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## THE MAIN FACTORS AND METHODS OF PERSONALITY SELF-EDUCATION

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### ABSTRACT

*This article reveals the essence, structure and driving forces, factors, methods of self-education; main directions, methods, resources and mechanisms of this process; the questions of the basic conditions of self-education of schoolchildren are raised; technologies of self-developing education and methods of organizing collective activities of children at school are proposed, stimulating self-knowledge, self-understanding and self-improvement of the individual.*

**KEYWORDS:** *Self-Control, Self-Stimulation, Self-Belief, Self-Hypnosis, Self-Exercise, Self-Confession, Self-Education, Self-Hypnosis, Self-Correction, Self-Control, Self-Observation, Self-Adjustment, Self-Commitment, Self-Organization, Self-Esteem, Self-Command, Self-Regulation, Self-Awareness.*

*Self-education is not something auxiliary in education, and its foundation. No one can bring up a person if he does not educate himself.*

**V. A. SUKHOMLINSKY**

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