



ACADEMICIA
**An International
 Multidisciplinary
 Research Journal**
 (Double Blind Refereed & Peer Reviewed Journal)



DOI: 10.5958/2249-7137.2021.00647.9

THE HISTORICAL ROOTS OF SPIRITUAL EDUCATION OF YOUTH

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ABSTRACT

The article covers the origins of the Uzbek people, the stages of development, and the attitude to the education of young people. The teachings of Sufism cover the upbringing of children and its practical significance. In the Middle Ages, either during the khanate period or during the colonial period, it was a major trend. Berdakh believes that a person's personal happiness is related to the happiness of the people. The Uzbek people express their ideas of patriotism, sense of homeland, people's freedom, peace, liberty, peace in the legends "Tomaris" and "Shirak", such as honor, justice, faith, courage and bravery, devotion to the people.

KEYWORDS: *Khorezm, Sughd, Bactria, Parthia, Spirituality, Religion, Customs, Values, Language, Spiritual And Moral Education, Lifestyle, Art*

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