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INNOVATIVE TECHNOLOGIES IN PHYSICAL EDUCATION CLASSES

Abdullayev Oybek Kurbanovich*

*Teacher,
 Faculty of Physical Education,
 Kokand State Pedagogical Institute, UZBEKISTAN

ABSTRACT

The article discusses the importance of using modern pedagogical technologies in physical education and sports lessons, some recommendations on the formation of worldview and thinking, the formation of physical, spiritual and moral qualities.

KEYWORDS: *Pedagogical Technology, Innovation, Interactive Methods, Communicative Method, Interactive Methods, Interactive Training, Cognitive Methods, Experimental Activities, Motives, Modeling, Etc.*

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