



**ACADEMICIA**  
**An International**  
**Multidisciplinary**  
**Research Journal**  
 (Double Blind Refereed & Peer Reviewed Journal)



**DOI: 10.5958/2249-7137.2021.01124.1**

**IN THE SYSTEM OF PROFESSIONAL QUALIFICATION OF A  
 MILITARY PEDAGOGUE - PSYCHOLOGICAL PROTECTION**

**Sukhrob Rustamjonovich Sadriddinov\***

\*Department of educational and psychological support of service activities,  
 University of Public Security of the Republic of UZBEKISTAN  
 Email id: Suxrob15155@mail.ru

**ABSTRACT**

*Psychological protection is a condition for psychological discomfort of a person and is divided into basic and acquired psychological protection types. Psychological protection is a form of behavior that defines the essence of the subject's psychological culture and life experience. Theoretical psychological protection is divided into two types: basic psychological protection and acquired (secondary) psychological protection. The main objective of psychological protection is to eliminate psychological discomfort expressed in a person. It can be constructively or destructively described.*

**KEYWORDS:** *Maturity, Physical Perfection, Spiritual Maturity, Psychological Maturity, Psychological Protection, Gender Distinction, Cognitive Behavior, Psychological Discomfort, Need, Experience, Situation, Coping Behavior.*

**REFERENCES:**

1. Granovskaya R. M. Aktualnost issledovaniya psihologicheskoy zashchity // Vestnik Baltiyskoy akademii. 1998. Vyp. 18. - S. 47-51.
2. Dotsenko E. L. Psychology manipulation: phenomena, mechanics and zashchita. - M.: Rech, 2004. - S. 104.
3. Kirshbaum E. I., Eremeeva A. I. Psihologicheskoy zashchita. - M.: Smysl, 2000. - S. 81.
4. Psychology. Slovar / Pod red. Petrovskogo A.V., Yaroshevskogo M.G. - M.: Politizdat, 1990. - S. 121.
5. Rubinstein S. L. Bytie i soznanie. - M.: Academia nauk, 1957. - S.231.

6. Samarov R., Sadriddinov S. Psychological Assistance: Scientific Problems and Approaches // Socio-humanitarian sciences in education system. 2014, 3rd issue. Pages 74-80.
7. Slovar inostrannyx slov (Okolo 10 000 Slov). - SPb. OOO Victoria plus. 2010. - S.248.
8. System analysis: theory and practice (in the case of pedagogical activity) / Monograph, Samarov R. and so on. - Tashkent: Literature sparks, 2017. - 14 - 15 pages.
9. Tulupeva T.V. Психологическая защита и особенности личности в роуны ранне Юнтысы. - SPb .: SPbGU, 2000. - S. 72-78.
10. Dotsenko E.L. Psychology manipulation: phenomena, mechanics and zashchita. - SPb: Rech, 2004. - 304 p.
11. Grachev G.V. Информационно-психологическая безопасность личности // Dis. ... doctor psychologist. nauk - M., - 456 h.