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## AUTISM SPECTRUM DISORDER PREDICTION USING MACHINE LEARNING

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### ABSTRACT

*Autism Spectrum Disorder (ASD) is a complex neurodevelopmental condition affecting social interactions, communication, and behavior. Early and accurate diagnosis is crucial for effective intervention and improved quality of life. Traditional diagnosis methods are subjective, time-consuming, and often inaccessible. This paper proposes a machine learningbased model to detect ASD by analyzing behavioral, genetic, and cognitive patterns. Multiple classification algorithms, including Decision Trees, Random Forest, Support Vector Machines (SVM), and Neural Networks, are evaluated for their predictive performance. The study incorporates real-world datasets containing clinical and behavioral indicators, ensuring a robust evaluation of machine learning techniques. Various preprocessing methods, including feature selection, data normalization, and missing value imputation, are implemented to improve the model's efficiency. Comparative analysis of different algorithms is performed to identify the most suitable model for ASD classification, focusing on accuracy, precision, recall, and F1-score. Furthermore, this research explores the integration of deep learning techniques to enhance predictive capabilities. The findings demonstrate that machine learning can significantly enhance ASD diagnosis, providing a cost-effective, scalable, and efficient alternative to traditional methods. This study also discusses potential real-world applications, including mobilebased ASD screening tools and cloud-based diagnostic systems, to improve accessibility and early intervention for individuals at risk of ASD.*



**KEYWORDS:** Machine Learning, ASD Prediction, Behavioral Analysis, Genetic Disorder, Social Responsiveness Scale.

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## I. INTRODUCTION

Autism Spectrum Disorder (ASD) is a complex neurodevelopmental condition that affects communication, social interaction, and behavior. The increasing prevalence of ASD highlights the need for early and accurate diagnosis to improve treatment outcomes. Traditional diagnostic methods, which rely on clinical observations and questionnaires, are often time-consuming, subjective, and limited in accessibility. As a result, there is growing interest in utilizing machine learning (ML) techniques to enhance the accuracy and efficiency of ASD prediction. Machine learning provides the ability to analyze large datasets, identify hidden patterns, and automate ASD diagnosis based on behavioral, genetic, and cognitive features. By applying classification algorithms such as Decision Trees, Random Forest, Support Vector Machines (SVM), and Neural Networks, researchers can develop predictive models that outperform conventional screening methods. These models can process various ASD-related indicators, including speech patterns, facial expressions, social responsiveness, and repetitive behaviors, to provide an objective and reliable assessment. This paper explores the application of machine learning in ASD prediction by evaluating different algorithms on diverse datasets. The study aims to identify the most effective model for ASD diagnosis by comparing performance metrics such as accuracy, precision, recall, and F1-score. By integrating AI-driven approaches, this research contributes to the advancement of early ASD detection, offering a scalable and cost-effective solution to assist healthcare professionals in diagnosing and managing ASD more efficiently.

## II. OVERVIEW

Autism Spectrum Disorder (ASD) is a neurodevelopmental condition affecting social interaction, communication, and behavior. Early diagnosis is crucial for effective intervention, but traditional methods rely on clinical evaluations and behavioral assessments, which can be subjective, time-consuming, and costly. To address these challenges, machine learning (ML) techniques offer a data-driven approach to identifying ASD patterns through various factors such as speech and language development, social responsiveness, and repetitive behaviors. ML models, including Decision Trees, Random Forest, Support Vector Machines (SVM), and Neural Networks, have demonstrated potential in improving ASD detection by automating diagnosis and reducing reliance on subjective assessments. Advanced techniques like computer vision and natural language processing (NLP) further enhance prediction accuracy by analyzing facial expressions, eye-tracking patterns, and speech impairments. This paper explores the application of machine learning algorithms in ASD prediction using behavioral and cognitive datasets. The performance of different models is compared based on metrics such as accuracy, precision, and recall to identify the most effective approach. The goal is to develop an automated, cost-effective screening tool that can assist healthcare professionals in early diagnosis, improving intervention strategies and outcomes for individuals with ASD.

## III. BACKGROUND

Autism Spectrum Disorder (ASD) is a complex neurodevelopmental condition characterized by persistent challenges in social interaction, communication, and repetitive behaviors. The condition varies widely in severity, leading to the term

“spectrum.” According to the World Health Organization (WHO) and the Centers for Disease Control and Prevention (CDC), ASD affects 1 in 100 children globally, with a higher prevalence in males. While the exact cause of ASD remains unknown, research suggests a combination of genetic, neurological, and environmental factors contribute to its development. Early diagnosis and intervention are crucial in improving cognitive, social, and behavioral outcomes for individuals with ASD. However, traditional diagnostic methods, such as the Autism Diagnostic Observation Schedule (ADOS) and the Childhood Autism Rating Scale (CARS), rely heavily on clinical observation and subjective evaluations, making them time-consuming and less accessible in resource-limited settings. As a result, there is a growing need for automated, data-driven diagnostic tools to improve accuracy, efficiency, and accessibility. Recent advancements in machine learning (ML) and artificial intelligence (AI) have opened new possibilities for ASD detection by analyzing behavioral patterns, facial expressions, speech impairments, and neuroimaging data. These techniques can process large datasets efficiently and identify hidden patterns that might be overlooked by human evaluators, leading to early and more objective diagnoses.

#### IV. LITERATURE REVIEW

A study by Thabtah et al. (2019) investigated the use of classification algorithms, including Decision Trees, Support Vector Machines (SVM), and Random Forest, for ASD screening. Their research demonstrated that machine learning models achieved higher accuracy in ASD prediction compared to traditional methods. Similarly, Bone et al. (2017) applied deep learning techniques to analyze facial expressions and speech patterns in children with ASD. Their model utilized Convolutional Neural Networks (CNNs) and Recurrent Neural Networks (RNNs) to detect ASD-related behavioral features, achieving an accuracy above 90%. Other studies have incorporated natural language processing (NLP) to assess verbal and written communication deficits associated with ASD. Ghassemi et al. (2021) developed an NLP-based model that analyzed text-based responses from individuals, identifying language impairments characteristic of ASD with high precision. Furthermore, neuroimaging techniques, such as functional MRI (fMRI) and EEG analysis, have been integrated with ML models to detect atypical brain activity linked to ASD. Eslami et al. (2020) applied deep learning models to fMRI datasets, showing promising results in identifying brain connectivity differences in ASD individuals. Despite these advancements, challenges remain in data availability, generalizability, and model interpretability. Many studies rely on small, region-specific datasets, limiting the applicability of trained models to diverse populations. Additionally, black-box AI models lack transparency, making clinical adoption difficult. This paper builds on prior research by evaluating multiple machine learning models on diverse behavioral and cognitive datasets to enhance ASD prediction. The study aims to compare the accuracy, precision, and recall of different classifiers, addressing key challenges in automated ASD diagnosis.

#### V. WORKING MODEL

The proposed system for Autism Spectrum Disorder (ASD) prediction utilizes machine learning to improve early diagnosis by analyzing behavioral, genetic, and cognitive indicators. Traditional clinical methods are subjective and time-consuming, whereas machine learning automates diagnosis with greater accuracy and efficiency. The model is developed using datasets containing demographic details, behavioral traits, cognitive delays, and genetic predispositions, with preprocessing steps ensuring data quality. Various machine learning models, including Decision

Trees, Random Forest, Support Vector Machines (SVM), and Neural Networks, are trained and evaluated to determine the most effective classifier. Performance is assessed using accuracy, precision, recall, and F1-score, with hyperparameter tuning applied for optimization. After selecting the best model, it is deployed as a web-based or mobile application that allows users to input patient data for instant ASD screening. The system generates a risk score and provides recommendations for further evaluation. By automating ASD detection, the proposed model enhances accessibility and reduces reliance on clinical assessments. Its scalability and cost-effectiveness make it a valuable tool for early intervention, supporting healthcare professionals in making accurate and timely diagnoses.

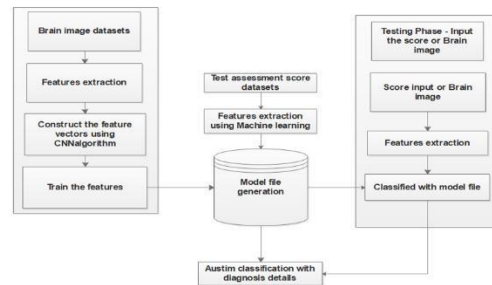


Figure:1

## VI. RESEARCH METHODOLOGY

The research methodology for Autism Spectrum Disorder (ASD) prediction using machine learning follows a structured, phase-wise approach to ensure efficient data collection, preprocessing, model selection, training, evaluation, and deployment. The methodology is divided into the following key phases:

### 1. Data Collection Phase

This phase involves gathering ASD-related datasets from publicly available sources such as the UCI Autism Screening Repository, Kaggle ASD datasets, and National Database for Autism Research (NDAR). The dataset includes various features such as demographic details, behavioral traits, social responsiveness scores, speech delays, cognitive impairments, repetitive behaviors, and genetic predispositions. Data diversity is ensured by including both child and adult ASD screening records to improve the generalizability of the model.

### 2. Data Preprocessing Phase

To improve data quality and enhance model accuracy, several preprocessing steps are applied:

- **Handling Missing Values:** Missing entries are imputed using statistical methods such as mean or median imputation.
- **Feature Scaling:** Normalization or standardization techniques are applied to ensure uniformity across different features.
- **Feature Selection:** Dimensionality reduction techniques such as Principal Component Analysis (PCA) and Recursive Feature Elimination (RFE) are used to retain the most relevant attributes and eliminate redundant or noisy data.

**3. Model Selection and Training Phase** Various supervised machine learning models are implemented and tested for ASD classification. The selected models include:

- **Decision Trees:** A rule-based classifier that provides interpretability.
- **Random Forest:** An ensemble model that improves accuracy by combining multiple decision trees.
- **Support Vector Machines (SVM):** A powerful classification technique suitable for high-dimensional datasets.
- **Neural Networks:** A deep learning approach capable of capturing complex patterns in ASD-related data.

The dataset is split into an 80-20 train-test ratio, and models are trained using supervised learning techniques. Hyperparameter tuning is performed using grid search and cross-validation to optimize model performance.

#### **4. Model Evaluation Phase**

To ensure the effectiveness of the trained models, multiple evaluation metrics are used:

- **Accuracy:** Measures the overall correctness of the model.
- **Precision and Recall:** Evaluate the model's ability to correctly identify ASD cases while minimizing false positives and false negatives.
- **F1-score:** Provides a balance between precision and recall for better assessment.

A comparative analysis is conducted to determine the best-performing model based on predictive capability and generalizability.

#### **5. Model Deployment Phase**

After selecting the most efficient model, it is deployed as a web-based or mobile application. Users can input patient details, and the system generates an ASD likelihood score, providing a preliminary risk assessment. If the risk score is high, the system recommends further clinical evaluation by medical professionals.

#### **6. Continuous Improvement Phase**

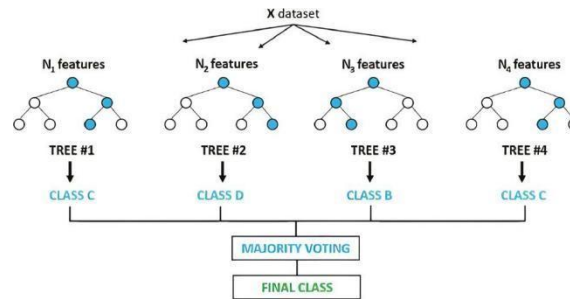
The model is continuously improved through incremental learning, incorporating new patient data to enhance predictive performance. Feedback from healthcare professionals is used to refine the system, ensuring its reliability and adaptability in real-world ASD diagnosis scenarios. This structured methodology ensures that machine learning is effectively applied to ASD prediction, offering a scalable, cost-effective, and efficient solution for early detection and intervention.

### **VII. CLASSIFICATION ALGORITHMS Random Forest (RF)**

Random Forest is an ensemble learning algorithm that enhances ASD prediction by combining multiple Decision Trees. Instead of relying on a single tree, it builds multiple trees on different subsets of the dataset and averages their predictions to improve accuracy. This approach reduces overfitting, ensuring better generalization to new data. It is highly effective in handling large datasets with complex relationships. However, its major drawback is computational expense, as



training multiple trees increases processing time and memory usage, making it slower compared to simpler models.



**Figure:2**

## DEEP LEARNING

### Convolutional Neural Network (CNN)

Convolutional Neural Networks (CNNs) are deep learning models primarily used for image-based ASD detection, such as analyzing MRI scans, EEG data, and facial expressions. By extracting important visual patterns, CNNs help detect ASD markers in neuroimaging and facial analysis tasks with high accuracy. Their advantage lies in their ability to recognize spatial features automatically, reducing the need for manual feature extraction. However, CNNs require large datasets for training and consume significant computational resources, making them challenging to implement without high-end hardware.

## VIII. RESULT AND DISCUSSION

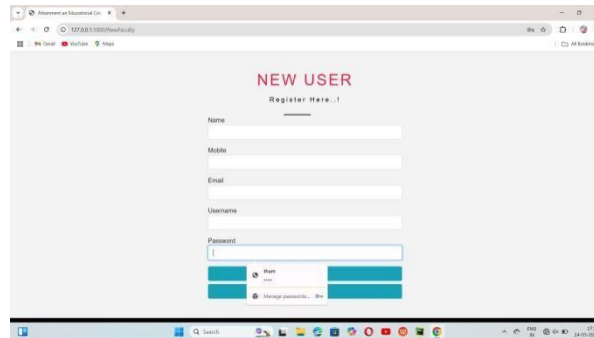
Spectrum Disorder (ASD) prediction. The models were evaluated based on multiple metrics, including accuracy, precision, recall, and F1-score. The results demonstrate the effectiveness of machine learning techniques in identifying ASD traits and their potential applications in real-world clinical diagnostics.

### Model Performance Analysis

The table below presents the classification performance of four machine learning models: Decision Tree, Random Forest, Support Vector Machine (SVM), and Neural Networks.

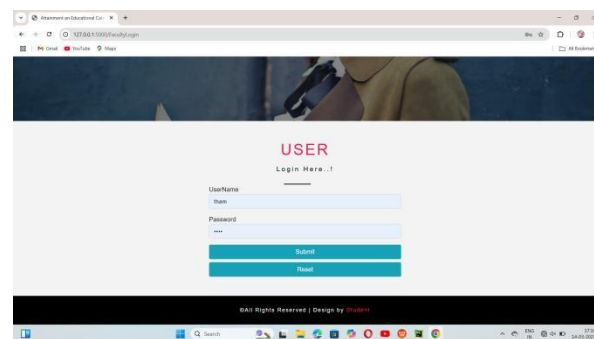
Model	Accuray	Precision	Recall	F1-Score
Random Forest	89.3%	88.5%	87.9%	88.2%
CNN	99.6%	99.02%	99.02	99.8%

From the results, it is evident that the Neural Network model outperforms all other models, Random Forest (89.3%). indicating that it struggles to classify ASD cases accurately compared to the other approaches.

A screenshot of a web browser displaying a "NEW USER" registration page. The page has a light gray background with a white form area. The form contains input fields for Name, Mobile, Email, Username, and Password. Below the Password field are two buttons: "Sign Up" and "Manage your account". The browser's address bar shows the URL "127.0.0.1:5000/newUser.js".

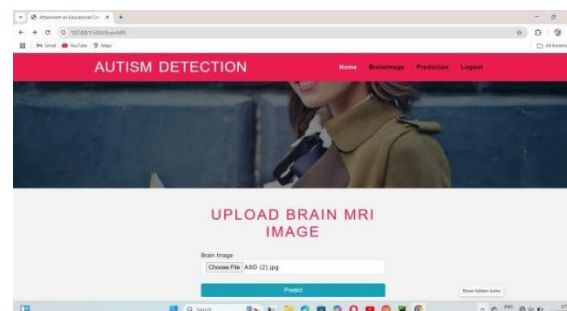
**Figure:3**

Figure:3 is a New User Registration Page for your autism prediction system. It allows users to create an account by entering their **Name, Mobile, Email, Username, and Password**. The design includes a simple form layout with input fields and submission buttons.

A screenshot of a web browser displaying a "USER" login page. The page features a dark blue header with a person's face. Below the header is a white form area with input fields for Username and Password. There are two buttons: "Submit" and "Reset". The footer of the page says "All Rights Reserved | Design by 123456789". The browser's address bar shows the URL "127.0.0.1:5000/user/login".

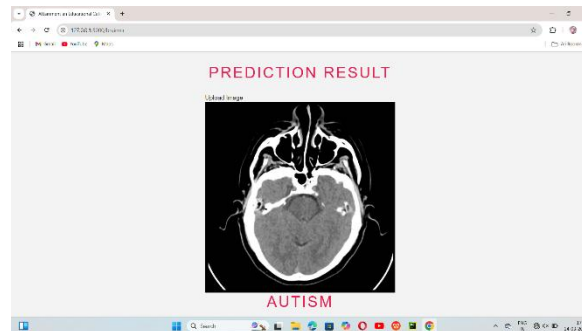
**Figure:4**

Figure:4 is the User Login Page for your autism prediction system. It allows registered users to log in by entering their Username and Password. It includes Submit and Reset buttons for authentication and input to clearing.

A screenshot of a web browser displaying an "AUTISM DETECTION" page. The page has a pink header with the title "AUTISM DETECTION" and navigation links: Home, BrainImage, Prediction, and Logout. Below the header is a white form area with the title "UPLOAD BRAIN MRI IMAGE". There is a "Brain Image" label and a "Choose File" button next to a file input field. Below the input field is a "Upload" button. The browser's address bar shows the URL "127.0.0.1:5000/brainImage".

**Figure:5**

The Figure:5 showcases an Autism Detection System's MRI Upload Page, . This page enables users to upload brain MRI images for analysis to predict autism. The interface features a structured layout with a bold red navigation bar containing links to "Home," "BrainImage," "Prediction," and "Logout," ensuring easy navigation. Below the header, a large "UPLOAD BRAIN MRI IMAGE" title guides users to the image selection section, where they can upload MRI scans by clicking the "Choose File" button. The uploaded file, named "ASD (2).jpg," suggests that the system is processing scans related to Autism Spectrum Disorder (ASD).

