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## PEDAGOGICAL POSSIBILITY OF PHYSICAL QUALITIES EDUCATION IN PRESCHOOL CHILDREN

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### ABSTRACT

*The article shows the role of physical exercises in the development and strengthening of the musculoskeletal system of children and pedagogical possibility of physical qualities education in preschool children. Physical exercises have an educational value. Children develop attention and observation, develop strong-willed qualities, and develop character. Examples of exercises for preschool children are given.*

**KEYWORDS:** *Preschool Educational Institution, Physical Education, Physical Exercises, Attention And Observation, Child Development, Movement, Games.*

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