## SOCIAL FACTORS OF LIFESTYLE FORMATION

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## ABSTRACT

The article examines the peculiarities of a person's lifestyle, factors influencing the process of its formation. According to the author, by the end of the last century - the beginning of the new century, the number of social factors that can radically change a person's lifestyle increased. Socio-economic, political and legal, spiritual and ideological processes and trends occurring in modern society lead to the transformation of a person's lifestyle.

**KEYWORDS:** Lifestyle, Lifestyle Features, Factors Influence, Degradation, Deformation, Standard Of Living.

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