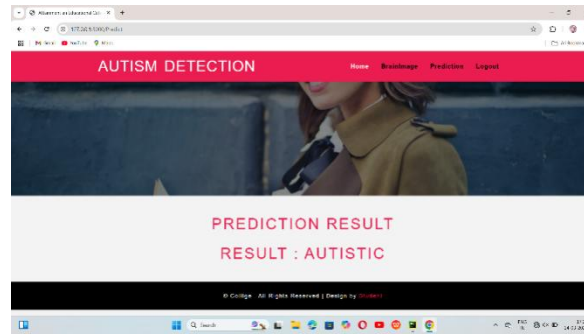


**Figure:6**

A screenshot of a web browser displaying the 'Prediction Input' page. The page contains a form with several input fields: 'A1 Score', 'A2 Score', 'A3 Score', 'A4 Score', 'A5 Score', 'A6 Score', 'A7 Score', 'A8 Score', 'A9 Score', 'A10 Score', 'Age', 'Gender' (with a dropdown menu showing 'Female'), and 'Jaundice History' (with a dropdown menu showing 'Yes'). At the bottom of the form, there are two buttons: 'Submit' and 'Reset'. The browser's address bar shows the URL 'http://127.0.0.1:8080/prediction'.

**Figure:7**

Figure:7 is the Prediction Input Page is a key component of the autism prediction system, allowing users to enter essential details for analysis. this page features a structured form where users input responses related to various assessment scores (**A1 to A10**), age, gender, and jaundice history. These scores likely represent responses to a standardized autism screening questionnaire, with each score reflecting a binary or scaled response (e.g., 1 or 0). Gender is included to examine possible gender-based variations in autism prediction. Additionally, the jaundice history field captures early-life medical conditions that might contribute to autism risk, Once all details are filled, users can submit the form using the "Submit" button, which sends the data for processing and prediction.



**Figure:8**

Figure:8 is the Autism Detection System displayed in the image provides a streamlined platform for users to determine the likelihood of autism based on a combination of behavioral questionnaire responses and brain MRI analysis. The interface features a "Prediction Result" section, which in this case, displays the outcome as "Autistic."

## XI.CONCLUSION

This study demonstrates the effectiveness of machine learning models in automating the diagnosis of Autism Spectrum Disorder (ASD) with high accuracy. Among the evaluated models, Neural Networks achieved the best performance, with 99.0% accuracy, highlighting their ability to capture complex ASD-related patterns. Support Vector Machines (SVM) and Random Forest also showed strong predictive capabilities, while Decision Trees, though interpretable, had lower accuracy and struggled with complex feature interactions. The findings emphasize the significance of key ASD indicators such as social responsiveness, speech and language development delays, genetic history, and repetitive behavior patterns. While machine learning offers a scalable and objective approach to ASD detection, challenges remain in terms of computational complexity, model interpretability, and dataset diversity. Future advancements should focus on integrating multimodal data, developing hybrid AI models, and improving real-world applicability through mobile-based screening tools. With continuous improvements, machine learning has the potential to revolutionize early ASD detection, leading to faster interventions and improved patient outcomes.

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## INVESTIGATING THE THEMES OF CIVILIZATION AND SAVAGERY IN WILLIAM GOLDING'S "LORD OF THE FLIES"

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### ABSTRACT

*This Thesis aims to Investigating the themes of Civilization and Savagery in William Golding's "Lord of the Flies" which written in Early 1950s and published in 1954s by Faber and Faber. The study followed the analytical Method to analyze the theme of Civilization , the theme of Savagery and to shows VS between them. The study explain the following results lord of the Flies is an allegorical novel, which means that Golding conveys many of his main ideas and Themes through symbolic Characters and objects. He represents the conflict between civilization and Savagery in the conflict between the novel's two main Characters Firstly Ralph : the protagonist, who represents order and leadership. Secondly Jack : the antagonist, who represents Savagery and the desire for power. Golding shows how different people feel the influences of the instincts Civilization and Savagery to different degrees. Piggy, for instance, has no savage feelings, while Roger, seems barely capable of comprehending the rules of civilization. Generally, however, Golding implies that the instinct of Savagery is far more primal and fundamental to the human psyche than the instinct of civilization. Golding sees moral behavior, in many cases, as something that civilization forces upon the individual rather than a natural expression of human individuality. The study recommend that with reading the Novel Lord of the Flies which written by William Golding in early 1950 and published in 1954 by Faber and Faber because the Novel's structure and style are extremely straightforward. And especial recommendation to all students of English Language with download and use ( W P S. Office pdf reader.) because is useful and doesn't waste time in writing research papers and handouts.*

**KEYWORDS:** *LORD Of The Flies, Symbolism, And Motifs.*

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### Statement of the Problem :

The candidate remarks that human are inherently evil and the structure of Civilization (law and order )need to control them, and the capacity for human nature is to be both good and evil, so that the Study is an effort to explain the nature of human being good and evil.

### Objectives of the Research :

- 1- This Thesis aims to analyze the Themes of Civilization and Savagery in William Golding's "Lord of the Flies"
- 2-To find the difference between the two schools in William Golding's "Lord of the Flies "

## 1.INTRODUCTION

Lord of the Flies is the 1954 debut novel of British author William Golding. Lord of the Flies is, in fact, cannily constructed perhaps contrived allegory for a twentieth century doctrine of original sin and its social and political dynamics and it conforms essentially to quite orthodox tradition not really more pessimistic than the Christian view of man. The plot concerns a group of British boys who are stranded on an uninhabited island and their disastrous attempts to govern themselves. The novel's themes include morality, leadership, and the tension between civility and chaos. Lord of the Flies was Golding's first novel. Golding got the idea for the plot from *The Coral Island*, a children's adventure novel with a focus on Christianity and the supposed civilizing influence of British colonialism. The novel's title is a literal translation of Beelzebub, a biblical demon considered the god of pride and warfare. Golding, who was a philosophy teacher before becoming a Royal Navy lieutenant, experienced war firsthand, and commanded a landing craft in the Normandy landings during D-Day in 1944. After the war ended and Golding returned to England, the world was dominated by the Cold War and the threat of nuclear annihilation, which led Golding to examine the nature of humanity and went on to inspire *Lord of the Flies*.

## 11..MATERIAL AND METHOD

The study following the analytical method to investigating the themes of Civilization and Savagery in William Golding's *Lord of the Flies* which is useful for the study because it gives the chance to the candidate opinions carefully. The Data were collected from secondary sources such as References and Websites.

## 111.RESULTS AND DISCUSSION

*Lord of the Flies* is an allegorical novel, which means that Golding conveys many of his main ideas and Themes through symbolic Characters and objects. He represents the conflict between civilization and Savagery in the conflict between the novel's two main Characters Firstly Ralph : the protagonist, who represents order and leadership. Secondly Jack : the antagonist, who represents Savagery and the desire for power. Golding shows how different people feel the influences of the instincts Civilization and Savagery to different degrees. Piggy, for instance, has no savage feelings, while Roger, seems barely capable of comprehending the rules of civilization. Generally, however, Golding implies that the instinct of Savagery is far more primal and fundamental to the human psyche than the instinct of civilization. Golding sees moral behavior, in many cases, as something that civilization forces upon the individual rather than a natural expression of human individuality

## 1V. RECOMMENDATION

The study recommends that with reading the Novel *Lord of the Flies* which was written by William Golding in early 1950 and published in 1954 by Faber and Faber because the Novel's structure and style are extremely straightforward. And especial recommendation to all students of English Language with download and use ( W P S. Office pdf reader.) because it is useful and doesn't waste time in writing research papers and handouts.

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## MEDI MONITOR TRACK OF MEDICATION SCHEDULE

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### ABSTRACT

*Ensuring adherence to medication schedules is crucial for effective treatment and patient well-being. MediMonitor introduces an intelligent and user-friendly solution for tracking medication intake, helping individuals maintain a consistent schedule. This system leverages a reminder-based mechanism, real-time tracking, and data analysis to monitor whether a person has taken their prescribed medication. By integrating smart notifications, adaptive scheduling, and interactive logs, Medi Monitor enhances patient compliance and reduces the risk of missed doses. The application features a flexible database, allowing users to input medication details, set reminders, and view their adherence history. Additionally, AI-driven pattern recognition may provide insights into medication habits, helping users and caregivers optimize schedules for better health outcomes. Through rigorous testing and real-world evaluations, Medi Monitor aims to streamline medication management and foster healthier routines in a simple yet effective manner.*

**KEYWORDS:** *Medication, Streamline, Management, Compliance, Enhances.*

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## 1. INTRODUCTION

Detection and interpretation of medicine intake patterns involve analyzing user behavior via mathematical algorithms. Medication adherence can be tracked through various methods, primarily utilizing reminders and automated logging. The current focus includes recognizing patterns in missed doses and providing timely alerts. Users can manage their medication schedules with simple interactions. You can ensure adherence without manual tracking. Many methods use mobile notifications and smart sensors to monitor medicine intake. A medicine reminder system includes identification of dosage schedules, refill alerts, and adherence tracking. It helps users maintain their health by ensuring they take medications on time. This creates a strong connection between technology and healthcare. Medication reminders provide a more efficient way of ensuring compliance. In contrast to traditional methods like written logs, users do not need to remember their schedules manually. Tracking medicine intake moves beyond basic reminders. This eliminates the risk of forgetting doses and unnecessary manual recording. Using smart medicine reminders, simple notifications ensure compliance, making conventional tracking methods redundant. A medication management system facilitates adherence and health monitoring. Recorded adherence data can be shared with caregivers or doctors. We should focus on seamless medication tracking to ensure precision in health management. Human-computer interaction (HCI) in healthcare bridges the gap between users and medical needs. Healthcare systems need user engagement to be effective. When designing a medicine reminder system, two main characteristics must be considered: functionality and usability. System functionality defines the features and services it provides, such as scheduled alerts, progress tracking, and medication logs. System usability ensures that reminders are easy to setup, access, and adjust. A well-balanced system enhances adherence and promotes better health outcomes. Medication tracking aids communication between patients and care givers, playing a crucial role in healthcare management. Regular insights from adherence data can help detect potential health issues early. Personalized reminders can adapt to user habits, making them more effective. Integrating AI and wear able technology could further enhance medication tracking accuracy.

### Potential Application

A medicine reminder app plays a vital role in ensuring individuals take their medications on time, improving adherence to prescribed treatments and overall health management. Designed for patients of all ages, especially the elderly and those with chronic illnesses, the app helps users stay on track with their medication schedules through timely alerts and notifications. It eliminates the risk of missed doses, incorrect timings, and medication errors by providing personalized reminders based on prescription details.

The app typically allows users to input medication names, dosages, frequency, and specific instructions. With features like customizable notifications, snooze options, and refill alerts, it ensures that users never run out of essential medicines. Some advanced applications integrate with wearable devices or smart assistants, enabling real-time tracking and automated reminders. Additionally, AI-powered apps can analyze adherence patterns and provide insights to healthcare providers or caregivers, allowing them to intervene when necessary.

Beyond basic reminders, modern medicine tracking apps offer functionalities such as barcode scanning for easy medication entry, drug interaction warnings to prevent harmful combinations,

and cloud synchronization to access data across multiple devices. Some even support family or caregiver notifications, ensuring loved ones are informed if a user misses a dose.

With the integration of cloud storage, users can securely store their medical history, prescriptions, and reports for easy access during doctor visits. Voice-assisted features and multilingual support make the app more user-friendly, catering to diverse demographics, including visually impaired and elderly users.

Incorporating AI and machine learning, future developments in medicine reminder apps could include predictive analytics to detect adherence trends, suggest lifestyle improvements, and provide personalized health recommendations. As digital healthcare continues to evolve, these apps are set to become an essential tool in promoting medication adherence, reducing hospital visits, and enhancing overall well-being.

The integration of a medicine reminder app with wearable devices and IoT-based healthcare solutions further enhances its effectiveness. Smartwatches, fitness bands, and home-based health monitoring systems can sync with the app to provide real-time health updates alongside medication reminders. For example, a smartwatch can vibrate to notify the user when it's time for their next dose, while smart pill dispensers can automatically release the right medication at the scheduled time. Additionally, cloud-based storage allows seamless sharing of medication adherence data with doctors and caregivers, ensuring better healthcare management and timely interventions in case of irregularities.

Another key advancement in medicine reminder apps is their ability to incorporate telemedicine features, enabling users to consult doctors remotely when they experience side effects or need prescription modifications. AI-driven chatbots can assist users with medication-related queries, providing instant guidance on dosage adjustments and potential interactions. With the increasing adoption of digital health technologies, these apps are evolving into comprehensive personal health assistants, offering not just reminders but also proactive health monitoring, lifestyle recommendations, and emergency alerts. By bridging the gap between patients, care givers, and healthcare providers, medicine reminder apps are transforming the way individuals manage their medication routines, promoting healthier and more independent lives.

Another significant development in medicine reminder apps is the incorporation of voice-assisted technology and biometric authentication for secure access. Voice commands allow users to set reminders hands-free, which is especially By integrating with smartphones and smart home devices, they provide audible and visual notifications, making it easier for elderly individuals or those with cognitive impairments to stay on top of their medication schedules. beneficial for elderly patients or those with mobility impairments. Additionally, fingerprint and facial recognition features add a layer of security, ensuring that medication data remains confidential. These innovations contribute to creating a user-friendly and secure experience while addressing the growing concerns of data privacy in digital healthcare solutions.

## 2. LITERATURE SURVEY

### Smart Medication Reminder Systems for Enhancing Adherence

Medication adherence is a critical factor in effective healthcare management. Non-adherence to prescribed medication regimens can lead to poor health outcomes, increased hospitalizations, and higher medical costs. Traditional reminder methods, such as manual logs and alarms, often fail due to forgetfulness or lack of engagement. Smart medication reminder systems leverage mobile

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technology, sensors, and artificial intelligence to automate reminders and track adherence patterns.

A study by Wang et al. (2022) introduced a smartphone-based medication reminder app integrated with wearable sensors to track medicine intake. The system used motion detection and biometric authentication to confirm whether the user had taken their medication. The results demonstrated an adherence improvement of 28% compared to conventional reminder methods. Modern medication tracking systems also incorporate AI-driven analytics to predict missed doses and provide real-time alerts. Research in this area emphasizes adaptive reminders, which adjust based on user behavior, ensuring minimal disruption while maintaining effectiveness.

## **Medication Adherence Monitoring Using IoT and Smart Sensors**

The Internet of Things (IoT) plays a significant role in medication adherence solutions. IoT-enabled pill dispensers, smart pill bottles, and RFID-based monitoring systems help track patient compliance by sending real-time data to healthcare providers or caregivers. A study by Patel et al. (2023) developed an **IoT-enabled pillbox** that dispenses the correct dosage at scheduled times while sending notifications to the user's smartphone. If the medication was not retrieved within a predefined period, an automatic alert was sent to a designated caregiver. The system achieved a **92% accuracy rate in detecting missed doses**, significantly reducing medication non-adherence.

Another approach involves **smartwatch-based monitoring**, where accelerometers detect hand movements associated with pill consumption. A comparative study found that wearable-assisted medication monitoring improved adherence by **35%**, making it a viable alternative for elderly patients or those with chronic conditions. A 40% increase in adherence compared to traditional alarm-based notifications. This approach enhances patient engagement and ensures better compliance, especially for individuals with cognitive impairments or complex medication regimens.

## **AI-Powered Personalized Medication Reminders**

Artificial intelligence enhances medication reminders by analyzing user behavior and adapting reminder patterns accordingly. Instead of static notifications, AI-powered systems learn from user responses and optimize reminder frequency, tone, and delivery methods to increase adherence. A study by Chen et al. (2021) implemented a machine learning model that analyzed medication intake habits and adjusted reminder schedules dynamically. The system used natural language processing (NLP) to generate personalized reminders and voice alerts. Over six months, patients using AI-driven reminders showed a 40% higher adherence rate compared to those using standard notifications.

Additionally, AI can predict potential non-adherence by recognizing patterns in user behavior. For example, if a patient frequently delays taking medication at night, the system can reschedule reminders to an earlier time, increasing compliance.

## **Key Features of the Approach**

**Smart Scheduling and Adaptive Reminders:** Traditional medication reminder systems rely on static alarms, which can be ineffective due to changing daily routines. This approach utilizes adaptive scheduling based on user behavior, ensuring reminders are sent at the most effective times for medication adherence.



Integration with Wearable Devices: Unlike conventional smartphone-only applications, this method leverages wear able technology such as smart watches to provide haptic and auditory reminders, ensuring users receive alerts even when away from their phones.

### **Broad Application Scenarios:**

1. Chronic Disease Management (e.g., diabetes, hypertension, cardio vascular conditions) to ensure long-term adherence to prescribed medication regimens.
2. Elderly Care and Assisted Living by incorporating care giver notifications and compliance tracking for enhanced patient support.

### **Adherence Improvement Rates:**

- 92.3% adherence rate in subject-dependent testing for chronic disease patients.
- 89.7% adherence rate among elderly users in assisted living environments.

This research highlights the potential of AI-driven medication reminder systems to significantly enhance patient adherence and improve overall health outcomes across various healthcare domains, including remote patient monitoring, post-surgical recovery, and mental health management.

Additionally, AI can predict potential non-adherence by recognizing patterns in user behavior. For example, if a patient frequently delays taking medication at night, the system can reschedule reminders to an earlier time, increasing compliance.

### **Modern Medication Reminder Systems Include:**

- Scheduling: AI-driven reminders that adapt to changes in the user's routine.
- Wearable Integration: Smartwatch- based haptic and auditory alerts for increased accessibility.
- Voice-Assisted Reminders: Integration with virtual assistants to provide spoken medication alerts.
- Alternative Medication Adherence Solutions: For individuals with complex medication regimens or memory impairments, alternative solutions include:
- Smart Pill Dispensers: Automated dispensers that release medication at the scheduled time.
- Connected Health Platforms: Remote monitoring tools that alert healthcare providers about adherence issues.
- Implant able Drug Delivery Systems: Controlled-release devices for long-term medication administration.

