

## THE EMERGENCE OF BADMINTON SPORTS AND THE STAGES OF ITS FORMATION

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### ABSTRACT

*The article discusses the mechanisms of development of valeological competencies of future physical education teachers, in which students learn how to solve problems related to valeological thinking, find optimal means and methods of problem solving, systematize observations and experimental results, plan independent work, the ability to monitor and analyze the results, the level of formation of skills in the use of new information technologies.*

**KEYWORDS:** *Physical Culture And Sports, The Emergence And Development Of Badminton, Competitions, National Cups, Championships, The Opinion Of Scientists.*

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