olympics*

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