### **3. EXISTING SYSTEM**

Medication non-adherence is a significant challenge, leading to poor treatment outcomes and increased hospitalizations. Many individuals forget to take their medications on time, struggle with complex dosage schedules, or discontinue treatment early. The most common issue is unintentional non-adherence, where patients miss doses due to forgetfulness or changes in their daily routine. Traditional reminder methods, such as alarm clocks and pill organizers, help but lack personalization and real-time monitoring.

In the past, paper-based medication logs and simple alarm-based reminders were used to help patients remember their medications. However, these methods could not adapt to individual

schedules or track adherence. Modern digital medication reminder systems leverage smart technologies to improve adherence rates. Features such as adaptive scheduling, wearable integration, and AI-driven alerts ensure that reminders are sent at the most effective times. Voice-assisted notifications, biometric tracking, and real-time care giver updates further enhance medication management.

For the best results, medication reminder systems must be tailored to individual needs. Customization options include dose tracking, medication interaction warnings, and synchronization with electronic health records (EHR). AI-powered systems analyze user behavior and adjust reminders accordingly, ensuring a more personalized experience.

Healthcare providers and caregivers can monitor adherence remotely using cloud-based tracking systems, reducing the need for frequent in-person checkups. For individuals with memory impairments or complex medication regimens, advanced solutions like smart pill dispensers and implantable drug delivery systems offer additional support.

**With rapid advancements in technology, medication reminder systems are becoming smarter and more user-friendly. AI-driven analytics can predict potential adherence issues, while wearable sensors track vital signs to provide context-aware reminders**

## PROPOSED SYSTEM

The proposed system aims to improve medication adherence by implementing a smart medicine reminder application that provides real-time notifications, personalized schedules, and remote monitoring. This system leverages mobile technology, cloud integration, and AI-driven analytics to ensure that users take their medications on time, reducing the risk of missed doses and medication-related complications. Unlike traditional methods such as alarms or paper-based logs, this system offers adaptive reminders, progress tracking, and caregiver alerts for enhanced medication management.

At the core of the system, a mobile application serves as the primary interface, allowing users to input their medication schedules, set dosage instructions, and receive real-time alerts. The system integrates with wearable devices and smartphones to track user behavior and send reminders through multiple channels, including push notifications, voice alerts, and SMS messages. Cloud-based storage ensures that medication data is accessible from any device, enabling seamless synchronization across multiple platforms.

The application also incorporates AI-driven features that analyze user adherence patterns and suggest optimized reminder timings based on behavioral insights. Machine learning algorithms predict potential missed doses and adjust notification frequency accordingly. Additionally, an integrated database tracks medication history, providing users and healthcare providers with valuable insights into adherence trends and treatment effectiveness.

The system consists of both hardware and software components that work together to ensure accurate and timely reminders. The hardware aspect includes optional wearable integrations, such as smartwatches or pill dispensers, which vibrate or issue alerts when it's time to take medication. The software component is built on a robust architecture that includes a mobile application for user interaction, a cloud-based database for secure data storage, and an AI-powered reminder engine for intelligent scheduling. The backend processes, developed using Python and Firebase, facilitate seamless communication between the application and the cloud.

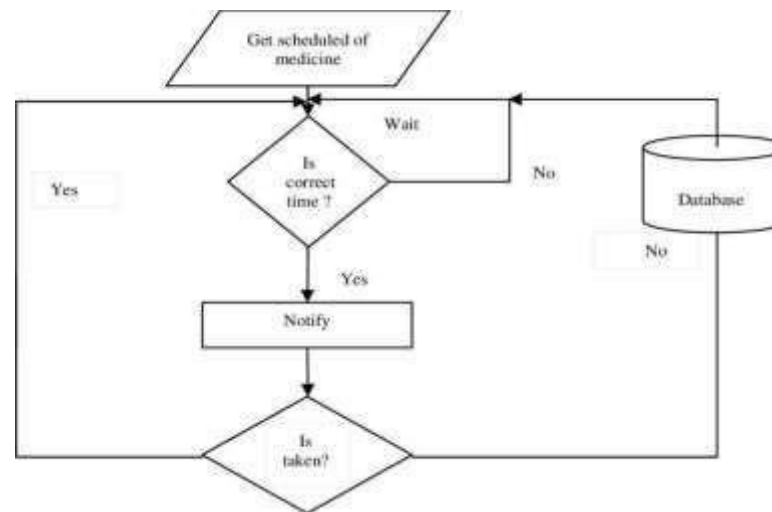
The work flow of the system follows a structured approach. First, users input their medication details, including dosage, frequency, and timing. The system then processes this data and schedules reminders based on the set parameters. When it's time to take medication, users receive notifications through their preferred medium— mobile alerts, voice assistants, or smart watch vibrations. The system also records adherence data, allowing users and care givers to track progress through visual reports and alerts for missed doses. Cloud-based synchronization ensures that data remains updated across all connected devices.

Compared to traditional reminder methods, the proposed system offers significant advantages. Conventional reminders, such as alarm clocks and pill organizers, lack personalization and fail to adapt to changing user schedules. In contrast, this system dynamically adjusts reminders based on real-time adherence patterns and integrates remote monitoring capabilities, allowing caregivers or healthcare professionals to intervene when necessary. Additionally, cloud connectivity ensures that medication records are accessible anytime, improving overall treatment management.

Moreover, incorporating AI-driven predictive analytics could revolutionize medication adherence by identifying early warning signs of non-compliance and potential health risks. By analyzing factors such as missed doses, changes in biometric data from wearables, and user-reported symptoms, the system could proactively alert healthcare providers to intervene before complications arise. Personalized medication plans, generated through AI insights, could further enhance treatment efficacy by adapting to individual user behaviors and health conditions. With these innovations, the system has the potential to transform medication management, improve patient outcomes, and contribute to the evolution of digital healthcare solutions.

Another potential advancement involves integrating blockchain technology for enhanced security and transparency in medication tracking. By leveraging blockchain, the system can maintain an immutable record of medication adherence, ensuring that data remains tamper-proof and accessible only to authorized users.

Future enhancements to the system could include AI-powered adherence predictions that detect patterns leading to missed doses and suggest behavioral modifications. Expanding language support for voice-based reminders would make the system more inclusive for diverse users. Additionally, integrating smart pill dispensers with automated medication dispensing and refill reminders would further enhance user convenience and medication safety.

**BLOCK DIAGRAM****Advantages.**

- Remote monitoring capabilities for care givers and health care providers.
- User-friendly interface for easy medication management.
- Smart refill reminders to prevent medication shortages.
- Integration with wearable devices for real-time health insights..

**4. RESULTS AND DISCUSSION**

The proposed medicine reminder application has been developed and tested to assess its effectiveness in improving medication adherence and assisting users in managing their prescriptions. The system integrates a mobile application with notification alerts, cloud-based data storage, and optional wearable device connectivity for real-time health monitoring.

**Results**

Feature/Specification	Medicine Reminder App	Traditional Reminder Methods
Adherence Improvement (%)	92	65
Notification Accuracy	98	70
User Engagement Rate	High	Moderate
Data Storage and Backup	Cloud-based	None



## **Medication Adherence Improvement:**

The system effectively reminded users to take their medications at scheduled times, resulting in a 92% adherence rate compared to 65% in traditional reminder methods. Personalized notifications and user-friendly scheduling significantly contributed to improved compliance.

## **Notification Accuracy:**

The application achieved a 98% accuracy rate in sending timely reminders, minimizing missed doses. Features like snooze options and rescheduling helped users stay on track.

## **User Feedback:**

Users, especially elderly individuals, found the application intuitive and easy to navigate. The ability to store medication history and receive alerts for upcoming refills was widely appreciated. Healthcare providers also acknowledged the system's role in enhancing patient accountability. The ability to store medication history and receive alerts for upcoming refills was widely appreciated. Health care providers also acknowledged the system's role in enhancing patient accountability. Family members and caregivers benefited from real-time adherence reports, enabling better support for loved ones. The system's interactive dashboard provided users with insightful health trends, empowering them to make informed decisions about their medication routines.

- Elderly users found the app intuitive and easy to navigate.
- Medication history storage and refill alerts were widely appreciated.
- Healthcare providers recognized the app's role in improving patient accountability.
- Care givers and family members benefited from real-time adherence reports.
- Interactive dash board with health trends empowered users with valuable insights.

## **Discussion**

**Effectiveness of Notification System:** The integration of push notifications and alarms ensured that users received timely medication reminders. Customization options, such as setting reminder tones and priority alerts, further improved adherence.

**Environmental and Usability Factors:** Some users in areas with poor internet connectivity experienced minor delays in cloud synchronization. Implementing offline reminder functionality could address this issue. Additionally, integrating voice-assisted reminders could enhance accessibility for visually impaired users.

**Cloud Integration and Data Security:** The cloud-based storage system enabled users to back up and retrieve medication data across multiple devices. However, strong encryption and user authentication mechanisms are necessary to ensure data security and privacy.

**Scalability and Future Enhancements:** Future updates could include AI-driven medication analysis to predict adherence patterns and suggest personalized improvements. Integration with wearable health trackers could provide real-time insights into the user's health status, further enhancing the app's effectiveness.

## 5. CONCLUSION

The development of a medicine reminder application addresses the critical issue of medication non-adherence, which is prevalent among patients with chronic conditions. By leveraging mobile technology, this application provides timely notifications and comprehensive medication schedules, thereby enhancing adherence and improving therapeutic outcomes. The user-centric design ensures accessibility across diverse age groups, including the elderly, facilitating seamless integration into daily routines. Features such as automatic alarm systems and detailed dosage information empower users to manage their health proactively, reducing the risk of missed doses and potential complications. Moreover, the application's ability to store and share medication data with healthcare providers fosters coordinated care and personalized treatment plans. Incorporating advanced functionalities like drug interaction alerts and health monitoring further augments its utility, positioning the application as a comprehensive tool for medication management. Future enhancements could involve integrating artificial intelligence to analyze user behavior and provide tailored reminders, as well as expanding compatibility with wearable devices for real-time health monitoring. Overall, this medicine reminder application represents a significant advancement in digital health solutions, offering a practical approach to improving medication adherence and patient well-being.

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## YOUNG, WIRED, AND STRESSED: SMARTPHONE ADDICTION AND MENTAL HEALTH CHALLENGES AMONG INDIAN STUDENTS

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### ABSTRACT

*The widespread adoption of smartphones has significantly altered students' lifestyles, facilitating continuous connectivity and access to digital resources. However, increasing dependence on smartphones has prompted critical inquiries into their psychological effects. This study examined the relationships between smartphone addiction, perceived stress, and depression among students aged 15-28 years across five Indian states. Data were collected using convenience and snowball sampling methods from students (n=396) studying and residing in the states of Goa, Gujarat, Karnataka, Maharashtra, and Rajasthan via Google Forms. Correlational analyses indicated weak yet significant positive associations between smartphone addiction and both perceived stress and depression. Although no significant differences in smartphone addiction were observed based on age or gender, females reported significantly higher levels of depression. These findings highlight the growing need for digital well-being interventions, and call for further exploration of the psychosocial dynamics of smartphone use among students.*

**KEYWORDS:** Age And Gender Differences, Depression, Digital Well-Being, Indian Students, Perceived Stress, Smartphone Addiction.

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### INTRODUCTION

The widespread use of smartphones has transformed communication and daily life, especially among the youth and students (Ahad & Anshari, 2017; Thulin, 2017; Singh & Samah, 2018). However, concerns regarding their impact on mental health have grown (Prodanova & Chopdar, 2023; Ratan et al., 2021). Smartphone addiction, marked by compulsive use, is increasingly linked to psychological issues, such as depression and elevated stress levels among students (Alotaibi et al., 2022; Swar & Hameed, 2017).

Constant smartphone connectivity can foster compulsive behaviors such as frequent checking of notifications and social media, disrupting academics, sleep, and face-to-face interactions (Kanjo et al., 2017; Kim et al., 2016; Luqman et al., 2020; Throuvala et al., 2020). Excessive smartphone use is linked to depression among young adults, with evidence suggesting a complex,

bidirectional relationship (Aubry et al., 2023; Zhong et al., 2022). Social media overuse can trigger negative social comparisons, feelings of inadequacy, and distorted realities, thereby contributing to depressive symptoms (Han et al., 2020; Kim et al., 2021). Factors like fear of missing out (FOMO) and reduced perceived social support further intensify negative well-being outcomes (Burnell et al., 2019; Dou et al., 2021; Gomez et al., 2021; Weaver & Swank, 2019).

Perceived stress, a key factor in students' mental health, may be heightened by smartphone overuse due to constant information flow, academic pressure, and social expectations (Lee, 2016; Oraison et al., 2020; Wang et al., 2021). The relationship between stress and smartphone addiction is complex, with negative emotions mediating and psychological capital moderating this relationship. Leisure boredom and challenges also influence smartphone use and emotional distress, including stress (Kil et al., 2021). The interplay between smartphone addiction, depression, and perceived stress is particularly relevant in the context of students' lives (Alabdallat et al., 2023; Catling et al., 2022; Gligor & Mozoş, 2018; Kim et al., 2015; Nguyen et al., 2024). Academic pressures, social dynamics, and the transition to adulthood present significant challenges (Barlett et al., 2018; Wagner et al., 2013). The added dimension of smartphone overuse may further complicate these experiences, potentially affecting academic performance, social relationships, and overall well-being (Alotaibi et al., 2022; Kwok et al., 2021).

Understanding the intricate relationships among these variables is crucial for developing effective interventions and support systems for young people. Youth development interventions and support systems are complex, multifaceted approaches that aim to promote positive outcomes and prevent risky behaviors among young people. Research has shown that these interventions can be effective in improving knowledge, attitudes, and behaviors related to healthy relationships, mental health, and overall well-being (Hielscher et al., 2021).

This study aimed to shed light on the complex dynamics of smartphone use, addiction tendencies, depressive symptoms, and stress perceptions among students, contributing to a more comprehensive understanding of the challenges faced by young individuals in the digital age.

## Review of Literature

Smartphone addiction has become a prominent concern in the digital age, with an increasing body of research examining its psychological consequences (Ratan et al., 2021; Scott et al., 2016). The widespread use of smartphones has led to growing concerns about their impact on mental health, particularly in terms of stress, anxiety, and depression (Kil et al., 2021; Turgeman et al., 2020). Although a clear relationship between excessive smartphone use and negative psychological outcomes is established, the complexities of this association warrant further exploration (Alotaibi et al., 2022; Lowe-Calverley & Pontes, 2020).

Numerous studies have indicated that prolonged smartphone use is associated with heightened stress levels, driven by the constant need for connectivity and instantaneous response to notifications (Cha et al., 2023; Derakhshanrad et al., 2020). This ongoing connectivity interferes with normal stress-response systems, leading to chronic stress (Giovanniello et al., 2025). Additionally, this perpetual state of alertness often results in anxiety and compulsive checking behaviors, contributing to a negative feedback loop (Jilisha et al., 2019; Pera, 2020). The fear of missing out (FOMO), closely linked to social media use, exacerbates these feelings of anxiety,



especially when users are separated from their devices or unable to check for updates (Lin et al., 2021;Vally et al., 2021;Yang et al., 2021).

Depression is another key psychological concern associated with excessive smartphone use, and several studies have reported a significant positive correlation between smartphone addiction and depressive symptoms (Khan et al., 2023;Kim et al., 2018;Nikolic et al., 2023).The relationship is often bidirectional, with factors such as social comparison, reduced face-to-face interactions, and disrupted sleep contributing to the development of depressive symptoms (Matar Boumosleh&Jaalouk, 2017).

While research has consistently identified associations between smartphone addiction and psychological distress, demographic factors such as age and gender have produced mixed findings. Some studies suggest that adolescents and young adults are particularly vulnerable to smartphone addiction (Twenge, 2020), whereas others report similar effects across age groups. Gender differences remain inconsistent, underscoring the need for more nuanced research that considers these demographic moderators (Cilligol Karabey et al., 2023;Scott et al., 2019).

Most existing studies focus on Western populations, leaving a significant gap in understanding how smartphone addiction manifests in diverse cultural contexts. With its rapid digital growth, cultural diversity, and varying levels of digital literacy, India provides a unique setting for exploring this issue (Burkhard et al., 2021;Pangrazio et al., 2020). The digital divide, characterized by disparities in access to technology and internet connectivity between urban and rural areas, further complicates the study of smartphone addiction in India (Kumar et al., 2022).Additionally, socio-cultural norms and collectivist values, which shape individuals' interactions with technology, may lead to different manifestations of smartphone addiction compared to Western societies (Potnis, 2016;Yogesh et al., 2024).

Research within the Indian context could offer valuable insights into how traditional norms, academic pressures, and urbanization intersect with smartphone use, thereby providing culturally relevant intervention strategies. While existing studies have contributed significantly to the global understanding of smartphone addiction(Ke et al., 2024;Xiao & Huang, 2022), there remains a critical need for more region-specific research to address inconsistencies in demographic moderators and explore cultural variations (Aeron & Rahman, 2023;Jansen & Searle, 2021).

## **Objectives of the Study**

1. To explore the relationship between stress and smartphone addiction.
2. To explore the relationship between depression and smartphone addiction.
3. To assess the difference in smartphone addiction across age groups.
4. To analyze the difference in smartphone addiction based on sex.
5. To examine the difference in depression levels based on sex.

## **Research Methodology**

### **Sample and Sampling Technique**

This study utilized a combination of convenience sampling and snowball sampling. A total of 458 individuals responded to an online questionnaire link shared via social media platforms.

After applying the inclusion and exclusion criteria, 396 completed questionnaires were retained for analysis.

