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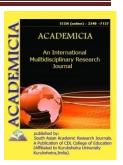
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MICRO ELEMENTAL IMBALANCE IN IRRITABLE BOWEL SYNDROME AND ITS CORRECTION

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ABSTRACT

The prevalence of IBS is very high and varies between 10-20% in different countries. As a result of the study, the imbalance of the elements in the tissues of patients with IBS was detected using the method of gamma spectrometry in the hair. Decreased levels of Ca, Mg, Fe, Zn, Cu, I, Mn, Co in patients with IBS compared to healthy people, and the elements P, Se, As, Ni are reliable. found to increase. Patients with IBS were corrected with element-preserving drugs such as Ca, Mg after the detection of element imbalance in the tissues. Positive results were obtained after complex treatment, and As in the tissues was reliably reduced.

KEYWORDS: Irritable Bowel Syndrome, Elemental Balance, Essential And Toxic Elements.

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