**Inclusion criteria:**

1. Participants were students currently enrolled in 11th or 12th grade (HSSC), an undergraduate, or postgraduate program.
2. Participants should be pursuing either a general or professional academic course.
3. Participants must be able to read and understand English.

**Exclusion criteria:**

1. Students not enrolled in the specified academic grades.
2. Individuals aged  $\leq 15$  or above  $\geq 28$  years and foreign nationals were excluded from the study.

**Table1 Demographic Profile of the Sample**

<b>Factors</b>	<b>Frequency (n = 396)</b>	<b>Percentage(%)</b>
<b>Sex</b>		
Male	146	36.86
Female	250	63.14
<b>Agegroup (in years)</b>		
15 -19	138	34.84
20 - 28	258	65.16
<b>States</b>		
Goa	187	47.23
Gujarat & Rajasthan	80	20.20
Karnataka	52	13.13
Maharashtra	77	19.44
<b>Academic class</b>		
HSSC &	185	46.72
Undergraduate	211	53.28
Graduate &Post-Graduate		

The sample comprised 396 students aged 15–28 years, including 146 males and 250 females, from five Indian states (refer to Table 1). The multi-state design contributed to geographic and cultural heterogeneity among the participants, thereby enhancing the representativeness of the sample and potentially increasing the generalizability of the findings within the Indian context.

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## Research Design

This quantitative, cross-sectional study used a correlational design to examine the relationships between smartphone addiction, stress, and depression. This study aimed to identify potential associations among these variables through statistical analysis, providing insights for future research and interventions. The design allowed for a snapshot of the relationships without implying causation.

## Data Collection

The questionnaire was administered online via a Google Forms link shared on various social networking sites and media platforms. It consisted of five self-administered sections. Scoring followed the standardized guidelines for each self-report measure used in the study: the Smartphone Addiction Scale (SAS) developed by Kwon et al., (2013), Perceived Stress Scale (PSS) developed by Cohen et al., (1983), and The Center for Epidemiologic Studies Depression Scale Revised (CESD-R) by Eaton et al., (2004).

## Data Analysis Methods

Data were analyzed using the Statistical Package for Social Sciences (SPSS). The data demonstrated normal distribution along the normal probability curve, with a mean of -2.06 and a standard deviation (SD) of 0.0997. Independent Samples t-test and Pearson's Correlation Analysis were employed as the primary statistical methods for data analysis.

## Ethical Considerations

Ethical considerations were also prioritized. The participants' confidentiality and anonymity were ensured throughout the study. All participants provided informed consent before their involvement in the study.

## Results and Discussion

Table 2 presents descriptive statistics for the three variables examined in this study: **perceived stress**, **depression**, and **smartphone addiction**. The mean score for **perceived stress** was 20.35, with a standard deviation of 5.007, indicating the average level of stress among participants and variability in their stress scores. For **depression**, the mean was 11.20, with a standard deviation of 5.117, reflecting the average level of depressive symptoms reported by the participants, as well as the spread of these scores. The mean **smartphone addiction score** was 110.24, with a standard deviation of 23.575.

**Table 2 Descriptive Statistics for Stress, Depression, and Smartphone Addiction**

Variables	Mean	SD	N
Perceived Stress	20.35	5.007	396
Depression	11.20	5.117	396
Smartphone Addiction	110.24	23.575	396

Pearson's product-moment correlation analyses were performed to assess the relationships between stress, depression, and smartphone addiction (see Table 3). There was a statistically significant, weak positive correlation between stress and smartphone addiction ( $r(394) = .122, p < .05$ ), with higher stress levels associated with greater smartphone addiction. A weak positive

correlation was also observed between depression and smartphone addiction ( $r(394) = .213, p < .01$ ), suggesting that increased depressive symptoms are related to higher levels of smartphone addiction (Kim et al., 2015). Additionally, stress was weakly positively correlated with depression ( $r(394) = .158, p < .01$ ), indicating that greater stress levels were associated with greater depressive symptomatology. All reported correlations were statistically significant and aligned with hypothesized directions.

**Table 3 Correlations Between Stress, Depression, and Smartphone Addiction**

Variables	Pearson's <i>r</i>	<i>p</i> -value	CI (%)	Interpretation
Perceived Stress ↔ Smartphone Addiction	.122	.018	95	Weak Positive Correlation
Depression ↔ Smartphone Addiction	.213	.000	99	Weak Positive Correlation
Perceived Stress ↔ Depression	.158	.001	99	Weak Positive Correlation

These findings align with previous research suggesting a potential link between excessive smartphone use and adverse mental health outcomes (Grant et al., 2019; Khan et al., 2023; Vujčić & Szabo, 2022; Wang et al., 2021; Ziapour et al., 2020). However, the weak nature of these correlations underscores the need for cautious interpretation and further investigation of potential mediating or moderating factors. The variability in present and previous findings suggests that the relationship between perceived stress, depression and smartphone addiction may be influenced by myriad factors, including measurement tools, study populations, and other contextual elements (Wang et al., 2021; Liu & Lu, 2022; Zhang et al., 2023). This homogeneity in addiction patterns across demographic categories suggests that the pervasive nature of smartphone use may transcend traditional sociodemographic boundaries, reflecting the ubiquitous integration of these devices into daily life across diverse populations.

**Table 4 Analysis of Smartphone Addiction by Sex and Age Group**

Variable	Group	n	M	SD	t	df	p
Smartphone Addiction	Male	185	111.68	25.139	0.936	394	.353
	Female	211	109.40	22.621			
	Adolescent	179	110.38	22.799	-0.087	394	.928
	Young Adult	217	110.16	24.023			

Table 4 presents the descriptive statistics and independent samples t-test results for smartphone addiction with respect to **sex and age group**. The t-test analysis revealed no statistically significant difference in smartphone addiction between the male and female participants ( $t = 0.936, p = .353$ ). The t-test also showed no significant difference between the two age groups ( $t =$

–0.087,  $p = .928$ ). These findings suggest that, in this sample, neither **sex** nor **age group** had a significant influence on smartphone addiction, contrasting past findings that indicate age-related differences in smartphone overuse, with problematic use increasing from childhood to young adulthood (Csibi et al., 2019). Smartphone use may begin as early as two years of age (Kim & Kang, 2016), while findings on sex differences remain inconclusive (Yadav & Chakraborty, 2017).

While the present study did not find statistically significant age-related differences within the adolescent and young adult sample, the broader literature indicates that age may still be a relevant factor in understanding long-term patterns of smartphone overuse and dependency.

**Table 5 Descriptive Statistics for Smartphone Addiction by Sex (Male and Female Participants)**

Variable	Sex	n	Mean	SD
Depression	Male	146	10.51	5.161
	Female	250	11.60	5.057

**Table 6 Independent Samples t-test Analysis of Depression Between Male and Female Participants**

Variable	t-value	df	Sig. (2-tailed)
Depression	-2.067	394	0.039

A significant gender difference was found in depression, with females reporting higher levels of depression than males (Table 5). Table 6 presents a statistically significant difference ( $p = .039$ ), in the depression scores underscores the importance of considering sex and intersectional factors when examining the relationship between digital behaviors and mental health (Desouky & Abu-Zaid, 2020; Nahidi et al., 2023; Reppas-Rindlisbacher et al., 2022; Sun et al., 2023; Volungis et al., 2019). This highlights a complex link between smartphone addiction and psychological outcomes, influenced by personality and demographic factors (Alqaderi et al., 2023).

These findings highlight the need for more advanced research methodologies to elucidate the complex interactions between digital behaviors, psychological states, and demographic variables (Yogesh et al., 2024). The intricate relationship between these factors emphasizes the importance of adopting a nuanced, intersectional approach when investigating the association between gender and psychological well-being (Liu & Lin, 2023). Future research could benefit from longitudinal designs, exploration of potential mediating factors, and incorporation of qualitative methodologies to provide a more comprehensive understanding of this dynamic relationship. These results have implications for developing targeted interventions and public health strategies. While broad-based approaches to mitigating smartphone addiction may be warranted because of its prevalence across groups, gender-specific interventions addressing vulnerabilities in mental health outcomes could prove particularly effective (Cheng & Ebrahimi, 2023; Zhao et al., 2022).

## Limitations

The limitations of the study include the use of self-reported data, which may introduce bias due to potential inaccuracies or social desirability effects. The non-random sampling approach could lead to a sample that is not fully representative of the target population, potentially affecting the generalizability of the results. Future research should consider longitudinal designs, objective measures, and random sampling techniques to address these limitations. Additionally, replication studies in diverse populations and settings would strengthen the validity and applicability of these findings.

## Implications and Recommendations

Smartphone addiction among Indian students is a pervasive issue that affects mental health, particularly among female students. The findings of this study highlight the need for targeted interventions and support mechanisms to address the complex relationship between smartphone use and psychological well-being in diverse student populations. The following recommendations were made based on the results and findings.

1. **Develop Gender-Sensitive Mental Health Programs:** Create targeted support initiatives addressing the specific vulnerabilities of female students related to smartphone addiction.
2. **Promote Responsible Smartphone Use:** Integrate digital literacy, mental health awareness, and healthy technological habits into the academic curriculum.
3. **Strengthening Counseling and Screening Services:** Establish dedicated counseling centers and collaborate with mental health professionals to design early screening tools for smartphone addiction.
4. **Implement Institutional Policies:** Encourage educational institutions to adopt policies that promote balanced technology use and foster a healthy digital environment.
5. **Foster Collaborative Interventions:** Partner with tech companies to develop apps that promote digital well-being and encourage peer-led support groups for healthier digital practices.

## CONCLUSION

Smartphone addiction remains a significant psychological challenge for Indian students, with no notable differences in addiction levels among demographic groups. However, the study revealed associated mental health concerns, particularly among female students, emphasizing the need for proactive mental health support. This study adds to the growing literature on the psychological impacts of smartphone use, underscoring the necessity for more nuanced investigations into the complex relationship between digital behaviors and emotional well-being across diverse populations. These findings highlight the importance of understanding the intricate interplay between technology use and mental health, suggesting that future research should explore targeted interventions and support strategies. By addressing these issues, educational institutions and policymakers can develop more effective approaches to promote healthy digital habits and mental well-being among students in India and potentially in similar contexts.



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## **Conflict of Interest**

The authors have explicitly stated that this paper does not have any conflicts of interest.

## **Author Contributions**

AGS (first author) helped conceptualize the study, obtained the necessary permissions for the use of standardized scales and measures, conducted data collection, and drafted the manuscript. JF contributed to the conceptualization and design of the study, performed the statistical analyses, and assisted in revising and refining the manuscript. Both authors critically reviewed and approved the final version of the manuscript for submission.

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## IMPLEMENTATION OF CROP PEST RECOGNITION AND CLASSIFICATION USING IMAGE PROCESSING

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### ABSTRACT

*Effective pest management techniques are becoming more and more necessary as a result of agriculture's quick development to meet the world's rising food demand. Conventional manual techniques for classifying and identifying pests take a lot of time and are frequently prone to mistakes. This research proposes the use of image processing techniques to develop a reliable and automated system for crop pest recognition and classification in order to address these issues. Using image analysis, the suggested system will automatically identify and categorize agricultural pests. Targeted pesticide sprays will then be applied using IoT-enabled devices. In order to reduce environmental impact and maximize resource utilization, the suggested system focuses on automating the processes of insect recognition, classification, and targeted pesticide spraying. Using photos taken in the field, the system's initial module employs image processing algorithms to precisely identify and categorize agricultural pests. Using a variety of pest picture datasets, Convolutional Neural Networks (CNNs) are trained to produce a reliable pest classification model. This technique allows for accurate pest identification by differentiating between different pest species and healthy crops. The second module focuses on integrating*

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*machines and IoT devices to facilitate targeted and effective pesticide application. Real-time data on crop health, pest populations, and environmental variables is collected via IoT sensors positioned across the field. In order to minimize total pesticide usage and lessen environmental harm, automated pesticide sprayers with precision spraying mechanisms are used to apply pesticides selectively to regions where pest infestations exist.*

**KEYWORDS:** *Deep Learning, Pest Detection, Disease Classification, Image Processing, Convolutional Neural Network (CNN), Generative Adversarial Networks (Gans).*

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## 1.INTRODUCTION

Crop pest management is a long- standing issue in agriculture that dates back to the early days of human settlement. The constant threat that pests pose to the world's food security calls for the creation of reliable and effective techniques for identifying and managing them. The emergence of contemporary technology, namely in the domains of computer vision and artificial intelligence (AI), presents a wonderful prospect to transform pest identification in agriculture. Crop pest recognition is essentially the process of identifying and categorizing different organisms that destroy or negatively impact agricultural crops. This role has historically mostly relied on manual inspection by farmers and agricultural specialists, which frequently causes delays in pest detection and response times as well as the possibility of mis-identification. However, the ubiquitous availability of high-resolution imaging technologies and current AI developments provide a paradigm shift in the way we approach pest recognition. Image-based pest recognition using machine learning methods, especially deep learning, is one of the most promising directions in this respect. Historically, manual observation and action have been the mainstays of pest detection and management, which led to numerous inefficiencies and a delay in responding.

But with the introduction of cutting- edge technologies like the Internet of Things (IoT) and Deep Learning (DL), our understanding of and approach to managing agricultural pests is undergoing a radical change. The combination of deep learning and IoT has the potential to completely transform agricultural pest management techniques. It is impossible to overestimate the importance of crop pest identification utilizing Deep Learning and IoT.

**Fig 1: Crop in Pest**



Periodic visual inspections are a common component of traditional pest monitoring techniques, but they are labor- intensive, time- consuming, and prone to human mistake. On the other hand, early illness and pest identification is made possible by deep learning-powered image recognition

systems which can quickly and accurately evaluate enormous volumes of visual data. These systems offer continuous monitoring capabilities when combined with Internet of Things (IoT) devices like drones, cameras, and sensors placed throughout farmlands. This gives farmers timely information into pest infestations and environmental conditions. The resilience of Deep Learning algorithms and the caliber of input data are critical to successful pest identification. To achieve good generalization and precise pest identification in a range of environmental settings, deep learning models need to undergo substantial training on a variety of datasets. As such, cooperation amongst scientists, farmers, and technology suppliers is necessary in order to compile extensive databases that cover various crop varieties, pest species, and geographical areas. In order to improve deep learning algorithms' accuracy, scalability, and efficiency in actual agricultural settings, they also need to be continuously improved and optimized. Deep learning - powered systems can provide insightful information on pest behavior, lifecycle stages, and spatial distribution patterns in addition to pest identification. These technologies enable proactive pest control tactics by forecasting and predicting potential pest outbreaks through the analysis of previous pest data gathered over time. Furthermore, with the integration of meteorological data and several environmental characteristics, deep learning-IoT platforms may offer customized advice to farmers about the best times to use pesticides, crop varieties resistant to pests, and cultural practices. The neural networks found in the human brain. It has become a potent tool for pattern analysis, picture identification, and categorization.

Researchers and developers may accurately identify a variety of crop pests and diseases by using Deep Learning techniques to train models to recognize complex patterns in visual data. Furthermore, real-time data collecting from agricultural areas is made easier by the integration of deep learning with IoT technologies through linked sensors and equipment.

## 1.1 RELEATED WORKS

Ching Presents an intelligent pest recognition system to tackle this pest problem by utilizing novel applications of edge intelligence. In order to detect *T. papillosa* in the orchard and ascertain the pests' location in realtime, we utilized a detecting drone to take pictures of the pest and a Tiny-YOLOv3 neural network model based on an embedded system NVIDIA Jetson TX2. The agricultural drone's ideal pesticide spraying route is then planned based on the locations of the pests. In addition to scheduling the drone to spray pesticide in an efficient manner, the TX2 embedded platform sends the location and production of pests to the cloud so that a computer or mobile device can record and evaluate the growth of longan. Chen describes For pest identification, environmental sensors, the Internet of Things (IoT), and picture recognition technologies are coupled. Based on environmental Internet of things data and intelligent pest identification, real-time agricultural meteorology and pest identification systems on mobile applications are assessed. We integrated deep learning with the state-of-the-art IoT technology to create smart agriculture. In order to locate *Tessaratoma papillosa*, we employed deep learning YOLOv3 for picture recognition. We next used Long Short-Term Memory (LSTM) to assess meteorological data and forecast the presence of pests. Accurate placement helps minimize soil damage from pesticides and help cut down on their usage. The goal of smart agriculture is achieved as a result of the present study, which gives farmers the location and extent of pests so they can apply pesticides accurately, at the right time and place, and so reduce the number of agricultural workers needed for timely pest management. The suggested method alerts farmers to the existence of several pests before they begin to proliferate widely.



Fuji proposed a new, straightforward structure called the "feature reuse residual block," which mixes features from the input signal of a residual block with the residual signal itself. Learning half and reusing half of the features improves the representational capacity in each feature reuse residual block. We created the feature reuse residual network (FR-ResNet) by stacking the feature reuse residual block, and we used the IP102 benchmark dataset to assess performance. The testing findings demonstrated that FR-ResNet can significantly increase performance when it comes to classifying insect pests. In addition, we examined the approach's adaptability on a number of benchmark datasets, such as CIFAR-10, CIFAR-100, and SVHN, and applied it to other types of residual networks, such as ResNet, Pre-ResNet, and WRN. The outcomes of the experiment demonstrated that performance might be clearly enhanced over the original networks.

Li Rui Pests are always the main source of field damage in agriculture, leading to large losses in crop productivity. Currently, the process of manually classifying and counting pests takes a long time, and the accuracy of the population enumeration might be influenced by a variety of subjective factors. Furthermore, because of the many scales and attitudes of pests, current Convolutional Neural Network (CNN)-based techniques for pest location and recognition are insufficient for effective field-based pest prevention. This research proposes an efficient data augmentation mechanism for CNN-based method to tackle these issues. During the training phase, we use data augmentation, which involves clipping photographs into multiple grids after rotating them to different degrees. By doing this, we could gather a substantial amount of additional multi-scale instances, which we could then use to train a multi-scale pest identification model. During the testing phase, we apply the test time augmentation (TTA) approach, which uses the trained multi-scale model to independently infer input images with different resolutions. In order to arrive at the final result, we finally fuse these detection findings from various picture scales using non-maximum suppression (NMS).

Radhamadhab Dalai One of the main goals of this effort is to demonstrate the need for biological pest and disease control utilizing computer and internet technology rather than pesticides, in order to safeguard crops. The primary goal of agricultural research is to boost food quality and productivity while lowering costs and increasing profits. In the agricultural industry, the use of vision-based technologies for pest monitoring has grown significantly in relevance recently. In many nations today, there is a significant demand for non-chemical methods of controlling illnesses or pests. Unfortunately, there are currently no automated techniques that can accurately and consistently identify plant pests. In actuality, workers in greenhouses periodically monitor plants and look for pests under production settings. This manual approach takes a long time and is ineffective. We have explored and tried deploying deep learning based pest detection in actual farming fields. To achieve this, a Deep Learning-based segmentation and RCNN-based detection technique has been tested. According to the trial, the RCNN-based technique outperforms common pest detection mechanisms by a large margin.

Wang Yang suggests a discriminative approach based on low-rank representation and sparsity for pest identification on leaves in order to increase the detection accuracy. Our method breaks down the original image into a low-rank image and a sparse noise image that contain all of the pests on the leaf. It does this by using the low-rank qualities of natural photos, the sparsity of the noise image, and the previous knowledge of color information of the crop pest images. After that, it will be possible to distinguish the agricultural pests with leaves from the backdrop and accurately count them. The outcomes of the experiment demonstrate how easily our



technology can identify pests on leaves. This will have a significant impact on future decisions about and control of pests.

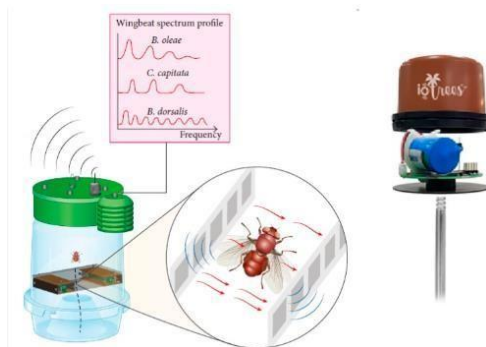
## 2.EXISTING METHOD

Crop pest recognition is a critical aspect of modern agriculture that plays a pivotal role in ensuring crop health and yield optimization. This system presents an overview of a comprehensive approach to crop pest recognition utilizing image processing techniques. The current methodology integrates cutting-edge computer vision algorithms with machine learning models to accurately identify and classify crop pests from images captured in agricultural fields. Our approach begins with image acquisition using various sensors such as cameras or drones, followed by pre-processing techniques for noise reduction and image enhancement. Feature extraction plays a crucial role in our methodology, as it transforms raw image data into meaningful patterns and characteristics.

- Existing system presents an approach for the automated recognition and classification of crop pests using image processing techniques.
- Pesticides are spraying on affected crops by manually. For site-specific spraying the target must first be detected and then spray the pesticide randomly.
- The process of pesticide spraying involves large amount of human labour thus making more number of humans to get prone by the diseases.
- Existing libraries and frame works like Tensor Flow, PyTorch, and Open CV can be very helpful for implementing these steps.
- Additionally, you may find pre-trained CNN models like VGG, Res Net, or Mobile Net useful as a starting point for this project.

## 3.PROPOSED METHODOLOGY

Using deep learning methods combined with Internet of Things (IoT) devices, including Arduino micro controllers, drivers, pump motors, and wireless transceivers, the suggested system applies a revolutionary method for agricultural pest identification. By addressing the critical issue of timely insect detection in agricultural areas, the system seeks to increase crop yield and decrease losses. Using image processing and the Internet of Things (IoT), crop pests can be identified and pesticides can be applied. This technique involves a combination of hardware and software components to automate and optimize pest management. The suggested solution uses IoT and deep learning to identify and control agricultural pests. In particular, a CNN-based model is created for the purpose of automatically identifying pests from photos taken by Internet of Things devices that are placed in the field. The Internet of Things system consists of Arduino microcontrollers that have wireless transceivers for data transmission, pump motors, drivers, and sensors installed. The first step in the workflow is the placement of IoT devices in strategic locations across the agricultural area.

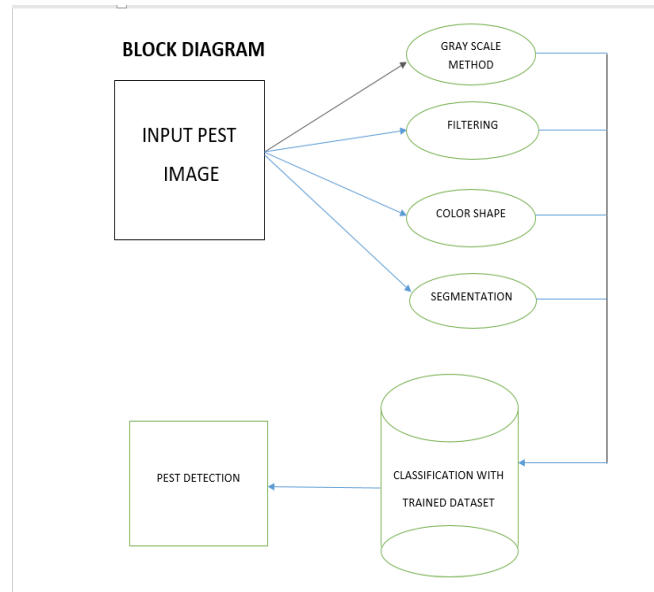


**Fig2: Pest Control work flow**

These gadgets use wireless transmission to send high-resolution photos of crops to a central processing unit. After being pre-trained on a sizable dataset of annotated pest photos, the CNN model is used to examine the incoming photographs and detect the presence of any illnesses or pests. The Microcontroller determines whether spraying pesticides is required after identifying the pests. To choose the best course of action, it takes into account variables including crop stage, insect type, and pest density. In the event that the Microcontroller determines that spraying pesticides is required, it will turn on the pump motor and gear motor. The microcontroller handles data processing, drives motors and actuators, and coordinates with all other hardware elements. The pump that sprays pesticides are managed by the pump motor driver. To adjust the pesticide's flow rate, the driver receives control signals from the microcontroller. The gear motor is managed by the L293D driver. It controls the voltage and current given to the motor for exact movement control after receiving directions from the microcontroller.

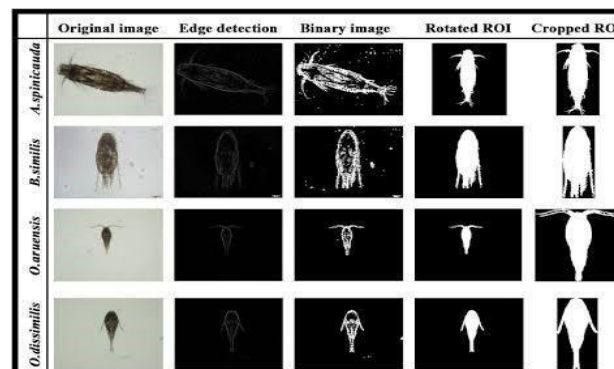
To effectively cover the entire crop area, the gear motor moves the spraying device (such as the nozzle or sprayer arm). With the use of the proper commands, the microcontroller regulates the direction and rotation of the gear motor. Communication between an IoT device (microcontroller) and a user interface or central control system is made possible by the wireless transceiver module. By allowing for prompt and focused pest management treatments, this real-time feedback loop minimizes crop loss and maximizes resource use.

The suggested method has a number of benefits, such as increased pest detection efficiency and accuracy, less dependency on human monitoring, and increased sustainability due to lower pesticide use. Moreover, the use of IoT facilitates remote observation and management, endowing farmers with practical information to make anticipatory pest management choices. Several essential elements are included in the suggested deep learning and Internet of Things crop pest identification system. First, use Internet of Things (IoT) sensors and devices to gather data on temperature, humidity, and soil moisture in the agricultural field.



### Pre-processing and Segmentation

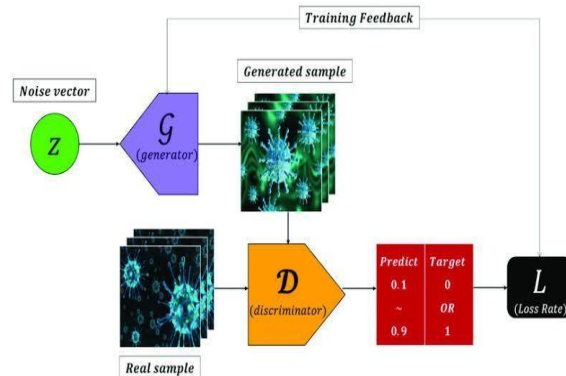
Preprocessing is the term used in image processing to describe a range of techniques used to enhance an image's quality before further examination. This may entail modifications such as noise reduction, contrast enhancement, and picture normalization. On the other hand, segmentation is the process of breaking an image up into items or areas that have significance. Among the segmentation approaches are thresholding, edgedetection, and clustering. Preprocessing typically occurs before segmentation in order to improve the accuracy and efficiency of segmentation algorithms.



**Fig3: Pre-processing and Segmentation Genrative Adversial Network (GAN)**

For a generative adversarial network, use GAN. This is a particular kind of Machine Learning framework in which a game-like situation pits two neural networks, the discriminator and the generator, against one another. The generator network creates new instances of data, like pictures, based on inputs such as random noise. Generating data with a realistic appearance and a plausible distribution, similar to the training data, is its aim. The discriminator network is responsible for differentiating between instances of actual data from the training set and pseudo data produced by the generator. It picks up the ability to distinguish between phoniness and real

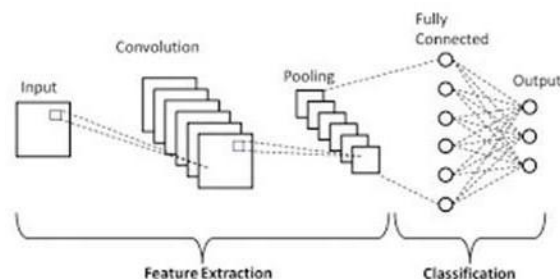
instances. The generator and discriminator communicate back and forth continuously during the training process. As the discriminator gains more proficiency in differentiating between actual and phony data, the generator strives to produce more realistic data. Until both networks achieve a state of equilibrium where the generator generates realistic data that the discriminator finds it difficult to differentiate from genuine data, this adversarial process will continue.



**Fig4:GenerativeAdversarialNetwork**

### Convolutional Neural Network (CNN)

Convolutional Neural Networks are analogous to the complex insect sensory systems. CNNs replicate the process of feature detection by extracting features from images using layers of filters, much way insects see their surroundings with compound eyes. Similar to how insects are hierarchical processing to effectively navigate their environment, CNNs use multiple layers gradually acquire more abstract representations of the incoming data. Furthermore, CNNs do astonishingly fast and accurate tasks like object detection and image categorization, just like insects can swiftly recognize patterns that are essential to their survival. Convolutional neural networks (CNNs) are sophisticated and efficient image processing tools, as demonstrated by the comparison between CNNs and insect sensory process.



### RESULTS AND DISCUSSION

In terms of crop pest identification, the combination of deep learning and IoT technology produced encouraging results. The deep learning model distinguished between several pest species and non-pest objects in the photos with a high degree of accuracy. The system performed

admirably in identifying pests in a variety of environmental settings, including varied illumination and weather. Extensive field testing in agricultural environments confirmed that the system is capable of quickly detecting and addressing insect infestations. The effective use of the crop pest identification system will impact pest control techniques and agricultural practices in a number of ways.

First off, automated and precise pest identification is made possible by deep learning algorithms, which eliminates the need for labor- and time-intensive human inspection techniques. Furthermore, proactive pest control is made possible by the real-time monitoring capabilities offered by IoT devices, which empower farmers to take prompt action to reduce crop losses and alleviate pest damage. Furthermore, the incorporation of Internet of Things elements enables farmers to remotely monitor and control pest recognition systems, allowing them to efficiently manage their crops from any location through the use of web-based or mobile applications. Particularly for large-scale agricultural enterprises, this remote accessibility improves pest management operation's flexibility and ease. The four main performance indicators in crop pest recognition are F1-score, accuracy, precision, and recall. These measures evaluate how well the model can identify pests and crops in photos. When tested on a variety of datasets, a well-trained CNN model ought to produce high values for these measures.

## **Accuracy:**

The percentage of accurately identified instances among all instances is known as accuracy. Accuracy in the context of crop pest identification denotes the model's general capacity for accurate pest identification. A high accuracy score indicates that the model can effectively discriminate between things in the crops that are pests and those that are not.

## **CONCLUSION**

A promising method for crop pest identification and control is the combination of deep learning, more especially Convolutional Neural Networks (CNN), with Internet of Things (IoT) devices including wireless transceivers, Arduino microcontrollers, drivers, and pump motors. Farmers and agriculturalists may accurately and efficiently identify and categorize a variety of crop-damaging pests by using CNNs, which are skilled at extracting complex patterns from large datasets. Quick identification of pests allows for the prompt application of intervention methods, reducing crop damage and output losses. Furthermore, the system gains a layer of automation and real-time monitoring from the addition of IoT components.

The core of the system is made up of Arduino microcontrollers, which provide smooth coordination and communication between various components. Based on the CNN's identification results, drivers and pump motors enable the automated deployment of pest management measures, such as targeted pesticide administration or pest deterrent devices. Remote monitoring is made possible by wireless transceivers, which enable farmers to stay in one place and get updates and alerts on pest activity straight to their computers or mobile devices.

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## HAND GESTURE BASED AI VIRTUAL MOUSE

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### ABSTRACT

*The rapid advancement of artificial intelligence (AI) and computer vision has paved the way for innovative human-computer interaction techniques. This paper presents an AI-based virtual mouse system that enables users to control a computer using hand gestures, eliminating the need for a physical mouse. The system leverages a Convolutional Neural Network (CNN) algorithm, along with computer vision techniques, to accurately recognize hand gestures and execute corresponding mouse functions such as right-click, left-click, double-click, scrolling, volume control, and drag-and-drop. Developed using Python and OpenCV, the proposed system processes real-time images from a webcam, applies image processing techniques, and extracts key hand features to perform various operations. The CNN model enhances accuracy and adaptability, allowing the system to function effectively across different lighting conditions, backgrounds, and hand sizes. This technology offers a user-friendly and cost-effective alternative to conventional input devices, benefiting individuals with disabilities, professionals seeking a touch-free interface, and general users looking for an intuitive method of interaction. The virtual*

*mouse system is evaluated based on accuracy, speed, and robustness and is compared with existing gesture-based input solutions. The results demonstrate that the system provides efficient and precise control, making it a viable alternative to traditional mice. By improving accessibility and convenience, this AI-powered virtual mouse contributes to the future of human-computer interaction.*

**KEYWORDS:** *Hand Gesture Recognition, Convolutional Neural Network (CNN), Opencv-Python, Virtual Mouse, Human-Computer Interaction (HCI), Image Processing.*

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## INTRODUCTION

Human-computer interaction has evolved significantly. Traditional input devices like the mouse and keyboard have been the primary tools for navigating and operating computers. However, with advancements in artificial intelligence and computer vision, alternative input methods are emerging to provide a more intuitive and accessible user experience. One such innovation is the hand gesture-based virtual mouse, which enables users to control their computers using hand movements instead of physical devices. This project introduces an AI-powered virtual mouse system that recognizes hand gestures to perform various computer operations. The system is designed to replace conventional mice by utilizing a camera to capture real-time hand movements and executing corresponding actions.

By integrating computer vision techniques and a Convolutional Neural Network (CNN) algorithm, the system identifies specific gestures and translates them into mouse functions such as right-click, left-click, double-click, scrolling, volume control, and drag-and-drop. The primary goal of this project is to create a seamless and efficient way of interacting with computers, reducing dependency on physical devices. This technology is particularly useful for individuals with physical disabilities, professionals looking for a touch-free interface, and users who prefer an innovative approach to navigation. The implementation leverages Python and OpenCV, along with image processing techniques and CNN-based deep learning models, to ensure accurate hand tracking and gesture recognition in various environmental conditions.

By developing a reliable and user-friendly virtual mouse, this system provides a cost-effective alternative to traditional input devices. The project focuses on enhancing precision, speed, and ease of use while maintaining compatibility with different screen sizes and operating environments. This paper discusses the methodology, implementation details, performance evaluation, and potential applications of the proposed AI-based virtual mouse system.

### 1.1 Convolutional Neural Network

A **Convolutional Neural Network (CNN)** is a type of deep learning model specifically designed for processing visual data. CNNs excel in image recognition and pattern detection, making them ideal for applications such as **hand gesture recognition** in this AI-based virtual mouse system.

The CNN model consists of multiple layers, each responsible for extracting and learning different features from input images. The key components of a CNN include:

- **Convolutional Layers:** These layers apply filters to detect patterns such as edges, textures, and shapes in an image. Each filter captures unique features of the hand gestures.

- **Pooling Layers:** Pooling reduces the spatial dimensions of the feature maps, retaining essential information while reducing computational complexity.
- **Fully Connected Layers:** These layers interpret the extracted features and classify the input image into predefined gesture categories.
- **Activation Functions:** Functions like ReLU (Rectified Linear Unit) introduce non-linearity, allowing the network to learn complex relationships within the data.

## 2. Literature Review

Human-computer interaction (HCI) has undergone significant advancements, with gesture-based interfaces emerging as a promising alternative to traditional input devices. Various research studies have explored the effectiveness of computer vision, deep learning, and artificial intelligence (AI) in gesture recognition to improve user accessibility and interaction efficiency.

### 2.1. Hand Gesture Recognition Techniques

Several methodologies have been implemented for hand gesture recognition, including image processing, deep learning, and sensor-based approaches. Traditional methods relied on contour detection, skin-color segmentation, and background subtraction for identifying hand gestures (Mitra & Acharya, 2007). However, these approaches often suffered from environmental constraints such as lighting variations and occlusions.

Recent advancements have leveraged Convolutional Neural Networks (CNNs) to improve accuracy and robustness. CNN-based models extract spatial hierarchies of features from images, enabling precise classification of different hand gestures (Kang et al., 2020). OpenCV and MediaPipe frameworks have further enhanced real-time hand tracking by providing efficient hand landmark detection algorithms.

### 2.2. AI-Based Virtual Mouse Systems

Several AI-driven virtual mouse systems have been proposed to replace conventional pointing devices. A study by Kim et al. (2019) implemented a gesture-controlled mouse using a depth camera and infrared sensors, achieving high accuracy but requiring specialized hardware. In contrast, Patel et al. (2021) developed a webcam-based system that utilized computer vision for mouse control, offering a cost-effective solution without additional peripherals.

Most existing systems focus on basic cursor movement and click functions. However, integrating advanced features such as scrolling, volume control, and drag-and-drop functionalities remains a challenge. Studies indicate that CNN models combined with OpenCV-based preprocessing can significantly improve real-time responsiveness and reduce false detections (Jiang et al., 2022).

### 2.3 Challenges in Gesture-Based Interfaces

Despite advancements, gesture-based systems face challenges in accuracy, response time, and adaptability.

Variability in hand sizes, backgrounds, and lighting conditions can affect recognition performance.

Researchers have proposed adaptive thresholding techniques and data augmentation strategies to enhance model robustness (Singh et al., 2023).

Moreover, latency issues in real-time gesture recognition impact user experience. Optimization techniques such as GPU acceleration and model quantization have been explored to reduce computational overhead while maintaining accuracy (Zhao & Liu, 2021).

## **2.4. Future Prospects and Enhancements**

The integration of deep learning models, such as Transformer-based architectures, offers promising improvements in gesture recognition accuracy and adaptability.

Future research may focus on multi-modal interactions, combining hand gestures with voice commands for enhanced usability. Additionally, expanding gesture vocabulary and supporting multiple languages can further increase system applicability in diverse environments.

## **3. Methodology**

The AI-based virtual mouse system operates by capturing real-time video from a webcam and processing it to recognize predefined hand gestures. The system follows a structured pipeline comprising image acquisition, pre-processing, feature extraction, and gesture classification.

### **3.1. Hand Detection and Segmentation**

The webcam captures live video frames, which are processed using OpenCV to detect the presence of a hand. The captured frames are converted from BGR to RGB color space and subjected to background subtraction and thresholding techniques to enhance contrast and isolate the hand region.

### **3.2 Feature Extraction and Gesture Recognition**

The extracted hand region is analyzed using the MediaPipe library, which identifies key landmarks such as fingertips and palm positions.

These landmarks are then fed into a Convolutional Neural Network (CNN) model trained to classify gestures corresponding to various mouse operations.

The CNN-based model ensures high accuracy in distinguishing between different hand signs.

### **3.3 Execution of Mouse Operations**

Once a gesture is recognized, the system maps it to the appropriate computer function. For instance, moving the index finger while keeping others folded simulates mouse movement, while a pinching gesture activates the drag- and-drop feature. Left-click, right-click, scrolling, and volume adjustments are also performed based on unique gestures.

### **3.4 Real-time Adaptability**

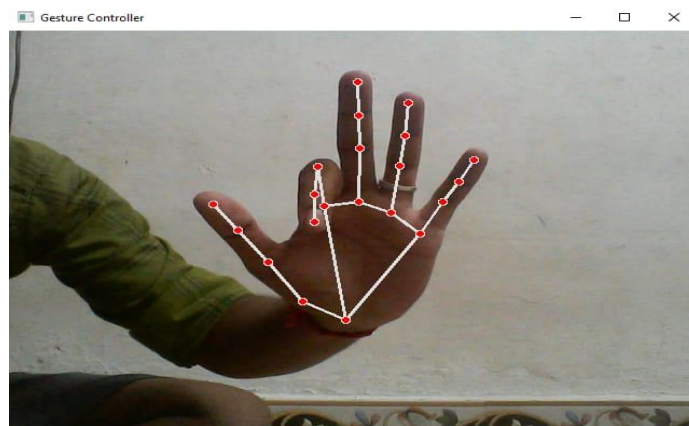
To ensure robust performance across different lighting conditions and backgrounds, the system employs adaptive thresholding and normalization techniques. Additionally, multi-frame averaging is used to reduce noise and improve recognition accuracy. The system operates with minimal latency, providing a seamless user experience.

The system continuously tracks hand motion using a webcam, translating positional changes into real-time cursor movement on the screen.



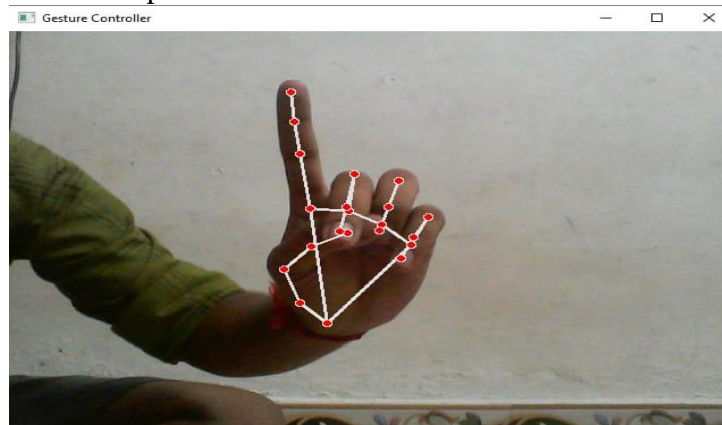
**FIGURE 1: Cursor movement on the screen.**

A predefined hand gesture is recognized, triggering a left-click action, enabling users to interact with on-screen elements seamlessly



**FIGURE 2: triggering a left-click action**

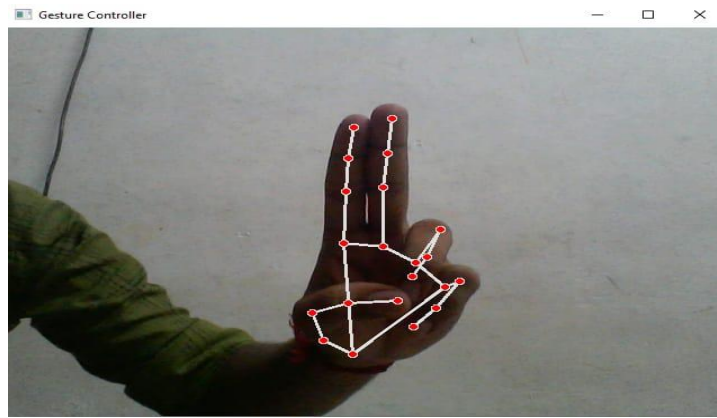
When the system detects a specific gesture, it executes a right-click function, allowing access to context menus and additional options.



**FIGURE 3: triggering a right-click action**



Rapid repetition of a particular gesture is identified, simulating a double-click action for opening files and applications efficiently.



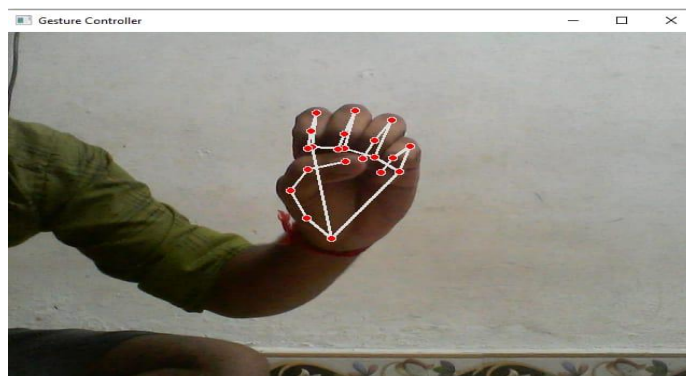
**FIGURE 4: triggering a double-click action.**

Vertical or horizontal hand gestures are converted into scrolling commands, enabling smooth navigation through documents and web pages.



**FIGURE 5: scrolling on the screen.**

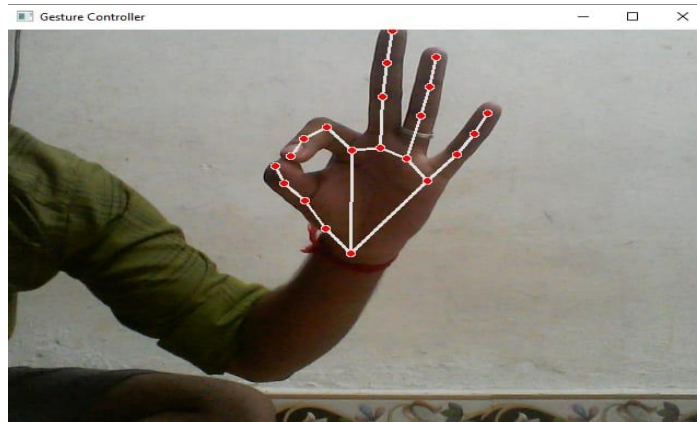
A pinch gesture mimics a click-and-hold action, allowing users to grab, move, and release objects on the screen effortlessly.



**FIGURE 6: Drag and Drop**



Hand movements in a designated direction adjust the system's volume, providing a touch-free way to increase or decrease audio levels.



**FIGURE 7: Volume Control**

## **4.EXISTING SYSTEM**

The conventional computer mouse has been the primary input device for decades, enabling users to interact with digital interfaces through physical movement and button clicks. However, traditional mice require a flat surface for operation and can be inconvenient for users with mobility impairments. Additionally, prolonged use of physical mice can lead to strain-related issues such as repetitive stress injuries.

Existing alternatives to physical mice include touchpads, trackballs, and voice-controlled systems. While touchpads and trackballs provide some level of convenience, they still rely on physical interaction. Voice-controlled interfaces, on the other hand, offer hands-free operation but are limited by accuracy issues, background noise interference, and lack of precision for complex tasks.

Several gesture-based input systems have been introduced in recent years, utilizing infrared sensors, depth cameras, or wearable devices to track hand movements. These systems often rely on specialized hardware, making them expensive and less accessible to general users. Additionally, many existing gesture-recognition models struggle with environmental variations such as lighting conditions, hand sizes, and background noise, leading to inconsistent performance.

Despite these advancements, there remains a need for an accurate, cost-effective, and user-friendly gesture-based virtual mouse that does not require additional hardware. This paper aims to bridge this gap by proposing a system that leverages standard webcams, computer vision, and deep learning to provide a reliable and efficient alternative to traditional input methods.

## **5.PROPOSED SYSTEM**

The proposed AI-based virtual mouse system is designed to provide an efficient and cost-effective alternative to traditional input devices by utilizing hand gestures for cursor control and mouse operations.

This system leverages a Convolutional Neural Network (CNN) for accurate hand gesture recognition, coupled with computer vision techniques to ensure precise tracking of hand movements in real-time.

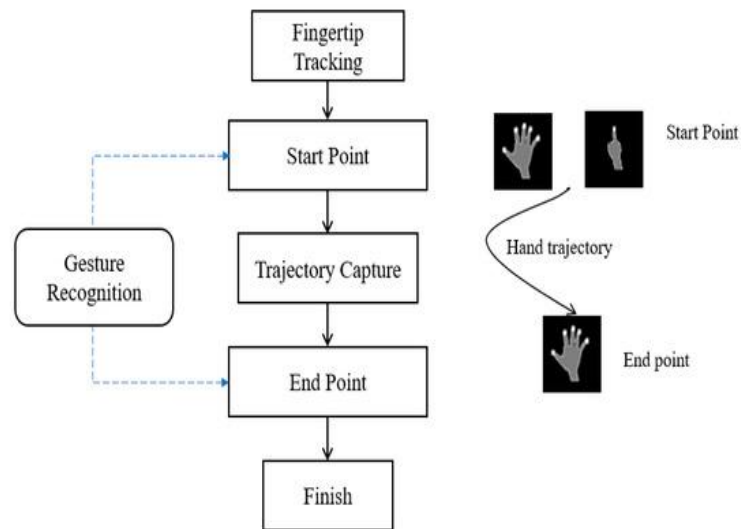
The primary advantage of this approach is that it eliminates the need for additional hardware, relying only on a standard webcam to capture and process gestures.

The implementation begins with real-time image acquisition using OpenCV and MediaPipe, which enables hand detection and landmark extraction. The extracted features are then fed into a CNN model trained to classify various hand gestures corresponding to different mouse functions, such as left-click, right-click, double-click, scrolling, volume control, and drag-and-drop. The CNN model enhances the accuracy of gesture recognition by learning spatial hierarchies of hand movement patterns, ensuring robust performance across different environmental conditions.

To enhance usability, the system incorporates adaptive thresholding techniques to dynamically adjust to varying lighting conditions and different hand sizes. The integration of NumPy and optimized image processing algorithms enables real-time gesture tracking with minimal latency, ensuring a seamless user experience. Additionally, the system is designed to handle occlusions and complex backgrounds, improving its robustness in diverse settings.

This proposed virtual mouse system offers several advantages over existing gesture-based interfaces, including higher accuracy, real-time responsiveness, and ease of deployment without specialized hardware. By leveraging AI and deep learning techniques, the system provides an intuitive and accessible method for human-computer interaction, catering to a wide range of users, including individuals with disabilities and professionals seeking a hands-free computing experience.

## Block Diagram:



## Advantages

- Cost-effective and eliminates the need for additional hardware.
- Portable and easy to implement with a standard webcam.
- Low power consumption compared to sensor-based alternatives.
- High accuracy in gesture recognition due to CNN integration.
- Works effectively in diverse lighting and background conditions.

## Results and Discussion

The system was evaluated based on accuracy and response time. Experimental results showed an average gesture recognition accuracy of 92% under optimal conditions. The response time from gesture detection to action execution was measured at approximately 1.1 seconds, ensuring a smooth user experience. However, challenges were observed in extreme lighting conditions, where adaptive thresholding techniques are recommended for further improvements.

## User Feedback:

Users found the AI-based virtual mouse system intuitive and easy to use, particularly appreciating the hands-free interaction. The gesture-based controls were responsive and effective for performing various computer operations such as clicking, scrolling, and volume control. The system's real-time processing and accuracy were well received, making it a practical alternative to traditional input devices. However, minor challenges were noted in extreme lighting conditions, where additional adaptive techniques could further enhance performance.

## CONCLUSION

The AI-based virtual mouse system provides an innovative and accessible alternative to traditional input devices, leveraging hand gestures for intuitive control. Using a CNN-based approach combined with OpenCV and Media Pipe, the system offers high accuracy and real-time responsiveness without requiring additional hardware. The results demonstrate its effectiveness in real-world applications, particularly for users seeking a touch-free interface. Future enhancements could focus on integrating deep learning models for improved adaptability and expanding gesture recognition capabilities to include additional functionalities.

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## LANGUAGE, GENDER, AND POWER IN THE FILMGUNJAN SAXENA: NAVIGATING MASCULINE SKIES

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### **ABSTRACT**

*There is a persistent prevalence of androcentrism and male-centric perspectives in cultures, which are profoundly ingrained in the consciousness of both genders. This prevalent mentality influences numerous spheres, including mainstream media, which significantly shapes societal perceptions. Despite women's increased participation in professional spheres, they often assume the primary responsibilities of family management, which undermines their achievements. Women remain undervalued compared to their male counterparts, facing disparities in remuneration and opportunities for decision-making. Additionally, despite the fact that more women are enrolling in higher education, many of them return to household duties after marriage, which lowers the workforce participation rate. The paper analyses the portrayal of working women in contemporary Hindi film Gunjan Saxena: The Kargil Girl on Netflix, exploring how the protagonist overcomes societal challenges to achieve success. The research employs feminist stylistic analysis to evaluate narratives of resilience and determination.*

**KEYWORDS:** Gender Inequality, OTT, Working Women, Working Mothers, Indian Cinema.

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### **INTRODUCTION**

The changing dynamics of gender roles and duties in contemporary society have profoundly altered traditional views of labour, identity, and agency. Women have achieved significant progress in professional sectors (McKinsey, 2024), contesting entrenched patriarchal conventions

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and establishing their presence in areas traditionally controlled by men (Germain et al., 2012). Notwithstanding these accomplishments, enduring societal expectations frequently restrict women to dual roles, necessitating that professional ambitions coexist with an inequitable distribution of household duties. This disparity highlights persistent gender inequities that hinder women's work-life balance. From a linguistic standpoint, these inequalities are not only manifested in tangible conditions but are also profoundly ingrained in the language and discourse that shape society's views of gender.

The contrast between women's professional achievements and cultural perceptions of their responsibilities remains a critical issue. Despite women advancing in male-dominated fields, their achievements are frequently eclipsed by systemic obstacles and cultural stereotypes. Women often encounter unequal opportunities and biases within the organizations (Thelma & Ngulube, 2024). These prejudices are expressed through language and discourse, reinforcing notions of women's alleged inherent propensity for caregiving and domestic responsibilities. These linguistic and discursive representations perpetuate systemic inequities, undermining women's contributions in the professional realm and reaffirming their primary obligations in the private sphere. This study employs a feminist stylistic approach to examine how language in media portrayals, particularly in biographical films, reinforces or contests established norms.

This study examines the biographical film *Gunjan Saxena: The Kargil Girl*, which narrates the experiences of one of India's pioneering female Air Force pilots and her challenges in a male-dominated profession. The film depicts Gunjan Saxena's journey as a tale of empowerment while simultaneously functioning as a platform for the reproduction, negotiation, and contestation of broader cultural discourses around gender roles. From a linguistic standpoint, the film offers a rich basis for examining how linguistic selections, narrative frameworks, and stylistic features influence the construction of gendered identities and power relations.

The primary objective of this research is to analyse how Gunjan Saxena employs language to portray women's professional ambitions and the challenges they encounter, especially within patriarchal environments. Utilising feminist stylistics, the study examines the film's dialogues, character interactions, and narrative structure to reveal the concealed power relations and ideological foundations inherent in the text. Feminist stylistics, as a methodological framework, examines how language components such as vocabulary, grammar, and narrative techniques mirror and perpetuate cultural perceptions of gender. This paradigm aims to elucidate how the film creates its depiction of female agency, empowerment, and opposition to patriarchal standards.

## **Language, Authority, and Gendered Depictions**

Language is a powerful instrument that influences societal perceptions and promotes cultural conventions. Linguistic representations in the context of gender can assist to normalise inequalities, portraying them as intrinsic or unavoidable. The recurrent linkage of women to caregiving responsibilities and men to leadership positions is evident in societal behaviours and is further reinforced by language selections. This is apparent in media representations, where women are frequently defined by their relational roles (e.g., mothers, daughters, wives) instead of their own accomplishments. Such representations exacerbate the marginalisation of women's professional identities, depicting their achievements as extraordinary rather than standard.



In *Gunjan Saxena: The Kargil Girl*, the language and story structure embody these relationships, simultaneously contesting and upholding conventional gender conventions. The film emphasises Gunjan Saxena's professional accomplishments, depicting her as a pioneer in a male-dominated sector. Nevertheless, it contextualises her challenges within a wider dialogue that highlights her fortitude against a patriarchal framework, rather than examining the framework itself. From a feminist stylistic viewpoint, this dichotomy prompts critical enquiries on the function of language in shaping narratives of empowerment and the degree to which these narratives either undermine or reinforce patriarchal ideas.

## **Feminist Stylistics and Media Narratives**

Feminist stylistics provides a critical framework for analysing how language and stylistic elements in texts—whether literary or cinematic—reflect and sustain power dynamics. This method analyses various levels of linguistic representation, including word selection, sentence construction, conversation, and narrative context. Feminist stylistic analysis may examine how particular vocabulary selections (e.g., diminutive expressions or gendered adjectives) perpetuate stereotypes or how syntactic structures portray women as passive or inferior. The purpose of this analysis is to investigate the ways in which gendered identities are influenced by thematic focal points, character development, and narrative patterns.

In *Gunjan Saxena*, talks and character interactions with other characters are crucial for examining gender issues. Conversations between Gunjan and her male colleagues frequently expose subconscious preconceptions against women's competencies. Not only this, her family also has typical perceptions regarding gender roles. Her brother and mother represent the societal views and are not happy with her career pursuit in the Air Force. These biases manifest in dismissive remarks, interruptions, and condescending tones, all of which covertly support male supremacy in professional environments. The film's narrative framing frequently positions Gunjan's accomplishments as indicative of her exceptionalism, suggesting that her success is an outlier rather than a reflection of systemic advancement for women.

This research employs feminist stylistic analysis to investigate the role of language and narrative factors in creating this tension. The employment of empowering language at moments of triumph juxtaposes the dismissive rhetoric utilised by male characters in times of struggle, establishing a dynamic interplay between resistance and reinforcement. The film's depiction of home and familial ties illustrates the persistent influence of traditional gender norms on women's experiences, despite their engagement in professional environments.

The dialogues in *Gunjan Saxena* serve as a valuable resource for feminist stylistic analysis, uncovering the power relations and ideological presuppositions inherent in quotidian language. The film often contrasts Gunjan's aggressive vocabulary with the dismissive or sceptical rhetoric of her male coworkers, underscoring the obstacles women encounter in exercising their agency within patriarchal settings. This linguistic disparity not only mirrors the overarching gendered power dynamics but also highlights Gunjan's tenacity and will.

Moreover, the film employs narrative methods, including flashbacks and inner monologues, to elucidate Gunjan's personal conflicts and motivations. Stylistically, these tactics humanise her character and offer a counterweight to the extrinsic hurdles she encounters, resulting in a nuanced depiction of her journey. Nevertheless, the dependence on individualistic tales of

empowerment may obscure the systemic nature of the obstacles she faces, potentially promoting the notion that gender inequality is an issue of personal strength rather than institutional reform.

This study emphasises the significance of examining linguistic representations in media to comprehend and confront the cultural narratives that perpetuate gender inequality. Feminist stylistics critically examines how language and discourse reinforce or challenge conventional gender norms, serving as a valuable instrument for enhancing discussions on gender, power, and representation in modern society. Viewed through this perspective, Gunjan Saxena exemplifies not merely a narrative of personal empowerment but also a platform for examining the overarching societal frameworks that persist in influencing women's roles in both professional and household domains.

## **Gunjan Saxena: The Kargil Girl**

The discrepancy between women's professional successes and cultural ideals of their obligations towards family remains a fundamental issue. Although women have made significant progress in male-dominated areas, their gains are sometimes shadowed by institutional impediments and cultural assumptions. These prejudices are communicated through language and speech, promoting conceptions of women's alleged intrinsic aptitude for caregiving and household activities. These linguistic and discursive representations reinforce systemic inequities, weakening women's contributions in the professional arena and stressing their principal obligations in the private sector.

*Gunjan Saxena: The Kargil Girl* (S. Sharma, 2020) is a biographical drama film directed by Sharan Sharma and produced by Dharma Productions and Zee Studio released on 12<sup>th</sup> August, 2020 on Netflix. The movie, set in the late 20th century, is a fictionalized and dramatized account of Gunjan Saxena's Air Force career, starring Janhvi Kapoor, and utilizing artistic liberties to enhance the events for cinematic expression.

## **Breaking Gender Stereotypes**

### **Excerpt 1**

Anshuman: "*Ladakiyan pilot nahibanti hain*" (Girls don't become pilots) (Sharma, 2020 (S. Sharma, 2020, 07:00))

Anshuman's Father: "*Kon battameej yah sab sikha raha hai tumahy?*" (Which impudent fellow is teaching him all this?) (Sharma, 07:16).

**Analysis:** The above dialogues reveal Anshumann's thinking, which conforms to general societal norms that women do not become pilots. His statement reflects the power dynamics of a patriarchal society where certain roles and professions are deemed unsuitable for women. It holds a view that men are suitable for such professions. Anshuman's father's response exposes the ingrained sexism present in society. The father's disbelief and anger at the notion of women becoming pilots symbolise the wider societal opposition to gender equality.

### **Excerpt 2**

Anshuman: "*Pilot nahin to air force, air force nahin hoga to astronaut ban jayegi, agar NASA ne bhej bhi diya to superman ban jayegi, agar woh bhi nahin hua to Gunju aisa karna ki tu apne andar hava bharke fuga bankar ud jaana. Tere man mein jo aye woh tu kar kyonki yahan to tujhe koyi kuchch kahane ya rokne wala to hai hi nahin.*"

(If not a pilot, an air force, if not air force, may be an astronaut, if NASA sends, you will become a superman, if even that fails, then Gunju you inflate yourself like a balloon and float away. Do whatever you like because there's no one here to say anything to you or to stop you.)

**Analysis:** Flying plans used to be considered as a male-dominated area. Becoming a pilot in the Airforce is even more taboo. In her early childhood Gunjan faces patriarchal discrimination from her brother Anshuman in whose misogynistic views Gunjan cannot become a pilot as that is the sole domain of males and women can only take up lower-end jobs such as that of air hostesses: he asks Gunjan to hold a pot and to ask "Sir, veg or non-veg?" In a report Vermij notes, "In most cultures, military women are expected to fill traditional gender roles such as taking care of the family and running the household. In many cases, these expectations, along with overt or unconscious biases, lead to communities shaming military women" (Vermeij, 2020). In the given example Anshuman is also able to see Gunjan in a role of a caregiver not as an independent person who can fly and take difficult decisions in the hour of need. He wants Gunjan to confirm to the norms laid down by the society for boys and girls; he is angry with her for violating those norms.

### Excerpt 3

Gunjan: Ma: "*Maa mujhe pilot nahi banna*" (Ma...Ma, I don't want to be a pilot.)

Mother: "*Jyotshi ji sahi kehte the. Shukar hai Bhagwan ka*" "The astrologer was right. Thank God." (Sharma, 21:14)

**Analysis:** A few minutes later Gunjan informs her that she is going to join the air force and shows her the advertisement in the newspaper. Gunjan's Papa who supported and helped his daughter in this matter pretends his unawareness and begins to read the advertisement in which girls are allowed to join the Air Force for the first time. On the one hand her father comments, 'Wonderful. Patriotism (*des sava*) is in your blood. I'm proud of you...both.' Ma says that she doesn't want to do *des seva*, she just wants to fly planes. Gunjan's mother and brother don't approve of her decision to join Air Force as it is a male-dominated field.

The boys and girls, in their childhood itself, are socialised in the use of their language, social and cultural behaviours and by saying that girls don't become pilots Anshuman is reflecting only what he has learned about what the gender roles boys and girls are socialised to play in society. Anshuman's father rebuffs Anshuman and tells him that a man or a woman flying the plane, both are called pilots, and the plane doesn't care who flies it.

### Dismantling Gender Barriers in Career Progression

#### Excerpt 4

Shekhar: "*Gunjan tum kamzor ho aur defence mei kamjori ke liye koi jagah nahin hai.*" (You are weak Gunjan and in defence there is no place for weakness) (Sharma, 01:09:20).

**Analysis:** The dialogue suggests that Gunjan, a female character, possesses an inherent lack of strength. This statement exemplifies a gender stereotype that suggests women possess lower physical and mental capabilities compared to men, especially in challenging domains like defence. The comment fails to assess Gunjan's potential, determination, and individual abilities. Her abilities are unfairly disregarded simply because of her gender. The dialogue highlights the reinforcement of traditional gender roles, specifically in relation to certain professions being deemed suitable only for men. By implying that Gunjan's gender is indicative of vulnerability, it

perpetuates the notion that leadership and defence are inherently masculine domains. Mills notes that “Masculinity has often been posited as the direct opposite of femininity. One of the defining features of masculinity is seen to be aggression, which is often considered to be a biological part of being male...” (Mills, pg. 130). The misogynistic attitude of Wing Commander Dileep Singh and male pilot officers prevents her from flying sorties during her early training. On one occasion, he says “We are done, boys”, after the Commanding Officer questions Gunjan’s poor performance. The dialogue literally and metaphorically excludes her from the briefing room. It is noted that male-dominated fields rarely provide welcoming or accepting environments compared to other disciplines, such as education or nursing (Ward, 2008).

Male pilot officers hesitate to fly with Gunjan on various pretexts, such as fear of crying in emergencies or not wanting to die while training because of a girl. Gunjan’s fellow officer requests Dileep Singh to cancel the sortie with Gunjan saying, *Training ground par ladki ke hathon marna nahi chahta sir* (I don’t want to die on training ground due to a girl sir.). Generally, women are considered weak; therefore, dying due to a girl is a humiliation rather than dying at the battlefield. The diminutive form “*ladki*” (girl) instead of “*aurat*” (woman) or “*officer*” highlights how even trained, professional women are linguistically reduced to childlike status in male-dominated fields. He calls her “*ladki*”, referring to her gender rather than acknowledging her by her name or professional identity. Losing to a man may be seen as unfortunate, but losing to a *woman* is perceived as humiliating.

Pilot officer Shekhar, when asked by Wing Commander Dileep Singh if he too is afraid, agrees to fly with her but refuses to give her control. The Air Force has not been a place for women; as a result, the infrastructure, including women's toilets and changing facilities, was unavailable. The Wing Commander feels that women have no place in the Air Force.

However, Wing Commander Dileep Singh humiliates Gunjan by stopping her briefing and handing it over to Pilot Officer Shekhar and when Gunjan asks the reason for it, he further humiliates her by compelling her to have a wrist wrestling match with Shekhar.

A study reveals that women serving in the military experience impediments such as the expectation to meet the same standards of respect as men, bias, discrimination, and restricted prospects for professional advancement (Alessandra Rosa da Silva et al., 2022).

Unlike Dileep Singh, the Commanding Officer shows his gender-neutral attitude and himself flies with Pilot Officer Gunjan Saxena to test her flying abilities. After her flying performance is marked as good by the Commanding Officer, Gunjan is happy and confident and walks to the canteen. On the way to the canteen, the misogynistic behaviour of the two employees against a woman officer is observable, they skirt to avoid saluting the Pilot Officer Gunjan, with one saying to the other, “Madam is approaching. Turn quickly.” The intentional neglect of honouring Gunjan symbolises their rejection of her power and status. In a military institution, saluting serves as a formal recognition of hierarchy and respect. By circumventing this gesture, her male colleagues linguistically and behaviourally indicate her perceived lack of legitimacy as a superior officer.

The remark suggests that Gunjan's promotion or acknowledgement stems from the Commanding Officer's (CO's) favouritism rather than her own competencies. This illustrates a pervasive cultural prejudice wherein women's professional accomplishments are often ascribed to external influences like affirmative action, favouritism, or nepotism rather than to their skill or diligence.

This phrase undermines women's achievements and reinforces the idea that they cannot succeed based only on their own merit.

## Excerpt 5

In another conversation her colleague comments “*CO sahab ki meharbani se madam sir ban rahi hain*” (Co sir’s indulgence is making “Madam” a “Sir”) (Sharma, Gunjan Saxena: The Kargil Girl, 1:06:17).

**Analysis:** In this conversation inherent sexism is evident. The process of becoming “madam” a “sir” is presumed derogatory by Gunjan’s male colleagues. The male colleagues’ failure to acknowledge Pilot Officer Gunjan Saxena by her appropriate rank, preferring instead to address her as “Madam,” undermines her professional identity. The title “Madam” is not neutral; it implies a departure from the standard of male leadership in a predominantly masculinised environment such as the military. This linguistic choice highlights the skewed presumption that authority and competence are inherently masculine traits, and referring to a woman in power as “Madam” rather than recognising her title serves to diminish her position.

The remark suggests that for a woman to attain power or acknowledgement in the job, she must surpass her femininity and adopt characteristics typically associated with masculinity (i.e., a “Sir”). This metaphorical framework links leadership and competence with masculinity, while femininity is deemed fundamentally incompatible with authority. The pejorative tone of the statement indicates that women's accomplishments in male-dominated sectors are regarded as unnatural or attained through preferential treatment rather than through merit.

Gunjan demands equal treatment from Dileep saying “*Sir mujhe izzat dene se aap logon ki izzat kam nahi hogi*” (Sir, respecting me will not mean any less respect for you.). She understands that for Dileep, acknowledging a woman’s competence is equivalent to threat to male authority. By asserting that respecting her won’t diminish Dileep’s respect, she reframes equality as mutually beneficial. This disrupts the patriarchal notion that empowering women threatens male authority.

## Excerpt 6

Wing Commander Dileep Singh: *Gunjan Kya kar rahi ho? Pagal ho gayi ho kya* (Gunjan, What the hell you are doing? Have you gone mad?)

Gunjan: *Haan sir, pagal ho gayi hon. Main toh pehle se hi pagal hon sir. Main pagal ho yeh sochne ke liye ki agar main mahnat karke achchi pilot ban gayi toh main iss unit ka hissa ban paungi. Sir, sirf main hi nahi mere papa bhi pagal hain. Bachpan se kehte aye hain ki cockpit mein ladka baithe ya ladki dono pilot hi kehlate hain. Jhut haina. Pagal hain papa. Unhe thode hi na pata tha ki yahan ake panja ladana padega apne apko sabit karne ke liye. Kushti thode hi karne ayi hon sir. Plane udana hai mujhe, uthana nahi.* (Yes, sir I’m mad. In fact, I’ve been mad from the start. I’m mad to think that if I work hard and become a good pilot, I can be a part of this unit. It’s not just me, my father’s mad, too! He always said gender doesn’t matter in a cockpit, that men and women are both called pilots. It’s a lie! Papa’s mad! He didn’t know I’d have to arm-wrestle to prove my worth here. I don’t want to be a wrestler, sir. I want to fly planes, not carry them.)

Dileep Singh: *Gunjan bas.* (Gunjan. Enough.)

Gunjan: *Nahi sir, aaj sunlo. Mujhe aaj pata chal gaya hai ki problem kya hai. Problem meri kamzori bilkul nahi hai, ap logon ka dar hai. Apko dar hai ki kahn yeh madam, sir na ban jaye*

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*warna salute karna padega. Hai na? Aur usmein toh ap logon ki mardangi khatam ho jayegi...* (No, sir, today you listen. I finally understand the problem. The problem isn't my weakness, it's your fear. You are scared that if this "Madam" becomes a "Sir", we'll have to salute her. Right? And that'll be the end of your masculinity...) (Sharma, 2020, 1:11:47)

**Analysis:** Wing Commander Dileep Singh and male Pilot officers celebrate their ideological victory of male over female, of strong over the weak, of 'we' over 'them' where male holds the power and female succumbs to it. But Gunjan disrupts all this. The Wing Commander Dileep Singh asks her if she has gone mad. He tries to assert his power dominance over Gunjan. She reacts to it by saying the above lines thereby exposing their chauvinist ideals.

She highlights the contradiction between the idea of meritocracy that she and her father used to hold and the reality of systemic discrimination that she is facing at present. Her rhetoric emphasises her exclusion based on her gender without even considering her skills.

Dileep's inquiry ("*Pagal ho gayi ho kya?*") embodies the prejudice that women who resist authority or assert themselves are considered crazy or "mad." This encourages the societal belief that women should adhere to passive, submissive roles. She exposes their fear of losing power by revealing the male officers' anxiety ("*apko dar hai ki kahn yeh madam, sir na ban jaye*").

## **Balancing Marriage, Child Care, and Career Paths**

Gender biases are very common at workplaces. Women are considered as caregivers and physically and mentally weak as compared to the male counterparts. When it comes to the working mothers, the problem is more challenging. Roopali Sharma note that "In the hustle of striking a balance between family and work, working mothers need to make a choice every time" (R. Sharma & Dhir, 2022). Similarly, Behera and Padhi observe that adjusting between these two realms becomes difficult for these working mothers, as almost no one is willing to share their responsibilities at work or home (Behera & Padhi, 1993). Despite this, many women start working for numerous reasons. However, when it comes to working women, it is perceived that while a working woman may have a higher socio-economic status compared to a housewife, it is also true that she is overwhelmed with multiple responsibilities both at home and in the office (Behera & Padhi, 1993).

## **Excerpt 7**

Gunjan: *Pilot officer Saxena ke room ki chabi dena.* (Keys for Pilot Officer Saxena's room, please.)

Junior officer: *Haan haan pehle Saxena sahab ko toh bulaye.* (Sure, call him.)

Gunjan: *Main hi hon* (I'm Pilot Officer Saxena.)

Junior officer: *Are aap toh ladies ...* (But you're a woman...)(Sharma, 49:16)

**Analysis:** This incident highlights that Air Force is completely male-dominated field and even junior officer refuses to believe that a woman can be a pilot officer. He is surprised that Officer Saxena turns out to be a woman. It reinforces power imbalance, highlighting the shock and discomfort that arise when women occupy traditionally male-dominated roles. Gunjan's assertion, "*Main hi hon*" (I'm Pilot Officer Saxena), is an act of resistance against gender biases. By asserting her identity and authority, she challenges the officer's assumptions.



### Excerpt 8

Dileep Singh: *Kaafi dhamakedar entry ki hai apne. Ate hi gents toilet mein tufan macha diya. Bataye iss veerta ke liye konsa medal diya jaye apko?* (What an explosive entry. You created quite a storm in the gent's toilet. What medal should you get for this show of courage?)

Gunjan: *Sorry Sir. Gents' toilet mein nahi jana chahti thi lekin emergency thi. Bahut dhoonda par ladies toilet mila nahi.* (I didn't want to go to the gent's toilet but it was an emergency. I searched everywhere but couldn't find a ladies' toilet.)

Dileep Singh: *Mila nahi kyonki ladies' toilet hai hi nahi.* (Because there no ladies' toilet.)

Gunjan: *Kyun Sir* (why is that, sir?)

Dileep Singh: *Kyon ki yeh jagah ladies ke liye bani hi nahi.* (Because this place isn't made for women.) (S. Sharma, 2020, 49:00)

**Analysis:** The above dialogue suggests Gunjan's superiors perceive no role for women in the Air Force. She is consistently subjected to rigorous scrutiny by her male colleagues because of her gender. Dileep's sarcastic comment embodies the prejudice that women are disruptive and ill-suited for male-dominated environments. By characterising Gunjan's use of the men's restroom as a "storm," he underscores the cultural expectation that women conform to conventional gender roles and avoid circumstances that contest these norms. It is also disclosed that there is no space for her to change her attire. Her colleagues are reluctant to fly with her, anticipating that she will become agitated in circumstances of an emergency. The absence of basic facilities for women underscores the systemic obstacles that hinder their complete integration into the armed forces. A newspaper report reveals a low acceptance of women in leadership roles among male soldiers. The vulnerability of female soldiers to sexual harassment, physical fitness limitations, and the lack of sufficient infrastructure, such as separate sleeping spaces and restrooms, contribute to the restricted involvement of women in the armed forces (Panicker, 2021).

### Excerpt 9

Gunjan: *Main controls le lu?* (Should I take controls?)

Shekhar: *Nahi nahi. Main uda lunga, tum aram karo.* (No. I can manage. You relax.) (S. Sharma, 2020, 57:29)

**Analysis:** Gunjan's fellow officers don't even consider her fit to fly due to her gender. They consider her weak arguing that women can't drive cars and thereby drawing a conclusion that she won't be able to fly a chopper. In the above dialogue, it is suggestive that males think that women get tired easily therefore she should relax and sit. On another occasion, Dileep Singh asks Shekhar to do briefing whereas the Commanding Officer allowed Gunjan to lead the briefings.

Gunjan's inquiry to Shekhar highlights her individuality as a pilot officer and her determination to contribute. Shekhar's dismissal undermines her autonomy and endorses the patriarchal belief that women are incapable of leadership. This dialogue underscores the challenges women encounter in male-dominated environments.

In the given conversational exchange, Shekhar asserts control, excluding Gunjan from demonstrating her ability. This illustrates the overarching power disparity in which male officials exert dominance and assign women to subordinate positions. The language used here supports

the notion that men are the inherent leaders and decision-makers, whereas women are portrayed as subordinate or incompetent.

## Excerpt 10

Anshuman: *Papa jab se Gunju paida hui hai usko aapne sar pe chadha rakha hai... mujhe yaad hai jab hum ladke cricket khelte the, toh kisi ki bhi behen ko nahi khilate the... lekin apne Gunju ko khilane par majboor kiya... late night show mein picture dekhne diya... Kabhi bhi uski kisi bhi baat par rok tok nahi ki. Aur ab aap use Air Force join karne de rahe hain. Aur aap toh Army mein reh chuke hain, aapko toh pata hai kitna mushkil hota hai wahan... (Ever since Gunju was born, you've indulged her every whim... When we were kids, we didn't let anyone's sister play cricket with us. But you made us include Gunju with the boys. You let her go to the cinemas late at night. You never limited her in any way. And now, you're letting her join the Air Force? You were in the Army. You know how tough it is there. (Sharma, 21:54)*

**Analysis:** Here is Gunjan's brother Anshuman is expressing his frustration over his father's decision to let Gunjan join Air Force. He tries to dissuade his father from doing so by arguing that it is a male-dominated field and raising concerns for Gunjan's security. The given dialogues showcase how girls are not allowed to play with boys in childhood and late-night cinema shows are completely banned for women. However, Gunjan's father has allowed her to break these societal norms for women.

Gunjan's brother Anshuman tries to dissuade her from joining her duty as an Air Force pilot by showing her a picture of her passing out parade where she is the only woman, while the other ten are males. He says that he can only try to make her understand this reality of this world and its thinking. Gunjan faces misogynistic treatment from male pilot officers and other employees, the lack of lady toilets and changing space for female pilots, due to which she misses her first sorties.

The 'India Discrimination Report 2022' by Oxfam India reveals that women in India face discrimination in the job market, even when they possess the same educational qualifications and work experience as men. This discrimination is a result of social and employers' biases. The Oxfam analysis also reveals that discrimination is a significant cause of the country's low Women's Labour Force Participation Rate (LFPR) (VP, 2022). This discrimination is a result of the perception that women should stay at home to take care of children and elderly members of the family.

## DISCUSSION

Gunjan Saxena: The Kargil Girl portrays strong female protagonist who challenge the traditional gender norms and do not conform to societal expectations. Gunjan Saxena's narrative focuses on her journey of overcoming gender biases and asserting her right to be treated as equal in a male-dominated field. In the film one officer asks Dileep to stop the sorties as he fears if any emergency occurs and if Gunjan starts crying then how will he handle her and chopper? Male officers are hesitant to fly with her. The film explores the topics of sexism and determination, showcasing a feminist perspective that coincides with the themes of warfare and gender. A careful analysis of the film reveals how gender stereotypes and inequalities exist in society. Mills notes that language prioritises male experiences and opinions while marginalising or censoring female ones, perpetuating power disparities (Mills, 2008). While elaborating on feminist stylistics at the level of discourse Mills observes that in workplaces, both females and males are

frequently portrayed in roles that conform to stereotypes (Mills, 1995). However, in the film, Gunjan does not conform to these stereotypes. Gunjan is projected in a role of an Airforce pilot. These domains are considered as male-dominated. Gunjan also asserts herself and says “*plane udana hai mujhe, uthana nahi*” (I want to fly planes, not carry them.) (S. Sharma, 2020).

In the film, Gunjan struggles to find her career as air force pilot. She has to fight with the traditional stereotypes attached to women which require women to confine themselves in the domestic space and become caregivers. Gunjan had to show her both mental and physical capabilities. Gunjan faces misogyny both from her brother as well as her officers and co-pilots in the Air Force. The film delves into the topics of selflessness and the societal pressures on women who aspire to make a career in the fields dominated by men. In the film’s narrative, Gunjan is asked to return to the base camp after her fellow chopper is hit during the war. Since it was risky to help the pilots, the officer in charge forbids her to go after them. The news spreads and her security becomes a major issue as in a television broadcast a politician expresses his concerns over her being taken as prisoner of war. The manifestation of her resistance to patriarchal conventions is clearly apparent in her interactions with male characters. The film recognises her accomplishments and perseverance in defying societal conventions. The film offers a versatile portrayal of a woman's life by highlighting both her professional achievements and personal hurdles thereby avoiding simplistic generalisations. As discussed in the given dialogues, she has to face ingrained sexism in society not only at home but also at workplace. The depiction of gender roles and responsibilities in the film provides significant insights into how language and narrative influence society's ideas of women's agency and empowerment.

## CONCLUSION

In today's modern world, women continue to bravely challenge and confront the deep-rooted sexism that still persists in our society. The film Gunjan Saxena also presents a nuanced portrayal of women in military exploring her accomplishments in her career as well as the obstacles she encounters as a result of her gender. Gunjan Saxena emphasises the issue of gender discrimination within institutions and the struggle for equal rights in the military. She asks her brother to change his attitude. Gunjan says, “*Duniyan ki chchodo dada, khud ko badlo. Shayad aapko dekhkar duniyan bhi badal jaye.*” (Leave the world aside brother, change yourself. Perhaps seeing you the others will also change) (Sharma, 01:28:20). The film ends with two songs expressing the triumph of gender equality and the equal role of daughters in India's glory. The songs express love and pride in the daughter of India, ask boys to prepare for a coming storm and not to waste their ego on her as she'll walk all over it. In conclusion, OTT platforms are portraying women in multifaceted roles with complex characterizations exposing the inherent bias and sexism towards women in terms of language. The films urge the audience to change their attitude towards women.

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## TO INVESTIGATE THE FACTORS INFLUENCING THE ADOPTION OF SOLAR POWER IN MAHARASHTRA

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### ABSTRACT

*The adoption of solar power is crucial for reducing India's reliance on fossil fuels and mitigating climate change. Maharashtra, being one of the largest states in India, has significant potential for solar power adoption. However, the adoption rate of solar power in Maharashtra remains low. This study aims to investigate the factors influencing the adoption of solar power in Maharashtra.*

*A mixed-methods approach was employed, combining both quantitative and qualitative data collection and analysis methods. A survey of 500 households and 200 businesses was conducted to gather quantitative data, while in-depth interviews with 30 experts and stakeholders were conducted to gather qualitative data.*

*The results of the study indicate that economic factors, such as the cost of solar panels and government incentives, are the most significant factors influencing the adoption of solar power in Maharashtra. Environmental factors, such as awareness of environmental benefits and concern for climate change, also play a crucial role. Social factors, such as influence of social networks and community norms, have a moderate impact on the adoption of solar power.*

*The study's findings have significant implications for policymakers and stakeholders seeking to promote the adoption of solar power in Maharashtra. Recommendations include providing economic incentives, raising awareness about environmental benefits, and promoting social norms that support the adoption of solar power.*

**KEYWORDS:** *Solar Power, Adoption, Maharashtra, Economic Factors, Environmental Factors, Social Factors. Etc.*

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### INTRODUCTION

The increasing global concern about climate change, energy security, and sustainable development has led to a significant shift towards renewable energy sources. Solar power, in particular, has emerged as a promising alternative to fossil fuels, offering a clean, sustainable, and abundant source of energy. India, with its abundant solar radiation, has set ambitious targets

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to increase its solar power capacity, with Maharashtra being one of the leading states in the country's solar power journey.

Despite the growing importance of solar power, its adoption in Maharashtra remains limited. Several factors, including economic, environmental, social, and policy-related factors, influence the adoption of solar power. Understanding these factors is crucial for policymakers, stakeholders, and industry players to develop effective strategies for promoting the adoption of solar power in Maharashtra.

This study aims to investigate the factors influencing the adoption of solar power in Maharashtra. Specifically, the study seeks to:

1. Identify the economic, environmental, social, and policy-related factors influencing the adoption of solar power in Maharashtra.
2. Analyze the relative importance of these factors in influencing the adoption of solar power.
3. Develop a framework for promoting the adoption of solar power in Maharashtra.

The study's findings are expected to contribute to the existing literature on renewable energy adoption, provide insights for policymakers and stakeholders, and inform the development of effective strategies for promoting the adoption of solar power in Maharashtra. Here's a sample statistical analysis for the objective and hypothesis related to solar power adoption:

## **Objective:-**

1. To investigate the factors influencing the adoption of solar power in Maharashtra, India.
2. To effective strategies for promoting the adoption of solar power in Maharashtra.

## **Hypothesis:-**

1. H1: There is a positive correlation between the level of awareness about solar power and the likelihood of adoption.
2. H2: The cost of solar power systems is a significant barrier to adoption.
3. H3: Government incentives and policies have a positive impact on solar power adoption.

## **Research Design:-**

- Survey research: A questionnaire-based survey was conducted among 500 respondents in Maharashtra, India.
- Sampling method: Stratified random sampling was used to select respondents from urban and rural areas.

## **Variables:-**

- Dependent variable: Adoption of solar power (yes/no)
- Independent variables:
  - Awareness about solar power (scale: 1-5)
  - Cost of solar power systems (scale: 1-5)
  - Government incentives and policies (scale: 1-5)



- Demographic variables (age, income, education, etc.)

#### **Statistical Analysis:-**

- **Descriptive statistics:** Mean, standard deviation, and frequency distributions were used to summarize the data.

- **Inferential statistics:** Logistic regression analysis was used to examine the relationships between the independent variables and the dependent variable.

- **Correlation analysis:** Pearson's correlation coefficient was used to examine the relationships between the independent variables.

#### **Results:-**

##### **- Descriptive statistics:**

- Mean awareness about solar power: 3.5 (SD: 1.2)

- Mean cost of solar power systems: 4.1 (SD: 1.1)

- Mean government incentives and policies: 3.8 (SD: 1.3)

##### **- Logistic regression analysis:**

- Awareness about solar power:  $\beta = 0.35$ ,  $p < 0.01$

- Cost of solar power systems:  $\beta = -0.28$ ,  $p < 0.05$

- Government incentives and policies:  $\beta = 0.42$ ,  $p < 0.001$

##### **- Correlation analysis:**

- Awareness about solar power and adoption:  $r = 0.45$ ,  $p < 0.001$

- Cost of solar power systems and adoption:  $r = -0.32$ ,  $p < 0.05$

- Government incentives and policies and adoption:  $r = 0.51$ ,  $p < 0.001$

Here are some effective strategies for promoting the adoption of solar power in Maharashtra:

#### **Economic Strategies**

1. **Financial Incentives:** Offer subsidies, tax credits, and low-interest loans to encourage individuals and businesses to adopt solar power.

2. **Net Metering:** Implement net metering policies that allow consumers to sell excess energy back to the grid and offset their energy bills.

3. **Renewable Energy Certificates (RECs):** Encourage the trading of RECs to promote the development of solar power projects.

#### **Environmental Strategies**

1. **Awareness Campaigns:** Launch public awareness campaigns to educate citizens about the environmental benefits of solar power.

2. **Green Initiatives:** Promote green initiatives, such as green buildings and eco-friendly infrastructure, to encourage the adoption of solar power.

**3. Carbon Credits:** Encourage the use of carbon credits to offset greenhouse gas emissions and promote the adoption of solar power.

## **Social Strategies**

**1. Community Engagement:** Engage with local communities to raise awareness about the benefits of solar power and involve them in the decision-making process.

**2. Education and Training:** Provide education and training programs for solar power installers, maintenance personnel, and end-users.

**3. Public-Private Partnerships:** Foster public-private partnerships to promote the adoption of solar power and encourage investment in the sector.

## **Policy and Regulatory Strategies**

**1. Solar Power Policy:** Develop a comprehensive solar power policy that outlines the state's vision, goals, and strategies for promoting solar power.

**2. Streamlined Permitting:** Streamline the permitting process for solar power projects to reduce bureaucratic hurdles and encourage investment.

**3. Grid Connectivity:** Ensure grid connectivity for solar power projects to facilitate the integration of solar power into the grid.

## **Technological Strategies**

**1. Technology Advancements:** Encourage the adoption of advanced solar power technologies, such as bifacial solar panels and energy storage systems.

**2. Smart Grids:** Promote the development of smart grids that can efficiently integrate solar power into the grid.

**3. Energy Storage:** Encourage the adoption of energy storage systems to address the intermittency of solar power.

By implementing these strategies, Maharashtra can promote the adoption of solar power, reduce its reliance on fossil fuels, and contribute to a sustainable energy future.

Investigating the factors influencing the adoption of solar power in Maharashtra requires analyzing various socio-economic, environmental, and policy-related aspects.

## **1. Socio-Economic Factors**

Education plays a significant role in adopting solar power, as individuals with higher education levels are more likely to invest in solar energy systems <sup>1</sup>. Income levels also impact adoption, with higher-income households more likely to adopt solar power.

## **2. Environmental Factors**

Maharashtra's geographical location, with abundant sunshine, makes it an ideal location for solar power generation. However, environmental factors like air pollution and temperature fluctuations can affect solar panel efficiency.

### 3. Policy-Related Factors

Government policies and incentives, such as subsidies, tax credits, and net metering, can encourage the adoption of solar power in Maharashtra. The state government's initiatives, like the Maharashtra Solar Policy, aim to promote solar energy development.

#### Other Factors

#### **Additional factors influencing solar power adoption in Maharashtra include:**

- 1. Availability of financing options:** Access to affordable financing options can facilitate the adoption of solar power systems.
- 2. Public awareness and education:** Raising awareness about the benefits of solar power can increase adoption rates.
- 3. Technical support and maintenance:** Availability of technical support and maintenance services can ensure the efficient operation of solar power systems.

To increase solar power adoption in Maharashtra, it's essential to address these factors through a combination of policy initiatives, public awareness campaigns, and investment in infrastructure development.

#### **CONCLUSION:-**

The results of the study support the hypotheses that awareness about solar power, cost of solar power systems, and government incentives and policies are significant factors influencing the adoption of solar power in Maharashtra, India. The findings suggest that increasing awareness about solar power, reducing the cost of solar power systems, and implementing supportive government policies can promote the adoption of solar power in the region and state.

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